TEMPE Opportunities

Classes Held January - March Registration Begins

Tempe Residents: December 8, 2014 Non-Tempe Residents: December 15, 2014

Winter 2015

www.tempe.gov/brochure

"City of Tempe



PLAY LEARN LIVE GROW

Tempe in Motion bus, bike, walk, rail

Fare Facts

	Local Service	Discount Local Service	Express Service
One-ride	\$2.00	\$1.00	\$3.25
All-day pass	\$4.00	\$2.00	\$6.50
All-day pass (or	n bus) \$6.00	\$3.00	\$8.50
7-day pass	\$20.00	\$10.00	n/a
15-day pass	\$33.00	\$16.50	n/a
31-day pass	\$64.00	\$32.00	\$104.00

People ages 6 to 18, 65 and older and people with disabilities are eligible for discount fares. Children under 6 ride free with a fare-paying adult.

Free Fare

Youth ages 6 to 18 who live in Tempe are eligible for a free valley-wide transit pass. Applicants must provide their birth certificate and proof of Tempe residency. In order to get the free pass, youth ages 6 to 17 must bring a parent or guardian to the Tempe Transit Store, located at 200 E. Fifth Street, to sign a permission form. Visit www.tempe.gov/tim for a registration form and list of required documentation.

Bus Routes

Most buses run every 15 to 20 minutes during rush hour and every 30 to 60 minutes at all other times, seven days a week. Hours of operation vary by route, but buses in Tempe typically run from 5 a.m. to 1 a.m. Bus service operates 365 days a year in Tempe on most major arterial streets and on major holidays routes operate according to Sunday schedules. All Express bus routes operate during rush hour on weekdays.

METRO Light Rail

METRO light rail runs seven days a week, 365 days a year. On weekdays, trains run every 12 minutes from 7:30 a.m. to 6:30 p.m. and every 20 minutes at all other times. On weekends, trains run every 15 minutes from 6 a.m. to 7 p.m. and every 20 minutes at all other times.

Get there in a FLASH

Tempe's free local area shuttle serves ASU and downtown Tempe approximately every 10 minutes on weekdays. Flash Forward, which operates in a clockwise direction, runs Monday - Thursday from 7 a.m. to 1 a.m. and Friday from 7 a.m. to 10 p.m. Flash Back, which operates in a counterclockwise direction, runs Monday - Friday from 7 a.m. to 6 p.m. Flash McAllister operates every 30 minutes from 6 a.m. to 10 p.m. on weekdays.

Orbit

Orbit (Tempe's free neighborhood circulator system) includes the Mercury, Venus, Earth, Mars and Jupiter routes. Most routes run Monday through Friday from 6 a.m. to 10 p.m. every 15 minutes, Saturday from 8 a.m. to 10 p.m. every 15 minutes and Sunday from 8 a.m. to 7 p.m. every 30 minutes.

Dial-A-Ride

East Valley Dial-A-Ride provides transportation for senior citizens age 65 and older, people with disabilities and ADA certified passengers. For trip scheduling, call 480-633-0101. For TTY-TDD (hearing and speech impaired) call 480-813-8789.

Tempe Transit Store

The Tempe Transit Store is located at 200 E. Fifth Street in downtown Tempe. Hours of operation are Mon - Fri from 8 a.m. to 5 p.m. (closed on weekends and all major holidays). Transit fare media and services available include local and reduced fare all-day passes, 7-day, 15-day and 31-day passes.

How to reach us:

Tempe Transit Store: 480-858-2350 • www.tempe.gov/tim Valley Metro Routes & Schedules: 602-253-5000 • www.valleymetro.org



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Registration Dates

Tempe Residents

Online, Mail, Drop-off and Fax: December 8, 2014

Non-Tempe Residents

Online, Mail, Drop-off and Fax: December 15, 2014

Class Registration Office

3500 S. Rural Road Tempe, AZ 85282 480-350-5200 FAX: 480-350-5058 www.tempe.gov/brochure

Connect with Tempe









tempe.gov/newsroom twitter@tempegov

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Corrections and Updates

The City of Tempe makes every effort to ensure that each Opportunities Brochure is free of error. To view the web version of the Opportunities Brochure online, visit www.tempe.gov/brochure



Tempe Public Library 3500 S. Rural Road 480-350-5500 • www.tempe.gov/library



Edna Vihel Activities Center 3340 S. Rural Road 480-350-5287 • www.tempe.gov/vihel



Tempe Center for the Arts 700 W. Rio Salado Parkway 480-350-2822 • www.tempe.gov/tca



Petersen House Museum 1414 W. Southern Avenue 480-350-5151 • www.tempe.gov/museum



Tempe History Museum 809 E. Southern Avenue 480-350-5100 • www.tempe.gov/museum



Escalante Community Center 2150 E. Orange Street 480-350-5800 • www.tempe.gov/escalante



Kiwanis Park Recreation Center 6111 S. All-America Way 480-350-5201 • www.tempe.gov/kiwanis



Kiwanis Park Batting Range 6005 S. All-America Way 480-350-5727 • www.tempe.gov/battingcage



North Tempe Multi-Generational Center 1555 N. Bridalwreath Street 480-858-6500 • www.tempe.gov/northtempe



Pyle Adult Recreation Center 655 E. Southern Avenue 480-350-5211 • www.tempe.gov/pyle



Westside Community Center/Cahill Senior Center 715 W. 5th Street 480-858-2400 • www.tempe.gov/westside

LCL

Tempe Public Library Computer Lab



SRP Town Lake Marina 550 E. Tempe Town Lake 480-350-8069 • www.tempe.gov/boating

3500 S. Rural Road

Code of Location Abbreviations

Coae of	Location Addreviations		LCL	Tamana Dublic Library Mantina Danas A Lau	3300 3. Kulai Kudu
ASUSRC	ASU Student Recreation Center	400 E. Apache Boulevard	LMRA LMRB	Tempe Public Library Meeting Room A, Low	
ARCH	Archery Headquarters	6401 W. Chandler Boulevard		Tempe Public Library Meeting Room B, Low	
BEN	Benedict Sports Complex	Kyrene & Guadalupe Roads	LSTR	Tempe Public Library Story Time Room, Lov	
CAFÉ	Tempe Connections	3500 S. Rural Road	LYTH	Tempe Public Library Youth Library	3500 S. Rural Road, Lower Level
			MANTEI	Matt Mantei Little League Ballfield	19th & Roosevelt Streets
CDS	Corona del Sol High School	1001 E. Knox Road	MCK	McKemy Middle School Fields	2250 S. College Avenue
CMS	Connolly Middle School	2002 E. Concorda Drive	MDN	Marcos de Niza High School	6000 S. Lakeshore Drive
CRC	Clark Recreation Center	1730 S. Roosevelt Street	MEY	Meyer Park	Dorsey & Alameda Drives
CRT1	Court One	9100 S. McKemy Street	MUS	Tempe History Museum	809 E. Southern Avenue
CSC	Dennis J. Cahill Senior Center	715 W. Fifth Street	NCC	North Tempe Multi-Generational Center	1555 N. Bridalwreath Street
DAL	Daley Park	Encanto Drive & College Avenue	PAC	Pyle Adult Recreation Center	655 E. Southern Avenue
DDF	Duane Dawson Fields/Tempe Sports Complex		PAL	Palmer Park	4500 S. College Road
DSCC	Desert Schools Coyote Center	7225 W. Harrison St., Chandler	PSF	Pilates Sports & Fitness	1020 S. Mill Avenue
ESCA	Escalante Community Center	2150 E. Orange Street	REC	Recreation Office	3500 S. Rural Road, 2nd Floor
FBG	First Baptist Gym	4525 S. McClintock Drive	RHGC	Rolling Hills Golf Course	1417 N. Mill Avenue
FPWF	Four Peaks Wilson Facility	2401 S. Wilson Street	ROC	Phoenix Rock Gym	1353 E. University Drive
GCS	Grace Community School	1200 E. Southern Avenue	SIS	Dick & Jane Neuheisel Sister City Gardens	5800 S. All-America Way
GETZ	Getz School	625 W. Cornell Drive	TEM	Tempe Beach Park	80 W. Rio Salado Parkway
GIL	Gililland Middle School	1025 S. Beck Avenue	THS	Tempe High School	1730 S. Mill Avenue
GMG	Gold Medal Gym	1700 E. Elliot Road #9	TLC	Library-Tempe Learning Center	3500 S. Rural Road
HAN	Hanger Park	501 E. Knox Road	TPA	Tempe Preparatory Academy Indoor Gym	2150 E. Southern Avenue
HH	Hatton Hall	34 E. Seventh Street., Building B	TSC	Tempe Sports Complex	8401 S. Hardy Drive
HOL	Hollis Park	Dorsey Lane & Malibu Drive	TTL	Tempe Town Lake	620 N. Mill Avenue
IKEA	IKEA	2110 W. Ikea Way	TTLM	SRP Town Lake Marina	College Avenue at Curry Road
KFRC	Kyrene Family Resource Center	1330 E. Dava Drive	UNIV	University Animal Hospital	2500 S. Hardy Drive
KIL	Kiwanis Park Lake	Mill Avenue & All-America Way	VIHEL	Edna Vihel Activities Center	3340 S. Rural Road
KMGC	Ken McDonald Golf Course	800 E. Divot Drive	WAT	Watashi No Dojo	2717 W. Southern Ave, # 8
KPBR	Kiwanis Park Batting Range	6005 S. All-America Way	WCC	Westside Community Center	715 W. Fifth Street
KPNF	Kiwanis Park North Soccer Field	Baseline Road & Mill Avenue	WEK	Weon Keyong Health Center	1840 E. Warner Road, #101
KTWB	Kiwanis Park Ballfields	6005 S. All-America Way	WFST	Whole Foods	5210 S. Rural Road
KRC	Kiwanis Park Recreation Center	6111 S. All-America Way	WWS	West Wind Stables	202 E. Lehi Road, Mesa

3500 S. Rural Road

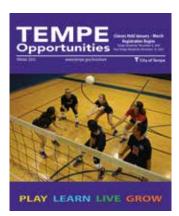


Tempe City Council



(L to R) Councilmember Corey Woods; Vice Mayor Onnie Shekerjian; Councilmember Shana Ellis; Mayor Mark Mitchell; Councilmembers Robin Arredondo-Savage; Kolby Granville and Joel Navarro

About the Cover:



Set, Spike, Score!

The City of Tempe's Adapted Recreation unified volleyball program is comprised of athletes and partners working together as a team to practice, play, compete and enjoy the benefits of being active and socializing.

This past August, six athletes and five partners of the Adapted Recreation volleyball team were given the chance of a lifetime - to play on the Special Olympics USA National Team at

the 2014 Unified Sports Volleyball Tournament in Warsaw, Poland. The three-day tournament brought together four teams representing the USA, Poland, Germany and Serbia. Team USA proudly finished in fourth place and received the "Fair Play Team" award (team spirit recognition award) from the tournament organizers, demonstrating the type of cooperation and camaraderie found amongst Tempe's Adapted Recreation program participants.

The City of Tempe's Adapted Recreation program provides social, recreation and athletic opportunities for individuals ages five and older with physical and intellectual disabilities. All stages and abilities are invited to join this amazing program which offers everything from a unified bowling league to a summer camp, social activities and much more. More information can be found on page 50, by visiting www.Tempe.gov/AdaptedRecreation or calling 480-858-2469.

City of Tempe Staff

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Community Services

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Barbara Roberts

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4 Easy Ways to Register!



Online Registration

Log-on to:

http://www.tempe.gov/brochure

- Set up an account on your first visit and create your Client Barcode and Personal ID Number (PIN) to access the online registration system.
- Forgot your Barcode or PIN? Call 480-350-5200.



Mail-In Registration

Mail Registration Form to: Tempe Class Registration 3500 S. Rural Road Tempe, AZ 85282



Fax-In Registration

Fax Registration Form to: 480-350-5058

* Phone-In Registration is not available



Walk-In/Drop-Off Registration Recreation Office

3500 S. Rural Road

Edna Vihel Activities Center 3340 S. Rural Road

Pyle Adult Recreation Center 655 E. Southern Avenue

Kiwanis Recreation Center 6111 S. All-America Way

Escalante Community Center 2150 E. Orange Street

North Tempe Multi-Gen Center 1555 N. Bridalwreath Street

Payment:







Payment must accompany the registration form. Credit cards (VISA, MasterCard and Discover), checks and debit cards are accepted. Credit and debit cards will only be charged when class enrollment is secured. Overpayment by cash or check will be credited toward future class enrollments. Placement on a waiting list will only result in a fee if patron is enrolled in the class.

Information

City of Tempe classes and activities are designed to provide basic skills for leisure time activities only and are not academically-oriented.

Things to Remember

- Tempe Resident Registration begins December 8; Non-Tempe Resident Registrationbegins December 15. Registration cannot be processed before this time.
- Online Registration begins at 9 a.m. on December 8.
- Use a separate registration form for participants with different addresses.
- Participants will be placed on waiting lists only if an alternate choice is not listed.
- Waiver of Liability Signature is required at the bottom of form. Those under 18 years of age must be signed for by a parent or guardian.
- City of Tempe is not responsible for lost or misdirected mail or faxes.
- Due to the large volume of registrations received, staff cannot confirm receipt of registration requests over the phone.

Resident/Non-Resident Policy

A Tempe Resident is any person living within the corporate limits of the City of Tempe. A Post Office Box is not considered a Tempe residential address.

Individuals residing outside of the City of Tempe and attending Tempe schools, or who own property in Tempe, are considered Non-Tempe Residents.

Random address checks will be made to confirm residency. Non-Tempe Residents with false addresses will be dropped from activities with no refund.

Registration Confirmation

Online Registration: Is processed in real time and the system will indicate class availability, then confirm enrollment or waitlist status. Confirmation of enrollment will not be mailed.

Mail-In, Drop-Off & Fax-In: A registration confirmation will be mailed to the participant indicating class status. If you have not received notice within two weeks, please call 480-350-5200 to confirm address on file.

Fees

Scholarship Assistance for various programs is available for Tempe and Guadalupe Residents ages 0-17 years, or for Non-Tempe Resident youth enrolled in a Tempe Public School only. For additional information, call 480-350-5200. Fees charged for classes/activities are to off-set the cost of instruction and materials.

Refunds/Class Cancellations

In the event of a class cancellation, registrants will be notified by phone or e-mail. Some classes that fall just below minimum enrollment may be kept open until the day before the class begins in an effort to avoid cancelling the class. If a class cancels, a credit will be applied to the family account. The patron may request a refund instead of a credit and the amount will be issued by City check or credit card refund. Withdrawal requests made after class begins may be subject to an administrative fee.

Notice to Participants

All programs and facilities are open to all citizens regardless of race, sex, color, religion, national origin or disability.

The City of Tempe Community Services Department is dedicated to providing qualified staff, safe facilities and equipment for all participants.

All classes/activities of a physical nature involve some risk. By registering for the class/activity of this nature, there is an assumption of risk by the participant.

City of Tempe carries no medical insurance and assumes no liability for personal injuries or loss of personal property of persons participating in or attending City of Tempe classes/activities. Participant's family policy must cover any medical costs incurred.

It is the responsibility of individuals or guardians of individuals participating in a City of Tempe class/activity to notify the City of Tempe of any physical limitations that impair their activity in the program for which they are registered.

Notice to Persons with Disabilities

City of Tempe endeavors to make all programs, services and facilities accessible to, useable by and available to qualified individuals with disabilities.

Individuals may call 480-350-5200 for program eligibility requirements, accessibility and usability of programs, services and facilities.

Tempe Residents

Online, Mail, Drop-Off and Fax: December 8, 2014

Non-Tempe Residents

Online, Mail, Drop-Off and Fax: December 15, 2014



Class Registration, 3500 S-Rural Rd, Tempe, AZ 85282 www.tempe.gov/brochure Information 480-350-5277 Fax 480-350-5058 TTY 480-350-5050

Program Registration Form

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Head of Househol	u informati	on ((Please Print	i)				
ADULT CONTACT Last Name			First Name		MI	Home Phone		
						Work Phone		
Street Address			A	partment/L	Jnit.No.			
						Additional Phor		
City	S	State		Zip Code			-	
						Additional Phor		
Birth date	Male or Female		E-mail Address					
In case of Name emergency notify:				Pho	ne		Relationship	
Registration Request	: >> Mark	box if	Course # is alte	ernate cho	ice.			
Last Name MI First Na	ame	M/F	Date of Birth		Class/Ac	tivity Name	Class/Activity Code	Fee
						,	Sideon loaning sedic	
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L		I				TOTAL AM	OUNT DUE:	6
			Waiver	r of Liabi	ilitv			
With knowledge and appreciation I understand the City of Tempe I understand that all reasonable If the Class/Activity includes any I fully understand the nature of the members, and sponsors for any members, and sponsors for perclass/Activity. I agree, without any right of pay reproductions, by the City of Temple I agree to look to my private phy might need to the Class/Activity. I have read and clearly understate.	does not carry acci- efforts will be exter y physical exertion, this Class/Activity, a y and all rights and ersonal injury, deatl yment or of editing mpe for disseminati ysician for medical I will require the for	dent, sided to I agree and I was claims h, or property, to the advice ablowing	ckness, or medica insure my health a to perform the ex- ive and release a for damages or operty damage so use of images of I types of media for and care and to no accommodation	Il insurance and safety. ercise at my nd hold harr costs I may uffered by r me and/or or public relatorify my tead to participate	own ability level nless the City of have against th ne, or that I ma my children, incl titions purposes. che:	Tempe and any of its le City of Tempe, its y cause to others, a uding reproductions	s agents, employees, officers agents, employees, officers is a result of my participatio of photos, video, film, audio ations I might have or modifi	i, council , council n in this or other
I sign it of my own free will.			3		,			
Signature of Partic	Cipant X (Parent o	or Guar	rdian if Participa	nt is under	18)	D	ate	
Payment: Amount Pd.		. — ısh [Check #		 Ma	. — — — — ake checks paya	able to the City of Te	mpe.
Credit Card #	/		/		′	Exp. Date _	/ CVC	¦

Credit Card Authorization Signature:

Registration begins December 8; classes begin January 5 unless noted otherwise within class descriptions.

No classes January 19 or February 16. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for tots. Additional offerings for older tots may be viewed within the Activities for Youth (5-12 Years) section.

TOTS' CLASS GUIDELINES

- For your child's safety, children 5-years-old and under must be accompanied to-and-from the classroom.
- Children 5-years-old and under who are enrolled in back-to-back classes must be released to a parent between classes. Teachers and staff will not be responsible for making sure your child gets to his/her next class.
- Classes are designed for the ages listed. Children must meet the age requirement as of the first class.
- Children must be able to participate independently except in specified parent/child activities.
- Children must be toilet-trained for all classes without parents.
- Observers and non-registered individuals, including siblings, are not permitted in classes.
- In order to share your child's progress and accomplishments, your child's instructor will designate a time for class observation and sharing.
- Closed-toe shoes are required for all classes (except for some dance classes).
- Tights/leotards and/or loose shorts/t-shirts recommended for dance/ movement classes.
- Secure hair away from face for dance/movement classes.

Arts & Crafts



DIRT ALERT! Art is a messy business; please send children in old clothing. Although aprons are available, they may not protect all clothing. Non-toxic products are used, but may bond with some fabrics.

ABCs of Art; Parent/Child

Now I know my ABCs! Using basic art supplies and techniques create one-of-akind art with your child that incorporates the alphabet and numbers. Students will develop fine motor skills, gain classroom experience and improve listening skills. One adult may register with up to two children. *No class 1/19, 2/16. Fee: \$20. No fee for adult. 480-350-5287

2-4 yrs M 1/12-3/2* VIHEL 42660 9-9:50 a.m. M VIHEL 42661 2-4 yrs 3/9-4/13 9-9:50 a.m. M 4/20-5/18 VIHEL 42662 2-4 yrs 9-9:50 a.m.

Basic Art Skills; Parent/Child

Children learn how to use glue, scissors, paintbrushes, crayons and more while they develop fine motor skills and prepare for future art classes. Work together with your little one as they experiment with basic art supplies and tools while creating art. One adult may register with up to two children. Fee: \$20. No fee for adult. 480-350-5287

42667	2-4 yrs	W	1/14-2/18	9-9:50 a.m.	VIHEL
42668	2-4 yrs	W	2/25-3/25	9-9:50 a.m.	VIHEL
42669	2-4 yrs	W	4/1-5/6	9-9:50 a.m.	VIHEL

Creative Painting

Paint with your hands and feet, use unusual objects like seashells and plant fibers, and even make your own paint mediums. Think outside-the-box and explore your imagination while creating works of art that are truly unique, just like you. Fee: \$25. 480-350-5287

42685 3½-5 yrs W 1/14-3/4 11-11:50 a.m. VIHEL

Elements of Art

Develop fundamental art concepts and hone your ability to make artistic decisions. Media exploration is encouraged using markers, pastels, watercolor and acrylic paint, as well as colored pencils. Learn sophisticated art concepts such as form, pattern, texture and contrast through the introduction of the "elements and principals of art." Fee: \$20. 480-350-5287

12692 3½-5 yrs T 1/13-3/3 11-11:50 a.m. VIHEL

Folklore, Legends and Fairy Tales

Please see page 13 for complete description and class times.



Free Art Friday

Please see page 28 for complete description.

Holiday Fun Parent/Child

These one day workshops will help you celebrate the holiday season in a variety of ways. Sing, dance and "travel" the globe. You will make fun holiday décor and gifts from all the places you travel. Fee: \$5. 480-350-5287

Christmas in Germany

Learn about the celebration of Advent and make your own special Advent calendar. Write a letter to Christkind like the children of Germany do.

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41617	2-4 yrs	Th	12/4	9-10:30 a.m.	VIHEL
41623	4-6 yrs	Th	12/4	10:30 a.mNoon	VIHEL

Christmas in France

Joyeux Noël! French children put their shoes in front of the fireplace, in the hopes that Père Noël will fill them with gifts. Learn about other traditions from France.

41618 2-4 yrs Th 12/11 9-10:30 a.m. VIHEL 41624 4-6 yrs Th 12/11 10:30 a.m.-Noon VIHEL

Christmas in America

Americans incorporate many traditions from around the world, lets share some of them as we decorate our Christmas trees.

41619	2-4 yrs	Th	12/18	9-10:30 a.m.	VIHEL
41625	4-6 yrs	Th	12/18	10:30 a.mNoon	VIHEL

Messy Art

Please see page 14 for complete description and class times.

Messy Art for Minis; Parent/Child

Toddlers can get messy on their own, so why not create art while doing it? In this parent/child class, help your little one(s) use their busy hands to turn messes into 'mess' terpieces. One parent may register with up to two children. *No class 1/19. 2/16. Fee: S20. No fee for adult. 480-350-5287

42702	2-4 yrs	M	1/12-3/2*	10-10:50 a.m.	VIHEL
42703	2-4 yrs	M	3/9-4/13	10-10:50 a.m.	VIHEL
42704	2-4 yrs	M	4/20-5/18	10-10:50 a.m.	VIHEL

Mudpies and Fingerpaints; Parent/Child

This is a great sensory class for toddlers to get them off to a great start exploring the world of art. Using age appropriate (and sometimes edible!) materials help your little ones express themselves. Class time will also include music and story times. One adult may register with up to two children. Fee: \$10. No fee for adult. 480-350-5287

42708	18-24 mos Th	1/15-2/19	9-9:45 a.m.	VIHEL
42709	18-24 mos Th	2/26-3/26	9-9:45 a.m.	VIHEL
42710	18-24 mos Th	4/2-5/7	9-9:45 a.m.	VIHEL

Our First Craft Class

Welcome first-time artists. If you are nervous about creating art with your toddler, then this class is for you. Parent/child pairs will get to familiarize themselves with different colors, shapes and textures, and will experiment with a variety of materials. One adult may register with each child. Fee: \$8.

Session	1				
42782	1-2 yrs	W	1/7-1/28	9:15-10 a.m.	ESCA
42783	3-4 yrs	W	1/7-1/28	10:15-11 a.m.	ESCA
Session	2				
42784	1-2 yrs	W	2/11-3/4	9:15-10 a.m.	ESCA
42785	3-4 vrs	W	2/11-3/4	10:15-11 a.m.	ESCA

Our First Painting Class

Welcome first-time painters. Come experiment and create with a variety of activities such as painting, coloring and play dough. One adult may register with each child. No class 1/19. Fee: \$8, 480-350-5800

42776	1-2 yrs	М	1/5-2/2	9:15-10 a.m.	ESCA
42777	3-4 yrs	M	1/5-2/2	10:15-11 a.m.	ESCA

Peewee Picassos; Parent/Child

Pablo Picasso said, "Every child is an artist." Work with your very own little artist in this exciting painting class to make colorful artworks inspired by famous artists and different cultures, from ancient times to the 20th century. One adult may register with up to two children. Fee: \$20. No fee for adult. 480-350-5287

42711	2-4 yrs	Τ	1/13-2/17	9-9:50 a.m.	VIHEL
42713	31/2-5 yrs	Τ	1/13-2/17	10-10:50 a.m.	VIHEL
42712	2-4 yrs	Τ	2/24-3/24	9-9:50 a.m.	VIHEL
42714	31/2-5 yrs	T	2/24-3/24	10-10:50 a.m.	VIHEL
42715	2-4 yrs	T	4/7-5/12	9-9:50 a.m.	VIHEL
42716	31/2-5 yrs	T	4/7-5/12	10-10:50 a.m.	VIHEL

Petite Painters

Studies show that children, who create art, read better and get better grades in science and math. Experience the creative process and embrace self-expression while learning basic art concepts in this imaginative program. Various materials and techniques will be used as children explore the great masters and create art in their style. Fee: \$20. 480-350-5287

42717 31/2-5 yrs Th 1/15-3/5 10:30-11:20 a.m. VIHEL



Play With Clay; Parent/Child

You and your little one will work together to create works of art with purchased and handmade clay, as well as learn how to create clay at home. Compare different types of clay and discover what you can do with them as you create unique, three-dimensional artwork. One adult may register with up to two children. Fee: \$20. No fee for adult. 480-350-5287

42718	2-4 yrs	F	1/16-2/20	10-10:50 a.m.	VIHEL
42719	2-4 yrs	F	2/27-3/27	10-10:50 a.m.	VIHEL
42720	2-4 yrs	F	4/3-5/8	10-10:50 a.m.	VIHEL

Toddler Art Time

Toddlers have an opportunity to explore art through a variety of different ageappropriate activities. Watch their concentration, motor skills and hand-eye coordination grow. This session is a fun introduction of arts and crafts for young toddlers. One adult may register with each child. Fee: \$8. 480-350-5814

Session	1				
42778	1-2 yrs	T	1/6-1/27	9:15-10 a.m.	NCC
42779	3-4 yrs	T	1/6-1/27	10:15-11 a.m.	NCC
Session	2				
42780	1-2 yrs	T	2/10-3/3	9:15-10 a.m.	NCC
42781	3-4 vrs	T	2/10-3/3	10:15-11 a.m.	NCC

Toddler Craft Time

Toddlers are encouraged to use their ever-so-curious minds through the introduction of new textures and artistic mediums. Toddlers can explore their creativity through painting, coloring, gluing, and play dough. This session is a fun introduction or continuation of arts & crafts for all toddlers. One adult may register with each child. Fee: \$8. 480-350-5814

Session	1				
42786	1-2 yrs	Th	1/8-1/29	9:15-10 a.m.	NCC
42787	3-4 yrs	Th	1/8-1/29	10:15-11 a.m.	NCC
Session	2				
42788	1-2 yrs	Th	2/12-3/5	9:15-10 a.m.	NCC
42789	3-4 vrs	Th	2/12-3/5	10·15-11 a m	NCC

Young Artist Exploration

Please see page 14 for complete description and class times.

Young Sculptors

Do you dream-up your own worlds, complete with castles, dragons and other creatures? Maybe you know exactly how you'd build your own space station with astronauts and aliens. If so, this class is for you. Using clay, cardboard, foam and more, create stimulating mixed-media sculptures to depict the world that has existed only in your imagination. Fee: \$25. 480-350-5287

42730	31/2-5 yrs	W	1/14-3/4	10-10:50 a.m.	VIHEL

Books & Reading

Afternoon Story Time

Parents and children will delight in the joy of songs, rhymes, movement activities and finger plays that encourage early learning. Registration is not required. Fee: None. 480-350-5500

NO CODE A	All Ages	Τ	1/6-2/24	3:30-4 p.m.	LSTR
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Baby Story Time

Parents and babies will delight in the joys of songs, rhymes, movement activities and finger plays that encourage early learning. Registration is not required. Fee: None. 480-350-5500

NO CODE	0-2 yrs	T	1/6-2/24	10-10:30 a.m.	LSTR
NO CODE	0-2 yrs	W	1/7-2/25	9-9:30 a.m.	LSTR
NO CODE	0-2 yrs	Th	1/8-2/26	10-10:30 a.m.	LSTR

Bilingual Baby Storytime

Enjoy simple rhymes, stories, vocabulary, counting, and songs in Spanish and English. The best time to start teaching your baby Spanish is now. No prior Spanish skills or knowledge is required. Fee: None. To register call 480-858-2306.

NO CODE 1 mo-2 yrs W 2/4-2/25 10-11 a.m. GETZ

Blind Date With a Book

Just in time for Valentine's Day, we'll select a variety of books, wrap them all up in 'oh so secretive' wrapping paper and you won't know the 'identity' of your blind date till you check it out and take it home. Will it be fiction or non-fiction? You may choose any wrapped book in our "Blind Date with a Book" display. Registration is not required. Fee: None.

NO CODE All Ages Sa 2/14 9 a.m.-5 p.m.

Family Story Time

Parents and children will listen to fun stories; sing songs, dance, and do a simple craft together. Registration is not required. Fee: None. 480-350-5500

NO CODE	2 yrs+	Τ	1/6-2/24	11-11:30 a.m.	LSTR
NO CODE	2 yrs+	W	1/7-2/25	10-10:30 a.m.	LSTR
NO CODE	2 yrs+	Th	1/8-2/26	11-11:30 a.m.	LSTR

IKEA Storytime

Join us at Tempe's local IKEA store for storytime. Parents and children will listen to fun stories, sing songs, dance and do a simple craft together. Program will be held in IKEA restaurant where kids, 12 and under, eat free on Tuesdays. No registration required. Fee: None. 480-350-5500

NO CODE 2 yrs+ T 12/9, 1/13, 2/10 1-2 p.m. IKEA

Page Turners

Join us for a comprehensive reading-skills program, hosted by ASU honors students. Program provides one-on-one instruction for 2nd and 3rd grade students in reading skill development techniques. Please provide email address at registration. *No Class 3/10. Fee: None. 480-350-5526

NO CODE	Gr. 2-3	T	1/20-2/10	5-6 p.m.	LMRA
NO CODE	Gr. 2-3	T	2/24-3/24*	5-6 p.m.	LMRA
NO CODE	Gr. 2-3	T	3/31-4/21	5-6 p.m.	LMRA

Pajama Story Time

Family storytime complete with songs, movement activities and finger plays that encourage early learning. Pajamas are encouraged. Registration is not required. Fee: None. 480-350-5500

NO CODE All Ages M 1/5, 2/2 6:30-7p.m. LSTR

Remember the Village: Parenting for a Global Community

Come connect with an inclusive and informed group of parents, grandparents, educators and community advocates. Enjoy the supportive, casual and simple environment as we co-create this network of Villagers that prioritize empathy, sustainability and peace in their parenting and in their community. Children are welcome! Please see library calendar for dates and times. 480-350-5526

Saturday Story Time

Parents and children will delight in the joys of songs, rhymes, movement activities and finger plays that encourage early learning. Program aimed for ages 0-3 but siblings are welcome to attend. Registration is not required. Fee: None. 480-350-5500

NO CODE All Ages Sa 12/27, 1/31, 2/28 10:30-11 a.m. LSTR

Storybook Chef; Early Childhood Learning Classes Sing, dance, play, listen, learn and ...cook! Storybook Chef Jill Kyroudis

Sing, dance, play, listen, learn and ...cook! Storybook Chef Jill Kyroudis introduces your child to a favorite children's book with a hands-on, age-appropriate, fun food activity and educational game; all recipes are included as part of the class fee. Children are encouraged to wear their apron to class; class activity may be messy. 480-350-5200

Hot Cocoa

Come use your senses and find-out what it is like to live in the chilly cold. Learn how to make homemade hot cocoa, create a winter mug with paint and play a fun mitten matching game. Story: Hats, Gloves, Hot Cocoa with Love by Gretchen Archambault. Fee \$15

01 3-6 yrs M 1/5 9-10:15 a.m. VIHEL

The Gingerbread Boy

The Gingerbread Boy is one smart cookie, but can he escape from his hungry pursuers? Bake your own gingerbread cookie, learn about the ingredient molasses and decorate a paper gingerbread man. Story: The Gingerbread Boy by Paul Galdone. Fee \$15

42303 3-6 yrs M 1/12 9-10:15 a.m. VIHEL

Cows in the Kitchen

While Tom the Farmer takes a nap, his animals take over the house. What will happen when he wakes up? Share your knowledge of farm animals, help cook scrambled eggs and bacon and play an animal and food matching game. Story: Cows in the Kitchen by June Crebbin. Fee \$15

42304 3-6 yrs M 1/26 9-10:15 a.m. VIHEL

All About Crepes

Suzette the crepe maker is the best in Paris and travels around sharing her treats with everyone. Come and learn how to make French toast, build a LEGO® model of the Eiffel Tower, discuss French art and learn some French words. Story: Crepes by Suzette by Monica Wellington. Fee \$15

305 3-6 yrs M 2/2 9-10:15 a.m. VIHEL

Happy Valentine's Day Curious George

Curious George is quite the trouble maker, even on Valentine's Day. What is he up to this time? Come mix ingredients for the perfect cookie; use glitter, stickers, ribbon and paper to make a Valentine, and play Valentine's Day games. Story: Happy Valentine's Day Curious George by N. Di Angelo. Fee \$15
42306 3-6 yrs M 2/9 9-10:15 a.m. VIHEL

Pizza at Sally's

Sally the pizza maker is a pizza genius. From growing her own tomatoes, to selecting the perfect cheese, Sally uses only the best ingredients. Prepare your own dough and choose your favorite pizza ingredients. Create a pizza craft and pretend you are in a restaurant while enjoying your pizza creation.

Story: Pizza at Sally's by Monica Wellington. Fee \$15

42307 3-6 yrs M 2/23 9-10:15 a.m. VIHEL

Chocolate Moose

Moose loves chocolate, but when he misreads the 'Help Wanted' sign in the window of Mrs. Mouse's bakery, Moose finds-out that he may be in for trouble; the mouse-sized bakery is not a place for a big moose. In this moose inspired class, make a fun craft, learn new moose facts and prepare chocolate chip pancakes. Story: Chocolate Moose by Maggie Kneen. Fee \$15

42308 3-6 yrs M 3/2 9-10:15 a.m. VIHEL

The Carrot Seed

Enjoy fresh carrot apple spice muffins after you hear all about two rabbits who were surprised to find an enormous carrot growing in their garden. With the help of friends they pulled the carrot out of the ground and used it to make an enormous feast. Come and create a fun carrot art project. Story: The Carrot Seed by Ruth Krauss. Fee \$15

42302 3-6 yrs M 3/9 9-10:15 a.m. VIHEL

Whole Foods Kids Club

Join us at Tempe's local Whole Foods Store (5120 S Rural Rd.) for Kid's Club. We will have stories and songs from the library, followed by a tasty food craft. Fee: None. To register for this class, call 480-350-1400.

NO CODE 2-5 yrs Sa 12/20, 1/17, 2/21 10-10:30 a.m. WFST

Winter Extraordinaire

Come celebrate the winter season at the Tempe Public Library. Families are encouraged to join us for seasonal crafts as well as music, movement and stories. All ages encouraged to attend. Registration is not required. Fee: None. 480-350-5500

NO CODE All Ages Sa 12/20 10 a.m.-Noon LSTR

Dance, Music & Theater

- Tights/leotards and/or loose shorts/t-shirts recommended for dance/movement classes.
- Secure hair away from face for dance/movement classes.

Ballet/Tap Combo

Please see page 14 for complete description and class times.

Beginning Dance; Parent/Child

Your little one will start-off on the right foot in this class programmed for the beginning dancer. Students will learn basic dance steps and terminology to fun, up-beat music. Class encourages flexibility and free-style dance. *No class 1/19, 2/16. Fee: \$20. 480-350-5287

42670	2-4 yrs	M	1/12-3/2*	10-10:50 a.m.	VIHEL
42671	2-4 yrs	M	3/9-4/13	10-10:50 a.m.	VIHEL
42672	2-4 vrs	M	4/20-5/18	10-10 ⁻ 50 a m	VIHFI

Creative Drama

Please see page 14 for complete description and class times.

Dance Around the World; Parent/Child

Hula off to Hawaii, Tango to Argentina or Irish Step your way across the Emerald Isle. Explore instruments and music, movement and costumes from around the world; each week a new adventure awaits you. One adult may register with up to two children. Fee: \$20. No fee for adult. 480-350-5287

42686	2-5 yrs	W	1/14-2/18	10-10:50 a.m.	VIHEL
42687	2-5 yrs	W	2/25-3/25	10-10:50 a.m.	VIHEL
42688	2-5 yrs	W	4/1-5/6	10-10:50 a.m.	VIHEL

Dance Sampler

Here's your chance to shine while showing off your best moves. Learn the basic steps and techniques for a variety of dance styles such as Ballet, Jazz, and Modern just to name a few. You will also "talk the talk" as you become familiar with the terminology of each dance style. Fee: \$20. 480-350-5287

42731 3½-5 yrs W 1/14-3/4 9-9:50 a.m. VIHEL

Enchanted Dancers

Explore elementary dance steps and basic rhythms of various styles while developing strength and flexibility through choreographed dances. Freestyle dance is encouraged as dancers move creatively while using costumes and props. Feel free to wear your own mystical costume. Fee: \$20. 480-350-5287 42693 31/2-5 yrs T 1/13-3/3 2:30-3:20 p.m. VIHEI

Footloose and Fun

Get started on the right foot as you take your first steps into the world of dance. Move to fun, up-beat music while learning basic technique from a variety of dance styles. Strengthen your body and self-confidence through freestyle dance, as well as choreographed routines. Fee: \$20. 480-350-5287

42694 3½-5 yrs T 1/13-3/3 9-9:50 a.m. VIHEL

Movement Mania; Parent/Child

Promote a life-long love of music and movement to your little one. Together you will explore fresh and innovative ways to get up-and-moving, while incorporating some fun, familiar favorites. Twist, hula-hoop or play with a parachute; each week brings a new adventure. One adult may register with up to two children. Fee: \$20. No fee for adult. 480-350-5287

42705	2-4 yrs	T	1/13-2/17	10-10:50 a.m.	VIHEL
42706	2-4 yrs	T	2/24-3/24	10-10:50 a.m.	VIHEL
42707	2-4 yrs	T	4/7-5/12	10-10:50 a.m.	VIHEL

Musikgarten©;

Early Childhood Music and Movement

Beginning with Family Music for Babies and continuing through Music Makers; At Home in the World, your child will build the foundation for a bridge that connects general music learning to instrumental skill. Musikgarten© classes are taught by Lyn Codier of Lyn's Musikgarten©, certified Musikgarten© instructor. Parents are encouraged to purchase the class curriculum material to support each class for at-home practice; however, purchase is not necessary. For additional information, visit www.lynsmusikgarten.com, and www.musikgarten.org. 480-350-5200

Family Music for Toddlers

Explore and learn with your toddler. Sing, chant, dance, listen, and play simple instruments. Lessons feature movement activities for coordination, body-awareness and control, exploration of space, and instruments such as rhythm sticks, jingles, rattles, drums and resonator bars. Fee: \$39

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42265	16 mos-31/2 yrs	W	1/7-1/28	9:45-10:15 a.m.	LMRB
42266	16 mos-31/2 yrs	W	2/4-2/25	9:45-10:15 a.m.	LMRB

Cycle of Seasons for Preschoolers

Developed to strengthen attention and build self-expression, activities include singing, chanting, focused learning, musical games, instrument exploration, creative movement and storytelling. Class nurtures your child's ability to use language and participate in dramatic play within a musical context. Parents are required to attend each class. Fee: \$39

42271	3-5 yrs	W	1/7-1/28	10:30-11 a.m.	LMRB
42272	3-5 yrs	W	2/4-2/25	10:30-11 a.m.	LMRB

Family Music for Babies

Learn how to play musically with your baby. Musikgarten's musical play increases curiosity about music, develops listening skills and a sense of beat, establishes a foundation for singing and musical thought, strengthens your bond with your baby, and allows you and your child to interact with other parents and children. Parents: Bring a baby pad or blanket to class. Fee: \$39

42259	1-18 mos	Ŵ	1/7-1/28	11:15-11:45 p.m.	LMRB
42260	1-18 mos	W	2/4-2/25	11:15-11:45 p.m.	LMRB

All Together Now; Mixed-Age Classes

Will teach wisdom of the ages, as well as what current research and practice tell us that children need: communication, movement, interaction, repetition and cultural customs – experienced in a playful way. Sing, chant, move, dance, listen and play an assortment of musical instruments. Strengthen language, concentration, social, motor and listening skills. *No class 1/16. Fee: \$39

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42283	0-4 yrs	F	1/9-2/6*	3:30-4:15 p.m.	KRC
42284	0-4 yrs	F	2/13-3/6	3:30-4:15 p.m.	KRC

Music Makers; At Home in the World

As a Music Maker, your child will engage in singing, movement, instrumentplaying and ensemble activities, ear-training and guided listening. Class builds symbolic thinking, concentration, memory and self-expression. As your child begins to read written musical patterns, he or she will be introduced to the sounds of instruments individually, and in an ensemble. *No class 1/16. Fee: \$3!

Sourius or	IIISHUITIE	iils iiiui	ividualiy, alid ili d	an ensemble. The class if it). FEE. \$39
42277	4-6 yrs	F	1/9-2/6*	4:30-5:15 p.m.	KRC
42278	4-6 yrs	F	2/13-3/6	4:30-5:15 p.m.	KRC



By Tempe Community Council

Brought to you by:



www.ThriveToFive.org

Thrive to Five wants to ensure all children are ready to succeed in school.

Free classes and support services are available for parents and caregivers of children ages birth to five including Kinder Prep, Ready to Read, Positive Discipline and more.

Programs are offered in English and Spanish.

Visit www.ThriveToFive.org for class information and to register.

480.858.2306

Health & Fitness

Gymnastics; Introduction to Gymnastics

Learn the fundamentals of gymnastics at Gold Medal Gym in Tempe located at McClintock Drive/Elliot Road. Students will be introduced to basic gymnastics skills using four Olympic events: bars, beam, floor and vault. In addition, basic skills will be demonstrated using a Tumble Track trampoline. Classes are taught by USA-certified gymnastics staff members. Fee: \$45. 480-350-5200

41956	3-4 yrs	M	1/5-1/26	10-10:45 a.m.	GMG
41957	3-4 yrs	M	2/2-2/23	10-10:45 a.m.	GMG
41958	3-4 yrs	M	3/2-3/23	10-10:45 a.m.	GMG
41950	3-4 yrs	T	1/6-1/27	5:45-6:30 p.m.	GMG
41951	3-4 yrs	T	2/3-2/24	5:45-6:30 p.m.	GMG
41952	3-4 yrs	T	3/3-3/24	5:45-6:30 p.m.	GMG
41953	3-4 yrs	Sa	1/10-1/31	10-10:45 a.m.	GMG
41954	3-4 yrs	Sa	2/7-2/28	10-10:45 a.m.	GMG
41955	3-4 yrs	Sa	3/7-3/28	10-10:45 a.m.	GMG

Gymnastics; Parent/Tot

Work one-on-one with your child to improve coordination, balance and heighten concentration while learning basic tumbling moves. Classes are taught by USA-certified gymnastics staff members. Prerequisite: Children must be able to walk. Parent participation is required. Fee: \$38. 480-350-5200

41929	1-3 yrs	М	1/5-1/26	9-9:45 a.m.	GMG
41930	1-3 yrs	М	2/2-2/23	9-9:45 a.m.	GMG
41931	1-3 yrs	М	3/2-3/23	9-9:45 a.m.	GMG
41926	1-3 yrs	F	1/9-1/30	10-10:45 a.m.	GMG
41927	1-3 yrs	F	2/6-2/27	10-10:45 a.m.	GMG
41928	1-3 yrs	F	3/6-3/27	10-10:45 a.m.	GMG

Holistic Health and Wellness Workshops for Families

Please see page 37 for complete descriptions and workshop times.

Martial Arts; Karate Lim Kenpo

Please see page 15 for complete description and class times.

Let's Get Up and Move®; Birthday Parties

Are you looking to host your child's next birthday party at a City of Tempe facility? Let's Get Up and Move® offers themed party packages for toddlers and youth; your child will improve their gross motor skills as they interact with their peers through creative play, circle time, songs and games. Visit www.letsgetup.co, or call 480-350-5200.

Let's Get Up and Move®; Fun-N-Fit Kids

Learn to move your body. Class includes stretching, creative and athletic movement, tumbling, yoga concepts, and more. Warm-up, play games, complete obstacle courses, work in teams and improve gross motor movements. Exercise your mind and body with this fun, playful new way to be fit. For additional information, visit www.letsgetup.co. Fee: \$39, 480-350-5200

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42891	2-5 yrs	W	1/7-1/28	10-10:45 a.m.	VIHEL
42892	2-5 yrs	W	2/4-2/25	10-10:45 a.m.	VIHEL
42894	2-5 yrs	Th	1/8-1/29	5:30-6:15 p.m.	WCC
42895	2-5 yrs	Th	2/5-2/26	5:30-6:15 p.m.	WCC

Let's Get Up and Move®; Music, Movement and Tumbling

Introduce your child to tumbling, music, and fitness. Learn movement through song, dance and exercise. Play educational games that promote early childhood learning with age-appropriate toys. For additional information, visit

VVVVVV.ICLS	WWW.ici3gctup.co. 1 cc. \$33. 400 330 3200								
42897	18 mos-3 yrs	W	1/7-1/28	9-9:45 a.m.	VIHEL				
42898	18 mos-3 yrs	W	2/4-2/25	9-9:45 a.m.	VIHEL				
42900	3-5 yrs	Th	1/8-1/29	9-9:45 a.m.	VIHEL				
42901	3-5 yrs	Th	2/5-2/26	9-9:45 a.m.	VIHEL				

Tiny Twisters

Shake, Tumble, and Roll. Tiny Twisters and parents will have fun building important motor skills and coordination. Roll down the wedge, balance on the beam, crawl through the tunnels and jump on the trampoline. Parent involvement is required. Fee: \$8. 480-350-5800

42735	18 mos-2 yrs	W	1/7-1/28	9:15-10 a.m.	ESCA
42736	3-4 yrs	W	1/7-1/28	10:15-11 a.m.	ESCA
42737	18 mos-2 yrs	W	2/11-3/4	9:15-10 a.m.	ESCA
42738	3-4 yrs	W	2/11-3/4	10:15-11 a.m.	ESCA

Toddler Active Play Gym Time

Your child will have fun exercising and playing different type of gym games such as parachute madness and freeze tag. Parent involvement is required. Please wear comfortable clothing and tennis shoes. Fee: \$8, 480-350-5800

42739	18 mos-2 yrs	T	1/6-1/27	9:15-10 a.m.	ESCA
42740	3-4 yrs	T	1/6-1/27	10:15-11 a.m.	ESCA
42741	18 mos-2 yrs	Τ	2/10-3/3	9:15-10 a.m.	ESCA
42742	3-4 yrs	Τ	2/10-3/3	10:15-11 a.m.	ESCA

Toddler Tumble Bugs

Does your child love jumping, bouncing, and tumbling at home? With their parent's help, toddlers will roll, balance, bounce, hop, jump and enjoy other safe motor development activities such as animal walks and obstacle courses. Parent involvement is required. Fee: \$8, 480-350-5800

42743	18 mos-2 yrs	Th	1/8-1/29	9:15-10 a.m.	ESCA
42744	3-4 yrs	Th	1/8-1/29	10:15-11 a.m.	ESCA
42745	18 mos-2 yrs	Th	2/12-3/5	9:15-10 a.m.	ESCA
42746	3-4 vrs	Th	2/12-3/5	10:15-11 a.m.	ESCA

Toddler Twinkle Toes

Toddler and parent will move and groove in this instructor led class. Children will have fun while expressing themselves and developing gross motor skills. Parent involvement is required. Fee: \$8. 480-350-5800

42747	18 mos-2 yrs	F	1/9-1/30	9:15-10 a.m.	ESCA
42748	3-4 yrs	F	1/9-1/30	10:15-11 a.m.	ESCA
42749	18 mos-2 yrs	F	2/13-3/6	9:15-10 a.m.	ESCA
42750	3-4 yrs	F	2/13-3/6	10:15-11 a.m.	ESCA

Special Interest



Come Sign with Me

In this introductory class we will be using our new iPad lab and holographic book to learn basic baby sign language signs. We will practice using fun and invocative methods. Fee: None. 480-350-5802 **ESCA**

43009 1-2 yrs Th 2/5-2/26 9:30-10:30 a.m.

Family Place Parent/Child Workshop

Parents and children (up to age three) can spend time playing and reading while interacting with others in a fun and nurturing environment. Library staff will be on hand to share information on each week's topic. Children under five can attend with a registered child. Fee: None. 480-350-5802

43010

1mo-3 yrs M

1/26-3/2

9:45-11a.m.

LYTH

Early Childhood Education Program

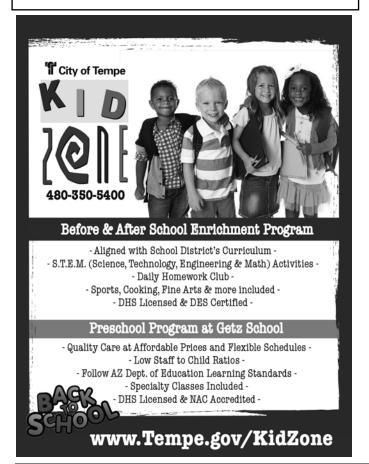
This program offers a variety of organized activities for pre-school children, ages 3-5. The program's emphasis is on developing social, motor, and cognitive skills in a fun, safe, and educational setting. We offer both a morning and afternoon session as well as a Readiness program to prepare children for Kindergarten. Fee: \$80. 480-350-5814

Nov. 3: Registration packets available.

Dec. 9: Tempe Residents registration begins at 9 a.m.. A limited number of slots are available. Registration is first come, first served and must take place in person at the Escalante Community Center.

Dec. 16: Non-Tempe Residents registration begins at 9 a.m..

Jan. 20 to April 30: 15-week Winter Session begins.



The Kinder PrepSM

This workshop concentrates on parent-child interaction. Each of the three sessions (Attention, Bonding, Communication) will focus on inexpensive athome activities that will enhance brain development and help prepare a child's brain for success in school. Families will be able to take home the activities that they work on in each session. Fee: None. 480-350-5802

Session A

43013	3-5 yrs	Th	1/8-1/22	9:30-11 a.m.	NCC
Session	В				
43014	3-5 vrs	Th	2/26-3/12	9:30-11 a.m.	NCC

Let's Get Up and Move®; Pee Wee Science

Explore science; use your hands and brain to try fun experiments. Come and find-out how the world works. Class will be messy; wear appropriate clothing. For additional information, visit www.letsgetup.co. *No class 1/19. Fee: \$39. 480-350-5200

42903	21/2-5 yrs	Μ	1/5-2/2*	5:30-6:15 p.m.	WCC
42904	21/2-5 yrs	M	2/23-3/16	5:30-6:15 p.m.	WCC
42905	21/2-5 yrs	Th	1/8-1/29	10:15-11 a.m.	VIHEL
42906	21/2-5 yrs	Th	2/5-2/26	10:15-11 a.m.	VIHEL

North Tempe Winter Break Day Camp

Please see page 17 for complete description.

Nurturing Parenting in Spanish

Parents and their children will recognize enhancing self-worth, empathy, discipline and empowerment. Ten 2-hour sessions will include discussions, video clips and activities to help parents apply this information. Each week a make-and-take project and other incentives will be provided. Childcare is provided. Fee: None. 480-350-5802.

43011 1mo-5 yrs W 1/7-3/11

Pets; Claws and Paws

Interact with common and uncommon household pets such as a dog, snake and tortoise. Class includes basic care information, an art project, a storytime activity, music and a tour of the University Animal Hospital. Parents are welcome to attend; classroom space is limited, so only those children registered may attend. Fee: \$15. 480-350-5200

42909 4-6 yrs 1/12 6-7:30 p.m.

Preschool Prep

Preschool skills are repeated and reinforced for maximum retention. Parents can work with their child or drop them off for this 45-minute class on all things Preschool. Class activities, worksheets, classroom time, and socialization are highlights. One adult may register with each child. Fee: \$8. 480-350-5800

20221011					
42790	2-5 yrs	F	1/9-1/30	9:15-10 a.m.	ESCA
42791	2-5 yrs	F	1/9-1/30	10:15-11 a.m.	ESCA
Session	2				
42792	2-5 yrs	F	2/13-3/6	9:15-10 a.m.	ESCA
42793	2-5 yrs	F	2/13-3/6	10:15-11 a.m.	ESCA

Spanish; Parent & Child

Learn the basics of Spanish with your child in a positive and interactive setting. Classes will focus on the alphabet, greetings, numbers and shapes. Participants will learn common phrases, commands and etiquette. Bring a messy art shirt/ apron for creating projects, and a book bag to take projects home. Classes instructed by CILLYart4U, www.cillyart4u.wix.com/. Fee: \$39. 480-350-5200 1/23-2/27 43071 2-5 yrs 9:15-10 a.m. KRC

Spring Brochure Available February 12

FSCA

UNIV

6-8 p.m.



Spanish; Preschool Spanish

Introduce your child to a new language through arts and crafts, finger play. games, songs, stories and a variety of movement-based activities that create a safe and natural environment to learn Spanish. Bring a messy art shirt/apron for creating projects, and a book bag to bring projects home. Classes instructed by CILLYart4U, www.cillyart4u.wix.com/. Fee: \$39. 480-350-5200 KRC

43072 31/2-6 yrs F 1/23-2/27 10:15-11 a.m.

S.T.E.P.S Plus

Parents learn effective ways to prepare their children, birth to five, for success. Workshops provide parents with information about child brain development and they include time for parents to interact with their child to apply what they have learned. Child care is provided. Fee: None. 480-350-5802

43012 1mo-5 yrs 1/7-3/11 9:30-11:30 a.m. **ESCA**

Thinking Toddler

NO CODE 3-4 yrs

Expose your child to experiences by building and creating projects with different skill requirements and textures. Developmental appropriate activities will be introduced to promote healthy and positive brain development using the A, B, C's of learning (Attention, Bonding and Communication). Dress appropriately we get messy. Fee: None. To register call 480-858-2306.

Sports

1/7-1/21

10-11 a.m.

KFRC

Soccer; Indoor Soccer Academy

Introduce your child to the joys of the world's most popular sport. Participants will work on soccer skills learning the basics through developmental play. No class 1/19, 2/16. 480-350-5805

42881	3-6 yrs	Th	1/15-3/5	5:30-6:15 p.m.	\$15	ESCA
42921	3-6 yrs	M	1/12-3/2*	6:30-7:15 p.m.	\$10	NCC
42882	7-10 yrs	Th	1/15-3/5	6:30-7:15 p.m.	\$15	ESCA
42922	7-10 yrs	M	1/12-3/2*	7:30-8:15 p.m.	\$10	NCC



Register for classes online www.Tempe.gov/Brochure



Sportball classes foster a learning environment for children where they can learn new skills and explore their environment. We respectfully request parents to drop off their children for

programs as parents can sometimes be a distraction. If a child is anxious, a parent may stay during the class and Sportball coaches will work with parent and child to reach a level of comfort. Classes are available to children ages 3-8 years olds; refer to the alternate age group for activity codes. 480-350-5201.

Sportball; Basketball

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Basketball. Skills include: shooting, ball handling, passing, defense, offense, footwork, teamwork and positional play. *No class 2/1 Required Supply Fee: \$18 Fee: See below for 5 and 9-week class fees

(luss 2/ i	. Neguirea s	Juppiy	1 CC. \$ 10. 1 CC. 50	ac below for a drid a	WCCK Cla	33 1003.
42426	3-6 yrs	Th	1/8-2/5	4:45-5:45 p.m.	\$55	KRC
42801	3-6 yrs	Su	1/11-3/15*	2:30-3:30 p.m.	\$89	KRC
42427	3-6 yrs	Th	2/12-3/12	4:45-5:45 p.m.	\$55	KRC
42803	3-6 vrs	Su	2/15-3/15	2:30-3:30 p.m.	\$55	KRC

Sportball; Multi-Sport

Certified Sportball coaches use developmentally appropriate methods to introduce, practice and refine skills and concepts involved in hockey, soccer, baseball, basketball, volleyball, football and more. The Sportball methodology builds confidence and reinforces the benefits of teamwork. *No class 2/1. Required Supply Fee: \$18 Fee: See below for 5, 9 and 10-week class fees

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	42833	3-6 yrs	F	1/9-2/6	5:30-6:30 p.m.	\$55	KRC
	42430	3-6 yrs	Sa	1/10-3/14	10:30-11:30 a.m.	\$99	KRC
	42831	3-6 yrs	Su	1/11-3/15*	10:45-11:45 a.m.	\$89	KRC
	42834	3-6 yrs	F	2/13-3/13	5:30-6:30 p.m.	\$55	KRC
	42431	3-6 yrs	Sa	2/14-3/14	10:30-11:30 a.m.	\$55	KRC
	42832	3-6 yrs	Su	2/15-3/15	10:45-11:45 a.m.	\$55	KRC

Sportball; Parent & Child

Parents help develop their child's introductory physical skills and confidence. It also help parents understand teaching techniques that can be applied outside of Sportball classes. Classes focus on refining, rehearsing and repeating skills and playing games in a fun, non-competitive environment. *No class 2/1. Required Supply Fee: \$18. Fee: See below for 5 and 9-week class fees.

42434	2-4 yrs	Sa	1/10-2/7	9:15-10 a.m.	\$55	KRC
42435	2-4 yrs	Su	1/11-3/15*	9:30-10:15 a.m.	\$89	KRC
42799	2-4 yrs	Sa	2/14-3/14	9:15-10 a.m.	\$55	KRC
42800	2-4 yrs	Su	2/15-3/15	9:30-10:15 a.m.	\$55	KRC

Sportball; Soccer

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Soccer. These include throw-ins, dribbling, trapping, passing and goalie skills. Sportball provides all equipment. *No class 1/19 or 2/16. **No class 2/1. Required Supply Fee: \$18. Fee: See below for 5, 8 and 9-week class fees.

42444	3-6 yrs	M	1/5-3/9*	5:15-6:15 p.m.	\$81	KRC	
42445	3-6 yrs	Sa	1/10-2/7	11:30 a.m12:30 p.m.	\$55	KRC	
42447	3-6 yrs	Su	1/11-3/15**	11:45 a.m12:45 p.m.	\$89	KRC	
42446	3-6 yrs	Sa	2/14-3/14	11:30 a.m12:30 p.m.	\$55	KRC	
42837	3-6 yrs	Su	2/15-3/15	11:45 a.m12:45 p.m.	\$55	KRC	

Sportball: T-Ball

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in T-ball. Skills include throwing, catching. correct batting form, running bases, fielding and positional play. Please bring a baseball glove. *No class 2/1. Required Supply Fee: \$18. Fee: See below for 5 and 9-week class fees.

42436	3-6 yrs	Sa	1/10-2/7	12:30-1:30 p.m.	\$55	KRC
42438	3-6 yrs	Su	1/11-3/15*	1:30-2:30 p.m.	\$89	KRC
42437	3-6 yrs	Sa	2/14-3/14	12:30-1:30 p.m.	\$55	KRC
42439	3-6 yrs	Su	2/15-3/15	1:30 – 2:30 p.m.	\$55	KRC

Registration begins December 8; classes begin January 5 unless noted otherwise within class descriptions.

No classes January 19 or February 16. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for youth. Additional offerings for youth may be viewed in the Activities for Tots (0-5 Years) and Activities for Teens (12-18 Years) sections.

YOUTH CLASS GUIDELINES

- For your child's safety, children 5-years-old and under must be accompanied to-and-from the classroom.
- Children 5-years-old and under who are enrolled in back-to-back classes must be released to a parent between classes. Teachers and staff will not be responsible for making sure your child gets to his/her next class.
- Classes are designed for the ages listed. Children must meet the age requirement as of the first class.
- Children must be able to participate independently except in specified parent/child activities.
- Children must be toilet-trained for all classes without parents.
- Observers and non-registered individuals including siblings are not permitted in classes.
- In order to share your child's progress and accomplishments, your child's instructor will designate a time for class observation and sharing.
- Closed-toe shoes are required for all classes (except for some dance classes).
- Tights/leotards and/or loose shorts/t-shirts recommended for dance/ movement classes.
- Secure hair away from face for dance/movement classes.

Arts & Crafts



DIRT ALERT! Art is a messy business; please send children in old clothing. Although aprons are available, they may not protect all clothing. Non-toxic products are used, but may bond with some fabrics.

All Ceramics students must bring their own Cone 10 clay and required small tools to their first class. To view the required list of materials and a listing of local ceramic supply retailers, visit www.tempe.gov/classmaterials or stop by the Edna Vihel Activities Center Front Office, 3340 S. Rural Road.

Ceramics; Beginning Throwing

Create a vessel that may be used in your daily life, or a piece of art to be enjoyed by all. Spin a solid piece of clay into a masterpiece as you are introduced to the potter's wheel through a series of structured drills and projects. Previous ceramics experience required. Fee: \$50. 480-350-5287

42678 8-13 yrs Sa 1/17-3/7 9-11 a.m. VIHEL

Ceramics; Hands in Clay

This studio class teaches students hand-building techniques such as coiling, pinch pots and slabs. Students will have an opportunity to create a number of unique projects and also learn about ceramic history, clay and glaze. No class 1/19, 2/16. Fee: \$50. 480-350-5287

42676 6-8 yrs M 1/12-3/16 4:30-6 p.m. VIHEL

Ceramics; Hands in Clay Parent/Child

Each registered child will work together with a parent to learn the basics of working with clay. Class will teach hand-building techniques which students will use to create projects using a variety of techniques including hand building, pinch pots, coiling, slabs and glazing. Fee: \$40. 480-350-5287

42675 5-7 yrs W 1/14-3/4 4:30-6 p.m. VIHEL

Ceramics: Youth

Express yourself through clay as you start your journey creating beautiful and functional pieces of pottery. Become introduced to hand-building and use of the potter's wheel through a series of skill-focused activities. Learn to finish your pieces as you explore glazing techniques. Fee: \$50. 480-350-5287

42674 8-13 yrs Sa 1/17-3/7 11:15 a.m.-1:15 p.m. VIHEL

Drawing and Painting

Students will draw favorite animals, characters, still lifes and more in this engaging class while learning fundamental art elements including line, shape, texture, color, value and space. Projects geared towards developing drawing and painting skills within each theme. Class will encourage creativity and the joy of creating art. Fee: \$35. 480-350-5287

42690 7-9 yrs Th 1/15-3/5 4:30-6 p.m. VIHEL

Elements of Art

Develop fundamental art concepts and hone your ability to make artistic decisions. Media exploration is encouraged using markers, pastels, watercolor and acrylic paint, as well as colored pencils. Learn sophisticated art concepts such as form, pattern, texture and contrast through the introduction of the "elements and principals of art." Fee: \$20. 480-350-5287

42732 5-8 yrs T 1/13-3/3 4-4:50 p.m. VIHEL

Folklore, Legends and Fairy Tales

Become one of the characters with this storytelling experience. Play active roles in age-old tales, or help create new ones of mythical proportions. Go beyond Little Red Riding Hood and hear the story from the wolf's point of view. Experience folklore from other lands and become inspired to further explore through art projects, costumes, music and movement. Fee: \$20. 480-350-5287 42696 4-6 yrs T 1/13-3/3 3-3:50 p.m. VIHEL

Holiday Fun

These one day workshops will help you celebrate the holidays in a variety of way. Sing, dance and "travel" the globe. You will make fun holiday décor and gifts from all the places you travel. Fee: \$5. 480-350-5287

Christmas in Germany

Please see page 6 for complete description and class times.

Christmas in France

Please see page 6 for complete description and class times.

Christmas in America

Please see page 6 for complete description and class times.

Spring Brochure Available February 12



Free Art Friday

Please see page 28 for complete description.

Messy Art

There's no need to throw a fit about this art class; just throw some paint instead. You can get your hands dirty, create art and leave the clean-up to us. Squish clav between your toes or see what happens when a paint balloon explodes on your paper. Supplies and techniques used will be fun, funky and above all, messy! No class 1/19, 2/16. Fee: \$20. 480-350-5287

42701 4-6 yrs 1/12-3/16 M

11-11:50 a.m. VIHEL

Play With Clay

Enjoy the feel of wet clay between your fingers as you squish, squash, shape and play. Beyond the sheer joy of creating, the benefits of art for a child include improved concentration and fine motor skills. Stimulate your imagination as you discover the differences and similarities between purchased and handmade clays, while creating amazing pieces of art. Fee: \$20. 480-350-5287 VIHEL 42722 5-8 yrs 1/16-3/6 11-11:50 a.m.

Science Art Lab

Gain an understanding of concepts that will take you beyond the normal art class. As you paint, learn how we perceive colors the way we do and the chemistry behind paint-mixing. Why does clay harden? Discover the answer while making a pinch pot. Explore evaporation, magnetism and how these and other scientific methods can be applied to many areas of art. Fee: \$20. 480-350-5287

42721 6-9 yrs 1/14-3/4

VIHEL

Traveling Trunk

Do other children play the same games as you, or dress the same? Find-out as you explore locations as near as your back door, and as far as the other side of the globe. Travel to unexpected places like the center of the earth, or your inner ear. Amazing discoveries and unique travel opportunities await you as you open our Traveling Trunk. Fee: \$20. 480-350-5287

42727

5-8 yrs

1/16-3/6

3:30-4:20 p.m.

5-5:50 p.m.

VIHEL

Young Artist Exploration

Explore the usual as well as the unexpected materials as you create one-of-akind art. Images of artworks from well-known artists will be used to inspire your paintings, collages and sculptures. This mixed-media class is all about discovery, developing an art vocabulary and stimulating creativity; we're excited to see what unique pieces you'll make each week. Fee: \$20. 480-350-5287 1/14-3/4 42728 5-8 yrs 4-4:50 p.m. VIHEL

Boating

Glow Paddle

Please see page 24 for complete description and paddle time.

Books & Reading

Books and BINGO

Please see page 32 for complete description.

Storybook Chef; Early Childhood Learning Classes

Please see page 8 for complete description and class times.



Dance, Music & Theater

- Tights/leotards and/or loose shorts/t-shirts are recommended for dance/movement classes.
- Secure hair away from face for dance and movement classes.

Ballet; Beginning

Learn the basic steps and graceful movements of Ballet. The class focuses on coordination and rhythm; students learn class etiquette and Ballet terminology such as plié and relevé. In-class stretching will develop flexibility while freestyle dance encourages students to respond individually to various types of music.

No class 1/19, 2/16. Fee: \$20. 480-350-5287 1/12-3/16

42665 6-8 yrs 3-3:50 p.m.

VIHEL

Ballet/Tap Combo

Explore the basic steps of both Ballet and Tap as you learn dance routines that incorporate those basics. Become familiar with Tap terminology such as ballchange, flap, and shuffle. Speak in Ballet terms as you plié, chasse, or relevé. Class emphasizes body discipline, coordination, and helps build confidence in young dancers. Fee: \$20. 480-350-5287

42663 4-6 yrs

Th 1/15-3/5 3-3:50 p.m.

VIHEL

Classical Dance

Take the first steps to building a solid Classical Dance foundation. Class will cover the basics of Ballet, Tap and Jazz; participants will also learn how to incorporate basic steps into a dance routine. Class emphasizes body discipline and coordination. Dancing builds strength by forcing the muscles to resist against a dancer's own body weight. Fee: \$20. 480-350-5287

42683 4-6 yrs 1/13-3/3 3:30-4:20 p.m. VIHEL 42684 4-6 yrs 1/16-3/6 3-3:50 p.m. VIHEL

Creative Drama

You'll be center stage in this introductory theater class for those bitten by the acting bug. Develop performance skills that include role-playing, storytelling, improvisation, and character development. Working as part of an ensemble and participating in theater games helps build communication, social skills, and risktaking. Fee: \$25. 480-350-5287

42725 4-6 yrs Sa 1/17-3/7 VIHEL 1:30-2:20 p.m. 42726 7-10 yrs 1/17-3/7 2:30-3:45 p.m. VIHEL

Dance Mix

Shake off the school day blues and come dance. This energetic combination class will cover a little of everything: Hip-Hop, Pop, Modern and Jazz. Get firedup to your favorite age-friendly TV and radio tunes; come dressed comfortably and ready-to-move. Fee: \$20. 480-350-5287

43069 6-8 yrs

W

1/14-3/4

3-3:50 p.m.

VIHEL

Dance Time

Learn the latest and greatest dance moves as well as "old school" favorites. Get ready for a party, school dance or just dancing around the house. Class is great for working on body isolations and is taught in a fun, relaxed atmosphere. Wear comfortable clothing; age-friendly TV and radio tunes will get you ready to move. Fee: \$20. 480-350-5287

43136 9-12 yrs W 1/14-3/4 4-4:50 p.m. VIHEL

Elements Amazing Electronic Piano

This award-winning method teaches skills using music that you love! Join the largest, most popular keyboard club in Arizona; learn classical and traditional songs, as well as theme songs from movies and TV. For additional information, contact Elements at 480-325-2684. Instructor Fee: \$65; due at the first class. Registration Fee: \$15. 480-350-5200

Level 1 - Beginner

42251	6-12 yrs	W	1/28-3/4	3:45-4:45 p.m.	VIHEL
Level 2	- Intermedia	ate			
42253	6-12 yrs	W	1/28-3/4	5-6 p.m.	VIHEL

Hip-Hop

Can you pop, lock, and drop? In this high-energy, age-appropriate class, kids will learn fun movements, techniques, and combinations danced to their favorite music. The resulting outcome is an energetic class that not only teaches you Hip-Hop, but also instills rhythm and precision in your muscle memory. After a short warm-up, you will hit the floor dancing. Fee: \$20. 480-350-5287

42697 6-8 yrs Th 1/15-3/5 4-4:50 p.m. VIHEI

Latin/Hip-Hop

This fast-paced, high-energy movement class incorporates both styles of dance performed in routines to a great music beat. Steps will be learned through the movement of the dance and absorbed through repetition. Class helps to develop coordination and rhythm. Fee: \$20. 480-350-5287

42698 6-8 yrs T 1/13-3/3 4:30-5:20 p.m. VIHEL

Lyrical Dance

Lyrical dance is a fusion of ballet and jazz techniques, which challenges dancers to use motion to interpret music and express emotion; it tells a story through every movement made. Lyrical dance is expressive, subtle and dynamic, with a combination of technical and naturalistic moves. Previous experience not required. No class 1/19, 2/16. Fee: \$20. 480-350-5287

42700 9-12 yrs M 1/12-3/16 4-4:50 p.m. VIHEL

Musikgarten©; Cycle of Seasons

Please see page 9 for complete description and class times.

Musikgarten©; Music Makers: At Home in the World

Please see page 9 for complete description and class times.

Theater Dance

To succeed in musical theater you need to be a great singer, dancer and actor. That's what's known as 'the triple threat'. Learn ballet, jazz, tap and modern. Learn to move on stage, to project and to gain confidence in front of an audience. Hone your singing skills and get comfortable behind a microphone. Previous experience not required. No class 1/19, 2/16. Fee: \$30. 480-350-5287 42723 7-13 yrs M 1/12-3/16 1-2:50 pm VIHEL

Health & Fitness

Exercise; Family Yogis at Play

Please see page 36 for complete description and class times.

Gymnastics; Level 1

Learn the fundamentals of gymnastics at Gold Medal Gym located in Tempe at McClintock Drive/Elliot Road. Students will be introduced to basic gymnastic skills using four Olympic events: bars, beam, floor, and vault. In addition, basic skills will be demonstrated using a Tumble Track trampoline. Classes are taught by a USA-certified gymnastics staff member. Fee: \$45. 480-350-5200

41981	5-12 yrs	Sa	1/10-1/31	Noon-1 p.m.	GMG
41982	5-12 yrs	Sa	2/7-2/28	Noon-1 p.m.	GMG
41983	5-12 yrs	Sa	3/7-3/28	Noon-1 p.m.	GMG
41984	5-12 yrs	M	1/5-1/26	5:45-6:45 p.m.	GMG
41985	5-12 yrs	M	2/2-2/23	5:45-6:45 p.m.	GMG
41986	5-12 yrs	M	3/2-3/23	5:45-6:45 p.m.	GMG
41987	5-12 yrs	W	1/7-1/28	5-6 p.m.	GMG
41988	5-12 yrs	W	2/4-2/25	5-6 p.m.	GMG
41989	5-12 yrs	W	3/4-3/25	5-6 p.m.	GMG

Gymnastics; Trampoline and Tumbling

Learn basic fundamentals of tumbling using Gold Medal Gym's Tumble Track Trampoline: forward rolls, backward rolls, handstands, handstand drills, cartwheels and round-offs. Develop strength and flexibility; gym staff will assist each student with hands-on spotting techniques to ensure proper body alignment and muscle memory. Fee: \$45. 480-350-5200

42000	8-12 yrs	Τ	1/6-1/27	6-7 p.m.	GMG
42001	8-12 yrs	Τ	2/3-2/24	6-7 p.m.	GMG
42002	8-12 vrs	Τ	3/3-3/24	6-7 p.m.	GMG

Holistic Health and Wellness Workshops

for Families

Please see page 37 for complete descriptions and workshop times.

Let's Get Up and Move®; Fun-N-Fit Kids

Please se	e page 10 1	or com	ipiete description.		
42884	6-12 yrs	Th	1/8-1/29	6:30-7:15 p.m.	WCC
42885	6-12 yrs	Th	2/5-2/26	6:30-7:15 p.m.	WCC

Let's Get Up and Move®; Music, Movement and Tumbling

Please see page 10 for complete description and class times.

Martial Arts: Aikido

Aikido is a defensive martial art based on blending-in with energy and moving from your center. Aikido helps develop discipline and self-control, and teaches valuable self-defense skills. In addition, learn the basics of tumbling, escapes, and various techniques with a focus on awareness and self-defense.

Fee: Youth/\$25; Adult /\$35. 480-350-5200 42068 VIHEL 7 yrs+ Sa 1/10-1/31 9-11 a.m. 42069 Sa 2/7-2/28 9-11 a.m. VIHEL 7 yrs+ 9-11 a.m. 42070 7 yrs+ Sa 3/7-3/28 VIHEL

Martial Arts; Karate Lim Kenpo

Strengthen the importance of family values in this results-oriented Karate class. Students will learn self-defense, respect and manners; increased self-confidence and focus. Ongoing, monthly program. Uniform fee \$50 (includes Lim's 3 patches). For more info; contact Patrice Lim at 602-525-8472, or at www.limkenpo.net. Fee: \$50. 480-350-5200

41913	4-12 yrs	T/Th	1/6-1/29	5-6 p.m.	KRC
41914	4-12 yrs	T/Th	2/3-2/26	5-6 p.m.	KRC
41915	4-12 yrs	T/Th	3/3-3/26	5-6 p.m.	KRC
41916	4-12 yrs	W/F	1/2-1/30	5:30-6:30 p.m.	CRC
41917	4-12 yrs	W/F	2/4-2/27	5:30-6:30 p.m.	CRC
41918	4-12 yrs	W/F	3/4-3/27	5:30-6:30 p.m.	CRC

Martial Arts; Peaceful Warrior - Level I

Class focuses on basic self-defense principles of Karate (empty-handed fighting) and Aikijujutsu (joint locks, throws and grappling). Importance of non-violence, courtesy, respect, and discipline are emphasized. Class taught by Sensei John Rich. Fee: \$52. 480-350-5200

42040 6 yrs+

Sa

Noon-1:15 p.m.

PAC

Martial Arts; Peaceful Warrior: Level II & III

1/3-3/21

Prerequisite: Prior approval from instructor. Class focuses on basic self-defense principles of Karate (empty-handed fighting) and Aikijujutsu (joint locks, throws and grappling). Importance of non-violence, courtesy, respect and discipline are emphasized. Class taught by Sensei John Rich. Fee: \$52. 480-350-5200 42041 6 yrs+ 1/3-3/21 1:30-2:30 p.m. PAC

Special Interest



Crochet; Family Crochet

Crochet with your family! All levels welcome; no experience necessary. Develop skills to foster or continue family Crochet traditions. Create patterns for projects to display, or to give as gifts. Complete existing projects with instructor guidance. Class Supplies: Two skeins, four-ply worsted weight yarn, two crochet hooks (H, I or J) and one small scissors. Fee: \$18. 480-350-5266 PAC 42826 8 yrs+ Sa 1-3 p.m. 1/31-2/7

Horsemanship Learn how to handle, groom, lead, tack-up and ride a horse at West Wind Stables, 202 E. Lehi Road, Mesa. Gain confidence and have fun! Explore horses through art projects and other activities. Participants must wear long pants, closed-toe shoes and a round bike helmet. Parent or Guardian: A \$10 materials fee is due to the instructor on the first day of class. Fee: \$63. 480-350-5200

6-12 yrs W 1/14-2/4 4:30-5:30 p.m. 42814 42815 6-12 yrs W 2/18-3/11 4:30-5:30 p.m. **WWS**

Hunter Education

Please see page 41 for complete description and class times.





I Can Cook! Junior Chef Cooking Series

Join Chef Trena Jones for a fun-filled night of cooking. Practice basic culinary skills; learn how to prepare your favorite dishes. Explore recipes, old and new, sweet and savory. Amaze, astound and entertain your family and friends as you convince them that yes, you can cook! Wear your apron and/or old clothes to class; class activity may be messy. Fee: \$18 per class. An additional \$5 supply fee is due to the instructor at the beginning of each class. 480-350-5200

The Main Dish: Mexican

Learn how to create homemade guacamole and salsa. Press your own corn tortillas and make a batter that will be used in chicken and/or cheese enchiladas.

42751 8-12 yrs F

5:30-8:30 p.m.

CSC

The Soup Shop

Corn Chowder and Potato Rosemary Soup are simple to make at-home. Join Chef Trena and learn how to make a tasty chicken stock from scratch. Fee: \$18. 42752 8-12 yrs F 5:30-8:30 p.m.

Mac Attack!

Learn the secrets to creating creamy, crowd-pleasing homemade Mac and Cheese. Compare your creation to the typical boxed variety. Fee: \$18. 8-12 yrs F 5:30-8:30 p.m. **CSC**

The Main Dish: Italian

Make your Italian favorites as you explore different types of pastas. Menu: Spaghetti, Gnocchi and a special sauce. Fee: \$18.

42756 8-12 yrs F

5:30-8:30 p.m. CSC

Pizza Party

Making pizza from scratch can be easy and fun for the whole family! Learn the tricks to rolling pizza dough, create a homemade sauce, and finish off with a variety of fresh toppings. Fee: \$18.

8-12 yrs F 42757

5:30-8:30 p.m.

CSC

I Can Bake!; Junior Chef Baking Series

Discover how fun and easy baking can be; join Chef Trena Jones for new baking workshops! You are given all of the tools and ingredients to be creative while learning science and kitchen skills. Wear your apron and/or old clothes to class; class activity may be messy. Fee \$18 per class. An additional \$5 fee is due to the instructor at the beginning of each class. 480-350-5200

Sweet Bread

Explore the art of making delicious, baked sweet breads that everyone will enjoy. Menu: Banana, Pumpkin and Monkey breads. Fee: \$18. 8-12 yrs Sa CSC 42758 1-4 p.m.

Valentine's Chocolate

Valentine's Day is all about chocolate! Discover how to make three flavors of truffles, how to temper chocolate and coat/dip your yummy treats. Fee: \$18. 42759 8-12 yrs Sa 1-4 p.m.

Cupcakes

Cupcakes, cupcakes! Learn how to make homemade cupcakes and frosting. Menu: Chocolate and Vanilla cupcakes, Buttercream Frosting, decorations and plenty of sprinkles! Fee: \$18.

3/14

8-12 yrs Sa 42760

1-4 p.m.

CSC

Let's Get Up and Move®; Junior Science

Explore science; use your hands and brain to try fun experiments. Come and find-out how the world works! Class will be messy; wear appropriate clothing. For additional information, visit www.letsgetup.co. *No class 1/19. Fee: \$39. 480-350-5200

42887 6-12 yrs M 1/5-2/2* 6:30-7:15 p.m. WCC 42888 6-12 yrs M 2/23-3/16 6:30-7:15 p.m. WCC

Let's Get Up and Move®; Pee Wee Science

Please see page 11 for complete description and class times.

North Tempe Winter Break Day Camp

Camp is offered by The Boys & Girls Clubs of the East Valley and is open to boys & girls ages 5-14 (must be currently enrolled in kindergarten). Camp includes field trips (optional low cost fee) and five areas of fun. Lunch is not provided (please pack a sack lunch every day for your child).

Dates: 12/22-1/2

Times: Mon. - Fri. 7:30 a.m.-6 p.m.

Cost: \$70 per week or \$15 per day per child (financial assistance and sibling

discounts available).

Call 480-858-6502 for registration details or email at northtempe@clubzona.org Visit us on the web: www.clubzona.org or www.tempe.gov/northtempe

Pets; Claws and Paws

Please see page 11 for complete description and class times.

Pets; Dogs, Dogs and More Dogs

Learn how to care for your new best friend. Class includes grooming, feeding, bathing, exercising, handling and pet safety. Play games, discuss handouts, watch videos and interact with dogs. Parents are welcome, but space is limited so only registered participants may attend. Fee: \$25. 480-350-5200

42890 6-9 yrs M/W 2/9-2/11 6:30-8 p.m. UNIV

Play-Well TEKnologies®; LEGO® Engineering Mini-Camps

Take a crash course in Demolition Derby, design a Mighty Metropolis, challenge the Battle Track, build and race a locomotive faster than a speeding Worm Drive. Explore concepts in physics, mechanical engineering, structural engineering and architecture while playing with your favorite LEGO® creations. These hands-on, minds-on, one-day workshops are suitable for LEGO® novices and LEGO® maniacs! No materials needed; for additional information, visit www.play-well. org. 480-350-5200

LEGO® Pre-Engineering

Become a Play-Well Engineer! Build cities, bridges, motorized cars and planes. With access to over 100,000 LEGO® pieces, and the support of an experienced Play-Well Engineering instructor, design and construct your dream machine! Fee: \$31.

42225 5-8 yrs Sa 1/10 1-4 p.m. LTLC

LEGO® Engineering Fundamentals

From LEGO® Gear Cars to Battletracks, explore concepts in physics, architecture, and mechanical and structural engineering. Play-Well's engineer-designed curriculum challenges new and returning students to reach higher levels of engineering comprehension. Let's start building! Fee: \$31.

42234 7-12 yrs Sa 1/24 1-4 p.m. LTLC

Spring Brochure Available February 12

LEGO® Construction Vehicles and Machines

Dig-in to engineering with big trucks, construction vehicles and super machines. Explore the engineering terms, concepts and vocabulary behind large-scale building machines. Construct and learn about steamrollers, bulldozers, wrecking balls, tower cranes and more! Fee: \$31.

42240 5-8 yrs Sa 2/7 1-4 p.m. LTLC

LEGO® Bash Em' Bots

Want to learn how to build massive, motorized machines? Re-engineer standard LEGO® vehicles into mechanized machines that can traverse challenging obstacles and battle fellow bots. Take-on Play-Well's colossal creations! Fee: \$31. 42241 8-13 yrs Sa 2/21 1-4 p.m. LTLC

LEGO® Jedi Engineering

Defeat the Empire by designing and refining X-Wings, R2-Units and Settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets. Fee: \$31.

42243 5-8 yrs Sa 3/7 1-4 p.m. LTLC

Play-Well TEKnologies®; LEGO® Engineering Camps - Spring Break!

Are you looking for a fun way to spend your spring break? Join Play-Well TEKnologies® for additional hands-on, minds-on, week-long camps suitable for LEGO® novices and LEGO® maniacs! No materials needed; Play-Well provides over 100,000 LEGO® pieces for each camp! For additional information, visit www.play-well.org. 480-350-5200

Mine, Craft and Build Using LEGO®

Bring Minecraft® to life with LEGO®! Build a walking Creeper, a terrifying Ghast and a motorized Minecart. Explore real-world physics, engineering and architecture concepts while building your favorite Minecraft® objects. Join us for this ultimate experience designed by Play-Well instructors. Fee: \$31. 42250 7-12 yrs M-F 3/9-3/13 9 a.m.-Noon CRC

Sewing; Mommy and Me

Experience the joy of sewing together! Use basic hand-sewing stitches and machine techniques to create one-of-a-kind projects. Learn new skills that may be passed-on from generation to generation. Bring basic sewing supplies and sewing machine to class. Instructor: Kathleen. For a complete list of class materials, visit www.tempe.gov/classmaterials. Fee: \$39. 480-350-5200
42866 8 yrs+ W 1/7-2/4 5:30-7:30 p.m. PAC

Sewing; Youth

Experience the joy of sewing together! Use basic hand-sewing stitches and machine techniques to create one-of-a-kind projects. Learn new skills that may be passed-on from generation to generation. Bring basic sewing supplies, sewing machine and a pattern to class. Instructor: Kathleen. For a complete list of class materials, visit www.tempe.gov/classmaterials. Fee: \$39. 480-350-5200 42883 8-14 yrs Sa 1/17-2/14 1-3 p.m. PAC

Spanish; Youth

An interactive, full-immersion Spanish class for beginners. Practice vocabulary and commands; develop basic Spanish conversation skills. Learn about Hispanic culture through music, games, arts, crafts and more! Class is instructed by Mi Escuela Spanish Academy, http://miescuelaspanishacademy.com. Fee: \$39. 480-350-5200

42828 7-12 yrs W 1/14-3/4 5-6 p.m. WCC

Tie Dye

Take an old white shirt suffering from the "dingies" and turn it into a rainbow masterpiece. Participants will take pride by dying their own garments. Limit 4 items per person. Items that work best are 100% cotton, but 50% cotton/50% polyester will work too. Fee: \$5. 480-350-5800

42802 8-13 yrs Th 2/5 **ESCA** 4-5 p.m.

Winter Spelling Bee

Sign up to compete with other spellers your age. This competition will be challenging and fun at the same time. Prizes will be awarded to winners. Fee: \$1.480-350-5800

6-14 yrs Th **ESCA** 42804 2/26 4-5 p.m.

Sports









Archery; Archery 101

Hone skills and improve your aim, focus and concentration. Develop confidence on the range and create a foundation for strength and accuracy. Perfect for families. A \$90 materials fee is due to the instructor on the first day of class; fee is not eligible for scholarship program. www.archeryacademy.com. Fee: \$25. 480-350-5200

42620 1/18-2/22 1:30-2:30 p.m. 8 vrs+

Basketball; Small Ball Hoops, Grades K-3

Small Ball is designed to assist beginners with the game of basketball. Players will be introduced to key fundamentals of offense and defense. Man to man and zone concepts will be taught. In the first two weeks, players will prepare for the season in Small Ball Camp; remaining weeks include practices followed by four 6-minute-quarter games. Uniform included. Fee \$89. 480-350-5222

43023	Co-Rec	Gr. K-1	Sa	1/17-2/28	9-10:15 a.m.	KRC
43024	Boys	Gr. 2-3	Sa	1/17-2/28	10:30 a.m11:45 a.m.	KRC
43025	Girls	Gr. 2-3	Sa	1/17-2/28	11:45 a.m1 p.m.	KRC
43026	Co-Rec	Gr. 2-3	Sa	1/17-2/28	9-10:15 a.m.	ESCA
43027	Co-Rec	Gr. K-1	Sa	1/17-2/28	10:30 -11:45 a.m.	ESCA



Basketball; Rec. Hoops; Grades 4-5

First Day/Skills Assessment

Grades 4-5 Boys & Girls 1/10 **KRC** 9-11 a.m.

Last Day/Program Celebration

Grades 4-5 Boys & Girls 2/28 1-6 p.m.

Peter Piper-1805 E Baseline Rd.

Team Formation Guidelines: Grades 4-5

- 1. Players are tentatively placed on teams by City of Tempe staff members prior to participating in a skills assessment on the first day of camp.
- 2. All participants must go through a camp skills assessment prior to being placed on a team. Participants who miss the first day of the program must arrive 30 minutes early to the next scheduled program date.
- 3. Limited friend/coach requests will be allowed per team.

Basketball; Rec. Hoops, Grades 4-5

Team practices held during the week with games held on Saturdays. Athletes will receive a reversible jersey and an award. The winter season will include playoffs and a championship game. Players of all skill levels are welcome. Players will be invited to attend ASU basketball games and a celebration at Peter Piper Pizza. Outstanding players will be recognized. Fee: \$89. 480-350-5222

Boys/Girls Gr. 4-5 Sa 1/10-2/2811 a.m., Noon, 1, 2 p.m. NCC Parents/adults are invited to serve as volunteer coaches. Contact Coach Key for details at 480-350-5222.

Want to keep a good class going? Register early!



and Para Swing by for a good time!

6005 S. All-America Way Batting Range Tempe, AZ 85283 • 480-350-5727

- Tokens \$1.25 each = 1 game / 14 pitches
- 10 baseball machines with speeds from 30-75 mph
- 6 slow-pitch softball machines
- 2 fast-pitch softball machines, 40 & 60 mph
- T-ball area for the "little slugger"
- Walk in pro-shop offering batting gloves and accessories
- General concessions
- Group and Team Cage Rentals
- Birthday & Team Party packages

Month of December CLOSED for facility renovation

Beginning January 5, 2015: Monday-Friday

	Saturday & Sunday	Noon-5 p.m.
Beginning February 7	, 2015:	
	Monday-Friday	5-9 p.m.
	Saturday	Noon-6 p.m.
	Sunday	4-9 p.m.
Holiday Hours:	Christmas Eve, Dec 24 Christmas Day, Dec 25 New Year's Eve, Dec 31 New Year's Day, Jan 1 MLK Day, Jan 19 Presidents Day, Feb 16	CLOSED CLOSED CLOSED CLOSED CLOSED CLOSED

Cage Reservations:

Did you know that your team can exclusively reserve a batting cage? Here's how. Call the Batting Range at 480-350-5727 at least 3 days prior to the day you wish to visit or reserve online! Reservation fee is \$25.00 for one-hour of exclusive use of one cage and includes 35 tokens. A minimum of 8 players is required to make a reservation. We hope to see your team soon!

3-7 p.m.



Junior Golf

Each class is open to ages 6-17 of all skill levels. Instruction includes: putting, chipping, full swing, rules and etiquette. Sessions may include on-course practice. Junior clubs if you don't have your own. Low student to instructor ratio. Certain sessions may require instructor approval. No class 2/14, 3/11, 3/13, 3/15, 3/16, 4/5, 4/25, 5/10. Contact: Mike Bochenek 480-350-5248 mike_bochenek@tempe.gov

42941 42942 42943 42944 42945 42946 42947 42948	T Th Th Sa Sa Su Su Su	1/6-1/27 1/8-1/29 1/8-1/29 1/3-1/24 1/3-1/24 1/4-1/25 1/4-1/25 1/4-1/25	3:45-5:15 p.m. 3:45-4:30 p.m. 4:45-5:30 p.m. 3:30-4:15 p.m. 4:30-5:15 p.m. 2-2:45 p.m. 3-4:30 p.m. 4:30-6 p.m.	\$60 \$35 \$35 \$35 \$35 \$35 \$35 \$60 \$60	KMGC KMGC KMGC KMGC KMGC KMGC KMGC KMGC
42949 42950 42951 42952 42953 42954 42955 42956 42957	T Th Th Sa Sa Su Su Su Su	2/3-2/24 2/5-2/26 2/5-2/26 1/31-2/28 1/31-2/28 2/8-3/1 2/8-3/1 2/8-3/1 2/8-3/1	4:15-5:45 p.m. 4-4:45 p.m. 5-5:45 p.m. 4-4:45 p.m. 4:45-5:45 p.m. 1:30-2:15 p.m. 2:30-3:15 p.m. 3:30-5 p.m. 5-6:30 p.m.	\$60 \$35 \$35 \$35 \$35 \$35 \$35 \$60 \$60	KMGC KMGC KMGC KMGC KMGC KMGC KMGC KMGC
42958 42959 42960 42961 42962 42963 42964 42965 42966	T Th Th Sa Sa Su Su Su Su	3/3-3/31 3/5-4/2 3/5-4/2 3/7-3/28 3/7-3/28 3/15-4/12 3/15-4/12 3/15-4/12	4:45-6:15 p.m. 4:30-5:15 p.m. 5:30-6:15 p.m. 4:30-5:15 p.m. 5:30-6:15 p.m. 2-2:45 p.m. 3-3:45 p.m. 4-5:30 p.m. 5:30-7 p.m.	\$60 \$35 \$35 \$35 \$35 \$35 \$35 \$35 \$60 \$60	KMGC KMGC KMGC KMGC KMGC KMGC KMGC KMGC
42967 42968 42969 42970 42971 42972 42973 42974 42975	T Th Th Sa Sa Su Su Su Su	4/7-4/28 4/9-4/30 4/9-4/30 4/4-5/2 4/4-5/2 4/19-5/17 4/12-5/17 4/12-5/17	5:15-6:45 p.m. 5-5:45 p.m. 6-6:45 p.m. 5-5:45 p.m. 6-6:45 p.m. 2:30-3:15 p.m. 3:30-4:15 p.m. 4:30-6 p.m. 6-7:30 p.m.	\$60 \$35 \$35 \$35 \$35 \$35 \$35 \$35 \$60 \$60	KMGC KMGC KMGC KMGC KMGC KMGC KMGC KMGC

A junior golf skills competition for ages 6-17 will be held Saturday, April 25. For information regarding the skills competition, call Mike Bochenek, 480-350-5248.

AAA Softball; LadyHawks Youth Softball

The LadyHawks Youth Softball program has a spot for every skill and experience level and offers fun competitive and instructional age groups for participants grades K thru 8. Parent volunteers are needed (see softball coaches training and orientation information below). Call or email Bobbi Jones at 480-350-5267 or bobbi jones@tempe.gov.

Softball; Volunteer Coaches needed: City of Tempe requires all coaches to complete the AIA Academy's Coaches Training and background check every two years. Coaches are needed at all levels; and the training, background checks, and reference materials are provided free.

AAA Softball; Coaches' Training and Orientation

Wednesday Feb. 8th, 2015 6pm - 8:30pm

City of Tempe Library: 3500 S. Rural, Tempe Call Bobbi Jones at 480-350-5267 to RSVP.

AAA-1 Softball; LadyHawks Fastpitch Leagues

Age is calculated based on the participant's age as of January 1, 2015. Aimed at developing the young athletic interested in playing softball in competitive middle school, club or high school softball, or learning a lifetime sport activity. Games will start at 6 p.m. or 7:30 p.m. All efforts will be made to be finished by 9 p.m. Registration deadline: 2/1 at 5 p.m. Fee: \$86. 480-350-5267

Players may be placed on teams in the following ways:

- 1. Players are assigned by Recreation staff based on school or neighborhood.
- 2. Players may request to play with friends.
- 3. A head coach may recruit and enter a team of up to 12 players.
- 4. Players may request placement on a team with approval from coach. Web Site: www.tempe.gov/youthsports

Contact Bobbi Jones at 480-350-5267 or Bobbi Jones@tempe.gov.

AZTEC/LadyHawks Spring Training Softball Camp & Special Skills Clinic

Join Coach Jeep Ray, Corona del Sol High School's Head Varsity Softball Coach for the coolest softball camp around. First pitcher/catcher's clinic from 8:30-9:30 a.m., then general session from 9:45 a.m. to noon. Fee: Clinic - \$25, general session-\$50, both clinic and general session - \$65. Each pre-registered participant will receive a camp t-shirt.

Participe	and with receive a carr	ip comit.				
43081	Pitch/Catch Clinic	Gr. 4-8	Sa	1/10	8:30-9:30 a.m.	CDS
43080	General Session	Gr. K-8	Sa	1/10	9:45 a.mNoon	CDS
43082	General & Clinic	Gr. 4-8	Sa	1/10	8:30 a.mNoon	CDS

A-1 Baseball/Softball "JetHawks" T-Ball

Geared for both boys and girls, children will be taught the basics of throwing, hitting, fielding and base running. The first day, Wednesday, March 12, participants should meet at field to get team assignment, meet the coach and have their first practice. Fee: \$60. 480-350-5267

42932 Gr. preK-1 W/Sa 3/18-5/9 6-7:30 p.m./8-9:30 a.m. KTWB/PAL

A-2 Softball; Coach Pitch

For girls only. All participants should meet at the field on Wednesday, March 12. The format will consist of station drills and move to game situations. Teams will meet twice weekly with no additional practices held. Fee \$60. 480-350-5267 42931 Gr. 2-3 W/Sa 3/19-5/10 6-7:30 p.m./8-9:30 a.m. KTWB/PAL

Register for classes online www.Tempe.gov/Brochure

A-3 Softball; Minors ("10U"- Gr. 3, 4, and some 5)

Teams will be formed and practices held beginning March 1. The Minors division emphasizes skill development, especially pitching and catching. The format consists of coached scheduled practices and 10 scheduled games played on Tuesday/Wednesday/Thursday and/or Saturday. Fee \$60. Team jerseys are provided.Call/ email Bobbi Jones at 480-350-5267 bobbi_jones@tempe.gov

Use this code if you need to be assigned to a team.

42930 Use this code if you already have a team and coach approval

10U T/W/TH/Sa 3/1-5/24 6 p.m. or Sat a.m. **VARIOUS**

A-4 Softball; Girls 12U Community & Club Fast **Pitch Division**

Come as a team or be assigned to a team. Participants should be 10, 11 or 12 and currently-enrolled in grades 5 or 6. Season includes 12 scheduled games and a post-season tournament. Team jerseys are provided. Long pants with slider shorts/shin guard protectors are required and are the responsibility of player. Games will be held on Monday /Wednesday and Saturday. Fee: \$86. 480-350-5267

Use this code if you need to be assigned to a team. 42928

Use this code if you already have a coach 42933

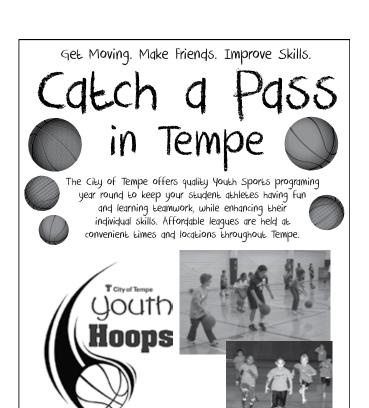
M/T/W/Th/Sa 6 or 7:30 p.m. DAL/KTWB 12U 3/17-5/23

Softball; Ladyhawks, Girls 14U Fast Pitch League, Grades 7-8

Please see page 22 for complete description.

Rock-Climbing; Climbers Only for Teens

Please see page 22 for complete description and class times.



www.tempe.gov/youthsports



Sportball classes foster a learning environment for children where they may learn new skills and explore their environment. We respectfully request parents to drop-off their children for

programs as parents may sometimes be a distraction. If a child is anxious, a parent may stay during the class and Sportball coaches will work with parent and child to reach a level of comfort. Classes are available to children ages 3-8 years: refer to the alternate age group for activity codes. 480-350-5201.

Sportball; Baseball

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Baseball. Skills include throwing, catching, correct batting form, running bases, fielding and positional play. Coaches are trained athletes. Please bring a baseball glove. *No class 2/1. Required Supply Fee: \$18. Fee: See below for 5 and 9-week class fees.

6-10 yrs	F	1/9-2/6	5:30-6:30 p.m.	\$55	KRC
6-10 yrs	Sa	1/10-2/7	12:30-1:30 p.m.	\$55	KRC
6-10 yrs	Su	1/11-3/15*	1:30-2:30 p.m.	\$89	KRC
6-10 yrs	F	2/13-3/13	5:30-6:30 p.m.	\$55	KRC
6-10 yrs	Sa	2/14-3/14	12:30-1:30 p.m.	\$55	KRC
6-10 yrs	Su	2/15-3/15	2-3 p.m.	\$55	KRC
	6-10 yrs 6-10 yrs 6-10 yrs 6-10 yrs	6-10 yrs Sa 6-10 yrs Su 6-10 yrs F 6-10 yrs Sa	6-10 yrs Sa 1/10-2/7 6-10 yrs Su 1/11-3/15* 6-10 yrs F 2/13-3/13 6-10 yrs Sa 2/14-3/14	6-10 yrs Sa 1/10-2/7 12:30-1:30 p.m. 6-10 yrs Su 1/11-3/15* 1:30-2:30 p.m. 6-10 yrs F 2/13-3/13 5:30-6:30 p.m. 6-10 yrs Sa 2/14-3/14 12:30-1:30 p.m.	6-10 yrs Sa 1/10-2/7 12:30-1:30 p.m. \$55 6-10 yrs Su 1/11-3/15* 1:30-2:30 p.m. \$89 6-10 yrs F 2/13-3/13 5:30-6:30 p.m. \$55 6-10 yrs Sa 2/14-3/14 12:30-1:30 p.m. \$55

Sportball: Basketball

Please see complete description on page 12. Required Supply Fee: \$18. Fee: See

DCIOVV.						
42428	6-10 yrs	Th	1/8-2/5	6-7 p.m.	\$55	KRC
42429	6-10 yrs	Th	2/12-3/12	6-7 n m	\$55	KRC

Sportball; Multi-Sport

Please see complete description on page 12. *No class 2/1. Required Supply Fee: \$18. Fee: See below for 5 and 9-week class fees.

42432	6-10 yrs	Su	1/11-3/15*	10:45-11:45 a.m.	\$89	KRC
42433	6-10 yrs	Su	2/15-3/15	10:45-11:45 a.m.	\$55	KRC

Sportball; Soccer

Please see complete description on page 12. *No Class 1/19 or 2/16. **No class 2/1. Required Supply Fee: \$18. Fee: See below for 5, 8 and 9-week class fees.

2/ 1. Requ	2/ 1. Required Supply 1 cc. \$10. 1 cc. See Below 101 5, 6 and 5 week class 1ccs.							
42440	6-10 yrs	M	1/5-3/9*	5:15-6:15 p.m.	\$81	KRC		
42441	6-10 yrs	Sa	1/10-2/7	11:30 a.m12:30	p.m.\$55	KRC		
42443	6-10 yrs	Su	1/11-3/15**	11:45 a.m12:45	p.m.\$89	KRC		
42442	6-10 yrs	Sa	2/14-3/14	11:30 a.m12:30	p.m.\$55	KRC		
42838	6-10 yrs	Su	2/15-3/15	11:45 a.m12:45	p.m.\$55	KRC		

Sportball; Volleyball

Certified Sportball coaches develop competence and confidence in teaching the fundamental skills necessary to excel in Volleyball. Skills include: serve, bump, set, spike, volley, and positional play. Coaches are trained athletes who have a passion for sharing their love of Volleyball. Sportball provides all equipment. Required Supply Fee: \$18. Fee: See below.

42839	8-12 yrs	Sa	1/10-2/7	10:30 a.m11:30 a.m.\$55	KRC
42840	8-12 yrs	Sa	2/14-3/14	10:30 a.m11:30 a.m.\$55	KRC

www.Tempe.gov/FamilyActivities for upcoming Tempe events!

Registration begins December 8; classes begin January 5 unless noted otherwise within class descriptions.

No classes January 19 or February 16. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for teens. Additional offerings for teens may be viewed within the Adults (18+ Years) section.

Arts & Crafts

To view class materials lists, visit www.tempe.gov/classmaterials or visit the Edna Vihel Activities Center Front Office, 3340 S. Rural Road, Tempe. Students must bring all materials to the first class unless otherwise noted within class description.

All Ceramics students must bring their own Cone 10 clay and required small tools to their first class. To view the required list of materials and a listing of local ceramic supply retailers, visit www.tempe.gov/classmaterials or stop by the Edna Vihel Center

Ceramics; Beginning Throwing – Teen

This studio class utilizes skills learned in Youth Ceramics while focusing on wheel-throwing and glazing techniques. Students will create both functional and decorative works of art through a series of hands-on activities. Class is designed for students with previous ceramics experience. Fee: \$55. 480-350-5287 42681 13-16 yrs F 1/16-3/6 3-5 p.m. VIHEL

Boating

Float Test - Rowing Classes Only (NOT Kayak or SUP)

All Rowing participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video. If you have Rowing experience but are new to the City of Tempe Rowing Program, you must fulfill this requirement. For additional information, please contact the Boating Office at 480-350-8069.

Glow Paddle

Please see page 24 for complete description and times.

Junior Learn to Row

This session will give athletes a chance to find out if rowing is for them and learn the basics of rowing before they join the team. The float test will be held on Monday 1/5 at Kiwanis Recreation Center at 5pm. Class fee is applied to Junior Rowing Team if participant registers for the winter session. Fee: \$75. 480-350-8069.

42619 13 yrs+ M/T/W/Th/F 1/5-1/9 4-6 p.m. TTLM

Junior Rowing

Our Junior Recreational Rowing Program trains competitively for racing around the West Coast. Join one of the fastest growing sports in the nation. Float test for first-time rowers will be held 1/5 at Kiwanis Recreation Center pool from 5-6 p.m. Come down to the lake and try this sport for improved fitness and a lot of fun. Fee: \$522. 480-350-8069

42605 13 yrs+ M/T/W/Th/F 1/5-5/5 4-6 p.m. TTLM

Health & Fitness

Gymnastics; Trampoline and Tumbling for Teens

Learn basic fundamentals of tumbling using Gold Medal Gym's tumble track trampoline: forward rolls, backward rolls, handstands, handstand drills, cartwheels and round-offs. Develop strength and flexibility; gym staff will assist each student with hands-on spotting techniques to ensure proper body alignment and muscle memory. Fee: \$45. 480-350-5200

42006	13-15 yrs	M	1/5-1/26	6:45-7:45 p.m.	GMG
42007	13-15 yrs	M	2/2-2/23	6:45-7:45 p.m.	GMG
42008	13-15 yrs	M	3/2-3/23	6:45-7:45 p.m.	GMG

Health & Fitness Classes

Please see page 36 for complete descriptions and class times.



Holistic Health and Wellness Workshops

Please see page 37 for complete descriptions and workshop times.

Martial Arts Classes

Please see page 38 for complete listing of all descriptions and class times.

Pilates Classes

Please see page 38 for complete listing of all descriptions and class times.

Yoga Classes

Please see page 39 for complete listing of all descriptions and class times.

Drop-In Fitness Classes

Please see page 40 for complete listing of all descriptions and class times.

Special Interest



Babysitting & Child Care

This babysitting course helps students build confidence, self-esteem and the skills necessary to care for infants and children on a daily basis and in emergency situations. Students will receive a babysitter's bag and first aid kit.

Participants receive a babysitter's certification card. Required supply fee: \$24; Fee: \$25. 480-350-5201

42420 10-16 yrs Tu 1/13 4-7:30 p.m. KRC 42940 10-16 yrs Tu 2/10 4-7:30 p.m. KRC

Babysitting Class plus CPR

This one day class provides students with the knowledge and skills to confidently care for young children. Participants learn how to respond to emergencies and illness with first aid, CPR and other appropriate care along with the babysitting basics. Participants receive a babysitter's and CPR certification card. Bring a non-perishable sack lunch. Supply fee: \$32; fee: \$58. 480-350-5201

42421 11-16 yrs Th 3/12 9 a.m.-4 p.m. KRC

Register for classes online www.Tempe.gov/Brochure

Activities for Teens (12-18 Years)

Cooking Classes; Chef JoAnne Groot

Please see page 40 for complete descriptions and class times.

Crochet Classes

Please see page 41 for complete descriptions and class times.

Gardening Classes

Please see page 41 for complete descriptions and class times.

Hunter Education

Please see page 41 for complete descriptions and class times.

I Can Cook! Junior Chef Cooking Series

Please see page 16 for complete descriptions and class times.



I Can Bake! Junior Chef Baking Workshops

Please see page 16 for complete descriptions and workshop times.

Let's Get Up and Move®; Junior Science

Please see page 17 for complete description and class times.

North Tempe Winter Break Day Camp

Please see page 17 for complete description.

Pets: Save-A-Pet

Please see page 41 for complete description and class times.

Photography; DSLR Basics

Please see page 41 for complete description and class times.

Sewing Classes

Please see page 42 for complete descriptions and class times.

Tie Dye

Please see page 18 for complete descriptions and class times.

Sports











Please see page 18 for complete description and class times.

Basketball; Rec. Hoops; Grades 6-8

First Day/Skills Assessment

Grades 6-8 Girls Sa 1/10 11:30 a.m.-1:30 p.m. KRC Grades 6-8 Boys Sa 1/10 2-4 p.m. KRC

Last Day/Program Celebration

Grades 6-8 Boys & Girls Sa 2/281-6 p.m. Peter Piper-1805 E Baseline Rd.

Team Formation Guidelines: Grades 6-8

- 1. Players are tentatively placed on teams by City of Tempe staff members prior to participating in a skills assessment on the first day of camp.
- 2. All participants must go through a camp skills assessment prior to being placed on a team. Participants who miss the first day of the program must arrive 30 minutes early to the next scheduled program date.
- 3. Limited friend/coach requests will be allowed per team.

Basketball; Rec. Hoops, Grades 6-8

Team practices held during the week with games held on Saturdays. Athletes will receive a reversible jersey and an award. The winter season will include playoffs and a championship game. Players of all skill levels are welcome. Players will be invited to attend ASU basketball games and a celebration at Peter Piper Pizza. Outstanding players will be recognized. Fee: \$89. 480-350-5222

43019 Boys Gr. 6-8 Sa 1/10-2/28 1, 2, 3, 4 p.m. ESCA 43020 Girls Gr. 6-8 Sa 1/10-2/28 2, 3, 4 p.m. NCC Parents/adults are invited to serve as volunteer coaches. Contact Coach Key for details at 480-350-5222.

Golf; Junior Golf

Please see page 19 for a complete description and class times. Advanced class: For ages 12-17 with prior playing experience. Includes detailed instruction on all aspects of the game, including on course practice. Call 480-350-5248 for more information.

Rock-Climbing; Climbers Only for Teens

Build self-confidence while enjoying the excitement and challenge of rockclimbing in an indoor, safety-oriented environment. Class includes climbing, bouldering, rappelling, belaying, and safety-awareness. Participants need to arrive 15 minutes prior to the class start time to be fitted for shoes and to complete a waiver form. Fee: \$33. 480-350-5200

42292 11-15 yrs Th 1/8-1/22 6:30-8:30 p.m. ROC 42293 11-15 yrs W 3/11-3/25 6:30-8:30 p.m. ROC

Rock-Climbing; Rock-Climbing and Rappelling

Please see page 43 for complete description and class times.

A-4 Softball; Girls 14U Community & Club Fast Pitch Division

Come as a team or be assigned to a team. Participants should be 10, 11 or 12 and currently-enrolled in grades 5 or 6. Season includes 12 scheduled games and a post-season tournament. Team jerseys are provided. Long pants with slider shorts/shin guard protectors are required and are the responsibility of player. Games held on Mondays /Wednesdays and Saturdays. Fee: \$86. 480-350-5267 Use this code if you need to be assigned to a team.

42934 Use this code if you already have a coach

14U M/T/W/Th/Sa 3/17-5/23 6 or 7:30 p.m. DAL/KTWB

Volleyball; Open Gym, 480-350-800

Please see page 43 for days and times.

Registration begins December 8; classes begin January 5 unless noted otherwise within class descriptions. No classes January 19 or February 16. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for Adults (18+ Years). Additional offerings for adults may be viewed in the Adult (50+ Years) section.

Classes - Participants & Observation:

- · Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.
- Closed-toe shoes are required for ceramics, pottery and jewelry classes.

Arts & Crafts

To view class materials lists, visit www.tempe.gov/classmaterials or visit the Edna Vihel Activities Center Front Office, 3340 S. Rural Road, Tempe. Students must bring all materials to the first class unless otherwise noted within class description.

Ceramics 2

Have you completed Ceramics Survey and want to advance your skills? Try your hand in throwing and hand-building as you explore surface decoration and slip techniques. Instructor will guide you through your selected projects. Fee: \$100. 480-350-5287

42559 18 yrs+ Th 1/15-3/5 6:30-9:30 p.m. VIHEL

Ceramics; Open Studio

Open Studio time is available free of charge to all students currently enrolled in and regularly-attending any adult ceramics class. Open Studio times and dates are Wednesdays, 12:15-3:15 p.m., from January 21 through March 4, and Saturdays, 1:30-4:30 p.m., from January 24 through March 7.



Ceramics; Open Studio-Holiday Session

Join us for this first time ever drop in holiday session. This is your opportunity to finish up those last minute gifts before the holidays arrive. Register for any or all of these special open studio times. This is a non-instructional setting and only experienced students are eligible to register. Fee: \$10. 480-350-5287

41067	18 yrs+	Sa	12/6	Noon-3 p.m.	VIHEL
41063	18 yrs+	W	12/10	Noon-3 p.m.	VIHEL
41068	18 yrs+	Sa	12/13	Noon-3 p.m.	VIHEL

Ceramics; Pottery Club

Do you want time to experiment and hone your skills? This leisurely morning of working in the studio offers students that opportunity. Potters of all skill levels can freely work on the wheel or hand-build; the choice is yours. Guidance and advice will be provided by instructor. Fee: \$100. 480-350-5287

42561 18 yrs+ W 1/14-3/4 9 a.m.-Noon VIHEL

Ceramics; Survey

See what keeps the local community of potters coming back every session as you learn age-old techniques of creating beautiful and functional pieces of art. Build a strong ceramics foundation with an introduction to hand-building, throwing, surface design, and glazing. This is your first step into a journey that may bring you a lifetime of joy. Fee: \$100. 480-350-5287

42562 18 yrs+ T 1/13-3/3 6:30-9:30 p.m. VIHEL



Ceramics; Throwing Beginning/Intermediate

For students who have completed the Ceramics Survey class. Become one with the potter's wheel through a series of drills and projects. Learn glazing techniques to bring your pieces to life and make them uniquely yours. No class 1/19, 2/16. Fee: \$100. 480-350-5287

42563 18 yrs+ M 1/14-3/4 6:30-9:30 p.m. VIHEL

Ceramics; Throwing Intermediate/Advanced

For students who have completed the Ceramics; Throwing Beginning/ Intermediate class. Advance your skills on the wheel while exploring the endless styles and shapes of sculptures that may be created using clay. Experiment with techniques like scrafitto and impression work. Practice glazing and finishing methods to complete the process on your unique pieces. Fee: \$100. 480-350-5287

42564 18 yrs+ W 1/14-3/4 6:30-9:30 p.m. VIHEL

Collage and Mixed Media

Connect with your creative spirit while exploring art in its basic form. Using traditional and non-traditional materials, create wonderful mixed media works that are as unique as you. Learn a variety of methods and techniques as you paint, distress, glue, and embellish. Explore how you can add your own special treasures to materials provided in the classroom. Fee: \$50. 480-350-5287 42565 18 yrs+ T 1/13-3/3 6:30-9 p.m. VIHEL

Jewelry 1

Learn the use of tools, how to saw, file, and high-temperature silver solder with silver, copper, and brass. Create pierced sawing samples, band rings, and a bezel set stone pendant. Projects will implement various finishing techniques/ surface treatments: polishing, rolling mill texture, and patinas. Supply costs vary; approximate cost \$100. No class 1/19, 2/16. Fee: \$80. 480-350-5287 42566 18 yrs+ M 1/12-3/16 6-8:30 p.m. PAC

Jewelry; Open Studio

For safety, only experienced jewelry students are eligible. Looking for a space to work on your own jewelry creations? Utilize the time in Open Studio to take your jewelry project from start-to-finish, or complete a project that's already in-progress. Instructor will provide guidance as needed, as well as demonstrate various jewelry techniques. Fee: \$80. 480-350-5287

42568 18 yrs+ Th 1/15-3/5 6-8:45 p.m. PAC

Jewelry Sampler

Learn basic skills for jewelry making and small metals through acid etching, lostwax casting, and vitreous glass enameling. Students will experience a sampling of techniques; this fast-paced class is designed to demonstrate techniques and may not result in completely finished projects. Previous experience recommended. Supply costs vary; approximate cost is \$100. Fee: \$80. 480-350-5287

41127 18 yrs+ T 9/9-10/28 6-8:30 p.m. PAC

Activities for Adults (18+ Years)

Mosaics and More

Fascinated by mosaic tile floors or ancient mosaic artworks? Let us show you how to work with ceramic tile, glass beads, and recycled materials to enhance projects like flower pots, tabletops, and more. Learn the fundamentals of tile placement and grouting. Instructor will cover required and optional supplies on first night of class. Fee: \$50. 480-350-5287

42572 18 yrs+ Th 1/15-3/5 6:30-9:30 p.m. VIHEL

Painting; Beginning

Your first brush stroke will immerse you into a world of art, created by you. This introductory class will teach you the basic techniques for painting in a variety of mediums including: Oil, Acrylic, and Watercolor. Students will learn how to make brush strokes, mix colors, and paint from photographs and still lifes. No class 1/19, 2/16. Fee: \$50. 480-350-5287

42570 18 yrs+ M 1/12-3/16 6:30-9:30 p.m. VIHEL

Painting; Portraits

What subject could be more fascinating than the human face? Learn the skills to paint portraits full of expression and life. The class will cover paint application, mixing flesh tones, light, and shade, as well as achieving a likeness. Feel the thrill of watching your painting come to life as you explore the many techniques used to create compelling portraits. Fee: \$50. 480-350-5287

18 yrs+ 1/17-3/7 9:30-11:30 a.m. VIHEL 42573 Sa

Boating

Float Test - Rowing Classes Only (NOT Kayak or SUP)

All Rowing participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video. If you have Rowing experience but are new to the City of Tempe Rowing Program, you must fulfill this requirement. For additional information, please contact the Boating Office at 480-350-8069.

Rowers 18 years and older are eligible to participate in the following skill levels:

Adult Rowing

Rowers 18 years and older are eligible to participate in the following three skill

Beginners: Learn to Row is always the starting point for new rowers from there the next step is Intermediate Rowing and Sculling

Experienced: Open Rowing and Sculling focuses on Rowing for fitness and technical growth with an option of racing at local and regional regattas. *No class on March 7 for the Desert Sprints Regatta

Learn to Row is the starting point for new rowers. Rowers will be in bigger boats and learn at a steady pace throughout the class.

Open Rowing and Sculling focuses on rowing for fitness and technical growth with an option of racing at local and regional regattas.

Adult Learn to Row

Designed for first time rowers, this course will introduce the basics of rowing, safety and boat-handling. Proper rowing technique and fitness development are stressed. The first class meets at the Kiwanis Recreation Center for the required 10 minute float test and safety video presentation. Attendance of the first three classes is mandatory. 480-350-8069

Sa/Su 1/10-2/8 \$120 TTLM 42590 18 yrs+ 7-9 a.m. Sa/Su 42615 18 yrs+ 2/14-3/22 7-9 a.m. \$132 TTLM

Adult Open Rowing and Sculling

This session brings experienced rowers together and is designed with athletes in mind. Sweep-rowers and scullers may try either discipline. Class utilizes crosstraining, video analysis and flexibility, and focuses on a high-level of rowing. Prerequisite: Learn to Row. 480-350-8069

42609	18 yrs+	T	1/6-3/24	7-9 a.m.	\$106	TTLM
42622	18 yrs+	Th	1/8-3/26	7-9 a.m.	\$106	TTLM
42623	18 yrs+	Sa	1/10-3/21	7-9 a.m.	\$88	TTLM
42624	18 yrs+	Su	1/11-3/22	7-9 a.m.	\$97	TTLM

Drop-in Erg Fitness

Looking for a great workout? Drop by the marina and try one of the best workouts around. No need to register, just bring cash or a check made out to the City of Tempe to the Marina at 550 E. Tempe Town Lake. The workouts will be tailored to the individual. No experience necessary. Fee: Pay as you go \$10 per class. 480-350-8069

NO CODE 1/7-3/25 TTI M 18 vrs+ 6-7 p.m.

Tempe Town Lake Club Rowing

Designed for advanced rowers enabling them to row (singles and doubles) on Tempe Town Lake during non-program hours. Rowers will be able to check-out equipment during Club Rowing times and train on their own. Prerequisites: Coordinator permission and re-entry test on file. Club fee: \$60 per year; rowing fee: \$20 per month. Call the Boating Office to register and for more information. 480-350-8069.

NO CODE T/W/Th/F 18 yrs+ 1/2 5:30-7 a.m.

Adult Paddling Classes

Glow Paddle

The wildest and brightest Glow Paddle on Tempe Town Lake. Join us for a night under the stars while we glow and glide across the water. In addition to all necessary kayaking equipment, participants will receive glow in the dark accessories. Feel free to wear glow in the dark clothing items that you don't mind getting wet. Youth ages 10-17 must be accompanied by an adult. Register early. Fee: Adults 18+ \$30, Youth 10-17 \$15. 480-350-8069

42656 10 yrs+ 7-9 p.m. TTLM

Kavak: Essentials of Kavak Touring

This class has been developed by ACA certified kayak instructors and is appropriate for all levels of experience. Taught in touring boats (sea kayaks), with a focus on advanced stroke techniques, maneuvers, kayak fitness and rescues, this class will challenge you to learn and refine your skills in a fun and low pressure environment. All equipment provided. Fee: \$80 480-350-8069

42657 18 yrs+ Sa 1/10-1/31 8-10 a.m. TTLM 42658 18 yrs+ Sa 2/7-2/28 7-9 a.m. TTLM

Kayak; Fitness

This is a perfect class for beginner to intermediate paddlers. Geared toward onthe-water fitness and games with a focus on basic strokes and maneuvers, it's the perfect mix of on-the-water fun and fitness. Kayak, personal floatation device and paddle are provided. Fee: \$70. 480-350-8069

18 yrs+ Sa 2/7-2/28 9-11 a.m. TTLM

Kayak; Half-Day Trip to Saguaro Lake

Apply what you learned from Essentials of Kayak Touring in this half-day trip to Saguaro Lake. Note: You may register for this class prior to finishing the Essentials of Kayak Touring class, but coach approval will be required. All necessary boating equipment is provided. Fee: \$50 480-350-8069 42659

18 yrs+ Sa 3/21 6 a.m.-1 p.m. TTLM



Stand-up Paddling; Fitness

The program will include stretching, warm-up, general fitness, and fitness exercises specific to paddling. The instructor will provide coaching and will focus on developing your paddle stroke, as well as on-the-water training on stand-up paddleboards. Bring your own board or use one from our fleet. 480-350-8069

42612	18 yrs+	Sa	2/7-2/28	7:30-9 a.m.	\$60	TTLM
42613	18 yrs+	W	2/4-2/25	5:30-7 p.m.	\$60	TTLM
42614	18 vrs+	W	3/4-3/25	5:30-7 p.m.	\$60	TTLM

Stand-Up Paddling; Introduction

Join the fastest-growing watersport in the country on Tempe Town Lake. No experience is necessary; this class will teach you the basics of stand-up paddling. All equipment is provided. Fee \$27. 480-350-8069

42594	18 yrs+	Sa	1/10	9:30-11 a.m.	TTLM
42595	18 yrs+	Sa	1/24	9:30-11 a.m.	TTLM
42596	18 yrs+	Sa	2/7	9:30-11 a.m.	TTLM
42597	18 yrs+	Sa	2/14	9:30-11 a.m.	TTLM
42598	18 yrs+	Sa	2/21	9:30-11 a.m.	TTLM
42600	18 yrs+	Sa	2/28	9:30-11 a.m.	TTLM
42599	18 yrs+	T	3/3	5:30-7 p.m.	TTLM
42602	18 yrs+	T	3/10	5:30-7 p.m.	TTLM
42603	18 yrs+	Sa	3/14	9:30-11 a.m.	TTLM
42604	18 yrs+	T	3/17	5:30-7 p.m.	TTLM
42617	18 yrs+	Sa	3/21	9:30-11 a.m.	TTLM
42617	18 yrs+	T	3/24	5:30-7 p.m.	TTLM

Stand-Up Paddling; Yoga

Students will enjoy paddling on the lake, then anchoring boards and setting yoga breathing to begin. S.U.P. yoga will feature seated and standing yoga postures, including sun salutations, lunges and downward-facing dog. We will take a few quiet meditation moments before paddling back. Please visit www.tempe.gov/boating for a schedule of classes. Prerequisite: Intro SUP or commensurate experience. Fee: \$35. 480-350-8069

Valentine's Day Kayak

Come down to Tempe Town Lake to celebrate Valentine's. All will enjoy an evening on the water under the stars and the lights of the Mill Ave bridges. Fee: \$30 per person. 480-350-8069.

42607 18 yrs+ F 2/13 6:30-8:30 p.m. TTLM

Books & Reading

Author Visits

Stay tuned for Author Visits-visit our library events website: www.tempe.gov/library

Check Out A Book

Seniors, adults and children can visit the Tempe Public Library's Resource Room at the Escalante or North Tempe Community Centers to check out books from the new and always changing book collection. Book collections are also available in the senior centers at each center. Fee: None. 480-350-5802

No Code	18 yrs+	M-F	11 a.m8 p.m.	ESCA
No Code	18 yrs+	M-F	11 a.m9 p.m.	NCC
No Code	50 yrs+	M-F	10 a.m3 p.m.	WCC

Coffee, Tea and Books

Come and discuss recent novels or the occasional nonfiction title. Refreshments available. Participants provide their own copy of the book. Responsibility for leading the discussion rotates among group members. Third Monday of the month, 6:30-8 p.m., Connections Café. No registration required. Fee: None.

1/26 The Faith Club: A Muslim, a Christian and a Jew-Three Women

Searching for Understanding
2/23 A Novel Bookstore
3/16 The Light Between Oceans
Ranya Idilby
Lawrence Cosse
M.L. Stedman



Activities for Adults (18+ Years)

Everything You Need to Know to Get in to College: Paying for College

This free workshop will provide high school students and parents important information about paying for college. Come learn about the FAFSA (Free Application for Federal Student Aid), grants, loans, and scholarship opportunities. It's never too early to start thinking about how to fund your child's education. NO CODE 16 yrs+ M 1/12 6:30-7:30p.m. LMRA

Family History Series

Duane Roen has been tracing his roots since his teenage years. He spends most of his waking hours serving as Assistant Vice Provost for University Academic Success Programs for Arizona State University. He also serves as Interim Dean of University College and Interim Director of the School of Letters and Sciences. No registration required. Fee: None.

Making Your Own Family History: Keeping a Journal

	,				
NO CODE 18 yrs+	Sa	12/13	10:30 a.mNoon	LMRB	
NO CODE 18 yrs+	W	12/17	6:30 -8 p.m.	LMRB	
Weaving Cultural History into Family History Writing					
NO CODE 18 yrs+	Sa	1/10	10:30 a.mNoon	LMRB	
NO CODE 18 yrs+	W	1/21	6:30 -8 p.m.	LMRB	
Organizing Your Family History Writing					
NO CODE 18 yrs+	Sa	2/14	10:30 a.mNoon	LMRB	
NO CODE 18 yrs+	W	2/18	6:30 -8 p.m.	LMRB	
Publishing Your Far	nily H	istory			
NO CODE 18 yrs+	Ŵ	3/4	6:30 -8 p.m.	LMRB	
NO CODE 18 yrs+	Sa	3/14	10:30 a.mNoon	LMRB	



Get fit in Tempe!

We have five fitness centers to help you stay active. And we're flexible - you can purchase a monthly pass or pay as you go. Be sure to visit the fitness center nearest you.

Escalante Fitness Center	480-350-5800
Kiwanis Fitness Center	480-350-5201
North Tempe Fitness Center	480-858-6500
Pyle Fitness Center	480-350-5211
Westside Fitness Center	480-858-2400
	- /

www.tempe.gov/titness

Fandom Gathering: Cosplay to Comics

Fans of Marvel, DC, Star Wars, Wholocks, Lolita Fashion and even Trekkies are invited to gather at the Tempe Public Library in costume for a celebration of pop culture. Speakers, artists and writers will be present to talk about their work. Phoenix Comicon will sponsor a costume contest with great prizes. More details will be available www.tempe.gov/library.

NO CODE 16 yrs+ Sa 11a.m.-4 p.m. LMRA

Great Books Discussion Group

The Great Books Foundation promotes reading, thinking, and the sharing of ideas. Volunteers Kathy and Don Dietz will lead discussions on the second and fourth Wednesday evenings of each month from 6-8 p.m. in the Connections Café Program Room. Participants provide their own copies of the works to be discussed. No registration required. Fee: None.

12/10	King Lear	Shakespeare
1/14	O Pioneers	Willa Cather
1/28	Fischer vs. Spassky	Lara Vapnyar
2/11	The Stations of the Sun	Reese Okyong Kwon
2/25	Echo	Laila Lalami
3/11	No Subject	Carolina De Robertis
3/25	The Science of Flight	Yiyun Li

Light and Life Panel Event

A panel of local authors including Randy Lindsay, author of The Gathering, will discuss how they incorporated inspirational themes into their novels and how those relate to real life events. They will answers questions from the audience on the topic. Copies of their books can be purchased and autographed afterwards. NO CODE 18 yrs+ Sa 12/6 11a.m.-12:30 p.m.

Mystery Club

Are you an avid mystery reader? If so, you are invited to meet with other fans once a month to discuss favorite mystery books or authors. Participants are required to provide their own copies of the books to be discussed. Responsibility for leading the discussion rotates around the group. Saturdays, 10 a.m.-Noon Connections Café. Registration is not required. Fee: None. 480-350-5500

12/6	Murder on Astor Place	Victoria Thompson
1/3	Any of the "Mrs. Jeffries" books	Emily Brightwell
2/7	The Moonstone	Wilkie Collins
3/7	Bruno, Chief of Police	Martin Walker

So, You're Thinking About Homeschooling?

Do you want to know more about what it takes to homeschool in Arizona? Join us for an exciting 3-part series: Get Started Homeschooling, Tips for Successful Homeschooling, and Curriculum Approaches. This program is designed to answer your questions. One hour presentations on each topic, with a Q&A after. No registration required. Fee: None. 480-350-5500

NO CODE	18 yrs+	W	1/14	6-7:30 p.m.	LMRA
NO CODE	18 yrs+	W	1/28	6-7:30 p.m.	LMRA
NO CODE	18 yrs+	W	2/11	6-7:30 p.m.	LMRA

Tempe Public Library Outreach Resources Center

The City of Tempe offers this innovative service at two locations, Escalante and North Tempe Community Centers. Use computers with the latest software or "surf the net" to research topics using the same programs offered at the Tempe Public Library.

Escalante Hours:

M-F, 11a.m.-8 p.m.; SA, 10 a.m. -5 p.m.; Su, 1-6 p.m.

North Tempe Hours:

M-Th, 11a.m.-9 p.m.; F, 11a.m.-8 p.m.; Sa, 10 a.m.-5p.m. Times are subject to change.



New Year, New You!

Here are 10 easy, convenient and economical resolutions and solutions to help make 2015 the best year yet!



1. Lose weight and get fit

Year-round, Tempe offers hundreds of reasonablypriced and convenient health and fitness classes designed to help your family and you get fit. Check out *Learn to Run: 5K to Marathon, Group*

Personal Fitness Training and Zumba Gold® to get you moving.

2. Have fun without breaking the bank

Tempe offers hundreds of budget-friendly events and activities throughout the year. Be sure to join us at the Movies in the Park free family movie series in May and October, Free Art Fridays, Family Storytimes, Wild Wednesdays, Family Bingo Nights, PlayDay and the Annual Family Halloween Carnival. Details for all of these events can be found at www.Tempe.gov/FamilyActivities.



3. Spend more time with loved ones

Plan to devote more time to having fun and making memories with your family in 2015. Experience Tempe's parent/child programs by visiting a *Drop-In Storytime* with your little bookworm, trying a *Musikqarten* © class with

your young mover and shaker, or attending an *Archery* class with your teen. Take a *Moonlight Kayak* ride for a relaxing evening with that special someone, or visit one of Tempe's Multi-Generational Centers to learn about exciting opportunities available for adults 50+. Tempe has such a large variety of activities, you're sure to find a class or program that fits your family's interests!

4. Get organized

Check out this issue of Tempe Opportunities for information about Tempe's Zero Waste Challenge where Tempe Residents can bring in almost any item for recycling including books, shoes, electronics and more! You can also get rid of old paperwork by bringing it in for secure, confidential document shredding.



5. Eniov life more

Pack a picnic lunch or reserve a ramada for a family or corporate gathering at a Tempe park! Tempe's 48 parks are strategically located so that there is one park within approximately one mile

of every resident. Take advantage of all the natural surroundings and authentically-local environments that Tempe has to offer!

6. Give up a bad habit

They say it takes 21 repetitions to turn an action into a habit, but we all know it takes a lot longer to kick it! Make a commitment, track your progress, enlist the support of a friend or family member and find alternatives to replace the bad habit (see resolution #7). Giving up a habit isn't always easy, so be patient and reward yourself when you make progress.

7. Learn something new

With programs for toddlers, youth, teens, adults, adults 50+ and a variety of adapted recreation leagues and programs, look no further than this issue of Tempe Opportunities to learn a new hobby, sport or skill. Some of new or returning programs include the *Storybook Chef* classes for Tots, *Learn to Play Tennis* for Youth, *Ceramics* for Teens, *Spanish* for Adults, *Martial Arts* for the family and *Senior Techs* for Adults 50+. You can learn multiple things in the New Year, so why choose just one?



8. Help others

Gather your friends and neighbors and Adopt-A-Park, Path or Street. Connect with a special-needs athlete by becoming a bowling buddy through Tempe's Adapted Recreation Buddy Bowling League. Whatever you choose to devote your time

to, there's no better feeling than helping others and giving back to your community.



9. Be more eco-friendly

Participate in the 6th Annual Arbor Day 5K on April 24 and help replenish Tempe's urban forest. All of the proceeds go to the

Trees for Tempe program. Find out more at www.ArborDay5K.com.

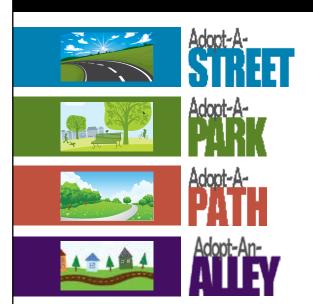
10. Reduce stress

Do you have some extra stress now that the holidays are over? Whether you'd like to attend an event, fitness class, or even a counseling session, Tempe has something for everyone interested in winding down after the holiday season. Our new *Holistic Health and Wellness* workshops provide a comprehensive approach to nutrition and health, whether you're looking for ultimate relaxation or an overall healthier you.

www.Tempe.gov/Brochure

480-350-5200

Pitching in for Tempe



To adopt a street, path, park or alley call 480-350-4311 or visit www.tempe.gov/adopt.

Applications are accepted year-round.



Walk-in Wednesdays

Open Mic Night with Host Walt Richardson

Food & beverage specials • Musicians & Poets welcome

6-10 p.m., Wednesdays

January - May

Sign up: 5:45 p.m.

5-6 p.m., Youth (high school & younger) Sign up: 4:45 p.m.



Photo by Michael Ging



Tempe Center for the Arts

700 W. Rio Salado Parkway 480-350-2880 www.tempe.gov/TCAOpenMic





Join us for the wildest and brightest paddles on Tempe Town Lake. Glow Paddles are open to ages 10+ (youth ages 17 and under must be accompanied by an adult). All kayaking equipment provided, as well as glow-in-the-dark accessories. Space is limited. Register early.

Friday, March 20 7-9 p.m. \$15 for 10-17 yrs. and \$30 for 18 yrs.+

www.Tempe.gov/Boating 480-350-8069



This family-friendly event gives you the opportunity to create art, learn about music and movement and have a great time! Program features different art projects each month that explore various themes. It is not necessary to register for these free, leisurely mornings of activities; light refreshments included. Each event takes place at the

Edna Vihel Activities Center 3340 S. Rural Road 480-350-5287

Jan. 16	Frozen	9:30-11:30 a.m.
Feb. 20	Mardi Gras	9:30-11:30 a.m.
March 20	Meet the Masters	9:30-11:30 a.m.
April 17	Dinosaurs	9:30-11:30 a.m.
May 15	Out of this World	9:30-11:30 a.m.

For more information, contact the Edna Vihel Center front office at 480-350-5287, or visit www.Tempe.gov/FamilyActivities.

Tempe Town Lake **BOATING**

Youth Boating • Adult Boating Team Building • Special Events









480-350-8069 www.tempe.gov/boating OF TEADOR



Before & After School Enrichment Program

- Aligned with School District's Curriculum -- S.T.E.M. (Science, Technology, Engineering & Math) Activities -- Daily Homework Club -

> - Sports, Cooking, Fine Arts & more included -- DHS Licensed & DES Certified -

Preschool Program at Getz School

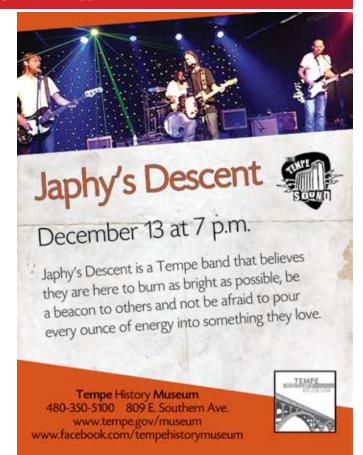
- Quality Care at Affordable Prices and Flexible Schedules - Low Staff to Child Ratios -

- Follow AZ Dept. of Education Learning Standards -

- Specialty Classes Included -

- DHS Licensed & NAC Accredited -

www.Tempe.gov/KidZone





Have your next party with us!

Check out

Kiwanis Recreation Center

www. Tempe.gov/Kiwanis 480-350-5201

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Edna Vihel Activities Center www. Tempe.gov/Vihel 480-350-5287

Dive into a rewarding job ...

Be a Lifeguard!

Make money. Have fun. Help others.

For more information call 480-350-5201 or visit www.Tempe.gov/Jobs or



When it comes to sports, we've got you covered!

Tempe offers quality sports programs for Elementary and Middle School age youth.

Programs are offered year-round at convenient times and locations.



www.tempe.gov/brochure

480.350.5200

	Collection Week	Collection Type
Area A	FEB 2-6	BULK
	APR 6-10	BULK GREEN
	JUN 1-5	BULK
	AUG 3-7	BULK GREEN
	OCT 5-9	BULK GREEN
	DEC 7-11	BULK
Area B	FEB 9-13	BULK
	APR 13-17	BULK GREEN
	JUN 8-12	BULK
	AUG 10-14	BULK GREEN
	OCT 12-16	BULK GREEN
	DEC 14-18	BULK
Area C	FEB 16-20	BULK
	APR 20-24	BULK GREEN
	JUN 15-19	BULK
	AUG 17-21	BULK GREEN
	OCT 19-23	BULK GREEN
	DEC 21-24	BULK
Area D	FEB 23-27	BULK
	APR 27-MAY 1	BULK GREEN
	JUN 22-26	BULK
	AUG 24-28	BULK GREEN
	OCT 26-30	BULK GREEN
	DEC 28-31	BULK

	Collection Week	Collection Type
Area E	JAN 5-9	BULK
	MAR 2-6	BULK GREEN
	MAY 4-8	BULK
	JUL 6-10	BULK GREEN
	SEP 7-11	BULK GREEN
	NOV 2-6	BULK
Area F	JAN 12-16	BULK
	MAR 9-13	BULK GREEN
	MAY 11-15	BULK
	JUL 13-17	BULK GREEN
	SEP 14-18	BULK GREEN
	NOV 9-13	BULK
Area G	JAN 19-23	BULK
	MAR 16-20	BULK GREEN
	MAY 18-22	BULK
	JUL 20-24	BULK GREEN
	SEP 21-25	BULK GREEN
	NOV 16-20	BULK
Area H	JAN 26-30	BULK
	MAR 23-27	BULK GREEN
	MAY 25-29	BULK
	JUL 27-31	BULK GREEN
	SEP 28-0CT 2	BULK GREEN
	NOV 23-27	BULK

For more information, visit www.tempe.gov/slashthetrash

Items may be placed for collection no earlier than 10 days prior to Monday of your collection week and no later than 6 a.m. on Monday of your collection week.

2015 Mixed Bulk & Green F 7 7 **Organics Collection Schedule** McKELLIPS RD RIO SAI ADO PKWY UNIVERSITY DR Area A Area B APACHE BLVD BROADWAY RD AI AMEDA DR Area C Area D SOUTHERN AVE SUPERSTITION FWY BASELINE RD Area E **Area F** GUADALUPE RD WESTERN CANAL ELLIOT RD Area G Area H WARNER RD PUBLIC WORKS DEPARTMENT

Create art in a friendly, relaxed environment



\$35 includes materials, professional instruction, take-home painting and food & beverage ticket 6-8:30 p.m.







Jan. 14, Feb. 18, March 25, April 29 & May 13

Gather friends and co-workers and unwind from the workday at the beautiful



Gallery at Tempe Center for the Arts www.tempe.gov/ArtAfterWork ~ 480-350-2880 online registration only



10 a.m. - 2 p.m. Kiwanis Park

Mill Ave. & All-America Way





community event with recreational activities for the whole family!

www.Tempe.gov/FamilyActivities or call 480.350.5200



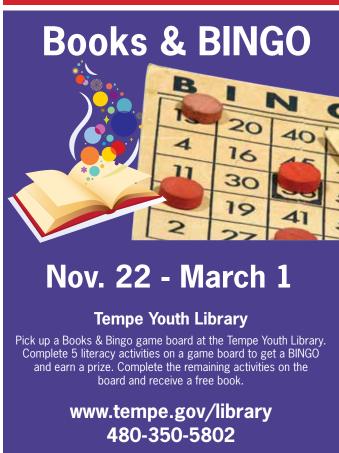
FRIDAY SAPRIL 24 SAPRIL 24

5K RUN/WALK 1-Mile KIDS' RUN Starts at 6 pm

Race proceeds benefit the Trees for Tempe program. By participating in the 5K you can help reconstruct Tempe's urban forest.

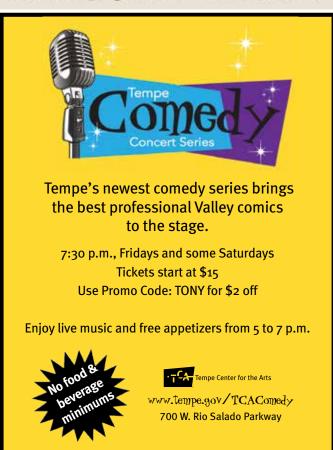
MORE: ARBORDAY5K.COM

















Featuring

Outstanding sunset views Free appetizers ~ Live music 5-7 p.m. Fridays in the TCA Lounge



Tempe Center for the Arts

700 W. Rio Salado Parkway

Danish Christmas at the Petersen House Museum

December Weekends Sat. Dec. 6, 13 and 20 from 10 a.m. – 3 p.m. Sun. Dec. 7, 14 and 21 from 1 - 4 p.m.

The Petersen House Museum will be filled with Danish Christmas decorations and traditions. Don't miss this rare opportunity to visit the Petersen House and see it at its holiday best.



TEMPE MUSEUM 480-350-5100 1414 W. Southern Ave. www.tempe.gov/museum



Submit entries between

January 15 - February 15, 2015

Tempe Public Library

College of Letters and Sciences
Writing Programs in the Department of English,
College of Liberal Arts and Sciences

We invite submissions in:

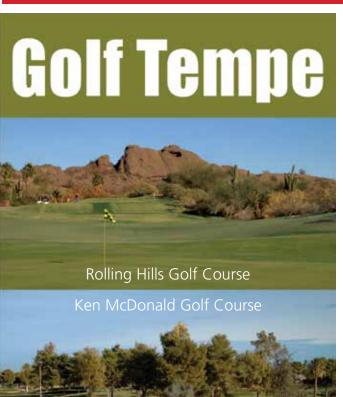
Poetry, Fiction, Nonfiction

From: High School Students, Adults, College Students (undergraduate & graduate)

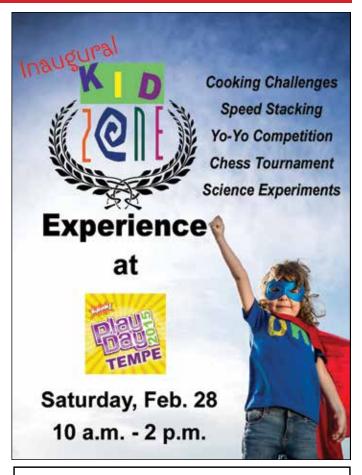
Open to all Tempe residents, Tempe Library Cardholders and ASU students

For details visit:

www.tempe.gov/writingcontest









NORTH TEMPE MULTI-GENERATIONAL CENTER

Family Bingo Nights

Bring your family and friends. Prizes and a snack concession stand will be available.

Admission is free! Phone registration required for each family.

6 - 7:30 p.m.Friday, Dec. 19Friday, Feb. 27

480-858-6500 1555 N. Bridalwreath St. Tempe, AZ 85281

700 W. Rio Salado Parkway

Writers Connection

This is an informal writers group getting together to network and share information with each other. All writers and aspiring writers are welcome. No registration required. Fee: None. Visit www.tempe.gov/library for more information.

Writers on Writing Series

Whether fiction, nonfiction, or anything else, aspiring writers know there is a lot to learn about the writing process. Each month a different local author will give tips to becoming successful. No registration required. Fee: None.

Lori Eshleman, Writing Historical Fiction NO CODE 18 yrs+

Marc Mason, Writing Graphic Novels 18 yrs+ 2/18 11a.m.-Noon

Dee Dees, Creating a Mini Life Book

NO CODE

NO CODE 18 yrs+ 3/28 11a.m.-Noon LMRA

LMRA

LMRA

1/24 11a.m.-Noon

Business, Computers & Finance

To view computer class offerings for Adults 50+ Years, see page 46

*A working knowledge of computers, the keyboard and the mouse are required for following programs. For more information call Dolores Johnson at 480-350-5814.

Basic Internet Using Microsoft Office 2010

Learn basic information about the internet, how to use search engines to find the info you need, get photos from the web, look at maps/get directions, and check out all the exciting websites you hear about. This is a Level 2 computer class. Fee: None. 480-350-5814

42805

18 yrs+ 1/6-1/27 10-11 a.m.

Basic Word Using Microsoft Office 2010

Learn how to create a letter, edit a document, and create lists, tables, labels and more using Microsoft Word. This is a Level 3 computer class. Fee: None. 480-350-5814

42806 18 yrs+

1/7-1/28

10-11 a.m.

ESCA

ESCA

Basic Excel using Microsoft Office 2010

Learn how to prepare, edit and sort simple lists, and save and create formulas in a spreadsheet using Microsoft Excel. This is a Level 4 computer class. Fee: None. 480-350-5800

42807

18 yrs+ Th 1/8-1/29 10-11 a.m.

FSCA

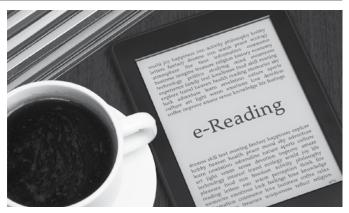
Business and Financial Planning

Business and financial planning workshops are led by Jason Freiwald, Certified Financial Planner (CFP), Chartered Financial Consultant (ChFC) and Chartered Mutual Fund Counselor (CMFC). Workshops share fundamentals for savings and investing; hand-outs are included as part of the workshop fee. Fee: \$15 per workshop. 480-350-5200



Business and Finance; Comprehensive Financial Planning

Your financial future is at stake. Be prepared; review the basics of financial planning including budgeting, emergency reserves and education savings. Explore investment strategies such as mutual funds, 529 plans and annuities; discuss asset allocation while working with a financial advisor. Revisit retirement plans including 401 (k)s, IRAs and Roth IRAs. Fee: \$15. 480-350-5200 Th PAC 42843 18 yrs+ 2/19 6:30-8:30 p.m.



Tech Time Help

Do you have technical questions about your e-reader, tablet, or cell phone? Do you need help downloading library resources? Do you have questions about using social media or applications? Call to register and schedule your 30 minute individualized session with a librarian. Fee: None. 480-350-5521

NO CODE 18 yrs+ M 1/5-3/9 3:30-5 p.m. **LMRB** NO CODE 18 yrs+ T 1/6-3/10 2-3:30 p.m. **ESCA** NO CODE 18 yrs+ Th 1/8-3/12 9:30-11 a.m. NCC

Dance, Music & Theater

Dance Sampler

Want to hit the dance floor and try a variety of dance styles? This is your opportunity to do just that. This class will let you sample different dance styles and see what best suits you. Learn the basics of salsa, two-step, cha-cha line dance, swing and even repeat the ones you like most. It is highly recommended that you register with a partner. Fee: \$35. 480-350-5287

1/15-3/5

42574 18 vrs+ Τ'n

Latin Line Dance

Want to learn Latin Dance, but don't have a partner? This class is custom-made just for you! Learn Latin dances such as Salsa, Cha Cha, Paso Doble and Mambo. TJ will lead you through all of the movements and footwork; incorporate what you learn into great routines. Fee: \$35. 480-350-5287

43063

18 yrs+ W

1/14-3/4

6:30-7:30 p.m.

7:45-9 p.m.

VIHEL

VIHEL

Line Dance: Advanced

Know your way around the dance floor and want to show-off? This challenging class is for you. Competition-level instruction will be offered in this fast-paced, high-intensity class. Dazzle everyone with the latest and greatest routines. Fee: \$35. 480-350-5287

42577 18 yrs+

1/13-3/3

8:30-9:15 p.m.

VIHFI

Line Dance; Beginning/Intermediate

Studies show that Line Dancing helps increase memory and balance, as well as improve your cardiovascular endurance. This class starts you out on the right foot as you learn basic steps, form, techniques and terminology. You won't need a partner, but invite your friends to join in as you "step-out" for some toetapping fun. Fee: \$35. 480-350-5287

18 yrs+ T

1/13-3/3

6:30-7:30 p.m.

VIHEL

Line Dance; Intermediate/Advanced

Take the next step as you join other dancers and learn more patterns and advanced dance steps to fun and funky music. This ain't your grandma's Line Dance class; we play it all from Country to Blues, with a little Top 40 thrown in for good measure. Fee: \$35. 480-350-5287

42579

18 yrs+ Τ 1/13-3/3

7:30-8:30 p.m.

VIHEL

Music; Beginning Guitar

Dazzle your friends as you begin playing music right away. Become one with your guitar as you get to know, tune and care for it. Learn basic scales, chords and strumming as you play different types of music. Students must bring their own guitar (acoustic or electric without amps); songbook will be provided at first class. Fee: \$45. 480-350-5287

42580 18 yrs+ T 1/13-3/3

6-7:25 p.m. PAC

PAC

VIHEL

Music; Beginning Guitar 2

For those who love to play guitar and have knowledge of basic chords. This class will help you turn-it-up-a-notch as you learn bar chords, performance styles and songs. Students must bring their own guitar (acoustic or electric without amps); songbook will be provided at first class. Fee: \$45. 480-350-5287

42583 18 yrs+ T 1/13-3/3

Social Dance

This class will help you look great on the dance floor at your local nightclub, honky tonk or bar. Learn the basics of social dance that can be used in country. Latin, hustle, disco and ballroom styles. Enjoy hitting the dance floor and having

fun; no lectures here. Fee: \$35. 480-350-5287 43066 18 yrs+ Th 1/15-3/5 6:30-7:30 p.m.

Health & Fitness

Cardio; Strength and Step

Join us for a mixture of step aerobics and strength training using bodyweight exercises, dumbbells and other equipment. You'll challenge both your mind and body as you burn calories in this moderate to high intensity workout. Modifications will be made for those with limited or no step experience. Step interval training is a step in the right direction.

Fee: \$59, 480-350-5200

42123 16 yrs+ 1/6-3/24 6:30-7:30 p.m. PAC

Exercise; 20/20/20 Fitness Express – burn 400 kcal!

Complete an overall body "Core" training workout which targets the three major components of fitness: 20 minutes of cardio, 20 minutes of strength training followed by 20 minutes of flexibility/stretching. Class taught by a certified fitness trainer. All fitness levels welcome. *No class 1/19, 2/16. **No class 1/14. 480-350-5200

42111 16 yrs+ M 1/12-3/16* 7-7:50 p.m. Joan

\$39 PAC 16 yrs+ W 1/7-3/25** 6-6:50 p.m. 42112 Donna

\$53 PAC

Exercise; Booty Barre – burn 300 kcal!

An energetic workout that fuses fitness techniques from Pilates, dance, calisthenics and Yoga that will tone, define and chisel the whole body without adding bulk. Class promises to lift a sagging butt, eliminate cellulite and flatten your belly. The result is a body that looks and moves 10 years younger. Suitable for all fitness levels. No class 2/16. Fee: \$45. 480-350-5200

42213 16 yrs+ Μ 1/26-3/9 5:30-6:30 p.m. **PSF**

Exercise; Booty Barre Flex and Flow – burn 300 kcal!

The hottest new Barre class founded by celebrity trainer Tracy Mallet. It fuses Ballet, Pilates and Yoga for deep muscle toning and strength exercises using a 9 foot long elastic band. Firm, sculpt and tone your entire body without adding bulk. Create balance, flexibility and endurance. Suitable for all fitness levels. Fee: \$45. 480-350-5200

PSF 42215 16 yrs+ 1/29-3/5 5:30-6:30 p.m.

Exercise; Family Yogis at Play!

This special yoga class is designed with the entire family in mind. Parents and kids alike will find joy in this active class using partner yoga, pop culture music & games. Yoga helps to improve strength, flexibility, concentration and coordination. Fee is per child; adults are free and must accompany child. No class 1/28. 480-350-5200

42156 7 yrs+ 1/14-3/4 5-5:50 p.m. \$34 KRC

Exercise; Group Personal Fitness Training – burn 400 kcal!

Learn correct fitness techniques in order to achieve the maximum benefit from your workouts. Explore a wide variety of exercises utilizing resistance bands, dumbbells, exercise balls and hand-held equipment. Certified personal trainer will give students individual attention to make sure that they are reaching their workout goals. Fee: \$39. 480-350-5200

KRC

16 yrs+ Th 1/22-3/12 42169 9-10 a.m.

Exercise; Learn to Run: 5K to Marathon

5K training is a fun way to start running, lose weight and improve health. Program is designed to help beginning & experienced runners improve form, speed, endurance and flexibility. No prior running exp. necessary. Workouts include intervals, tempo or steady-state runs, hill repeats & leg strength days. Class taught by competitive running & ironman coach. Fee: \$59. 480-350-5200 14 yrs+ W/Sa 1/14-3/7 6-7 p.m./7-8 a.m. CDS/TTLM

Exercise: Preserve the Curve

Core and strength exercises focus on "preserving the curve" in your spine through strength, endurance, and flexibility routines. It is great for anyone who has tightness in the hips, shoulders, lower back & legs. Stretches will help increase circulation & flexibility. Therabands, foam rollers, Pilates circles & light weights are used. Instructor: Sara. Fee: \$59. 480-350-5200

42132 16 yrs+ Th 1/8-3/26 PAC 5:15-6:15 p.m.

Exercise; Walk in the Park – burn 200 kcal!

Let's get walking. Join us for one hour of walking, stretching, strengthening and body toning using only the park, our own bodies and gravity. All levels welcome; modify to meet your level of ability. Walk to fitness, weight loss and a healthy lifestyle. Class taught by a certified personal fitness trainer. Fee: \$39. 480-350-5200

42176 1/13-3/3 9:15-10:15 a.m. **KRC** 16 yrs+

Functional Fitness Bootcamp

Class will incorporate conditioning, endurance, strength, coordination, balance, agility, and flexibility. Results will be earned, not guaranteed. Fee: \$8. 480-350-5800

18 yrs+ T/Th 1/6-1/29 6:30-7:30 p.m. **ESCA** 42753 ESCA 18 yrs+ T/Th 2/10-3/5 42754 6:30-7:30 p.m.

Health; Pfilates – Pelvic Floor Pilates

Learn the 10 simple movements developed by Dr. Bruce Crawford to strengthen all of the muscles of the pelvic floor in order to eliminate urinary incontinence and pelvic organ prolapse. Put an end to embarrassing and difficult situations. Instructor certified; confidential environment. Fee: \$35. 480-350-5200 1/21-2/25 42217 16 yrs+ 5:15-5:45 p.m. **PSF**

> Want to Volunteer? Visit: www.tempe.gov/volunteer



Holistic Health and Wellness Workshops

Holistic wellness is a comprehensive approach to nutrition and health that considers all aspects of a person's life. Whether you are looking for ultimate relaxation or a healthier you, Holistic Health and Wellness Workshops are led by certified health coaches to address a wide-array of subjects. Join coaches Parul Agrawal, Marci Cagen and Veronica Clark as they lead you on your journey towards holistic health and wellness. 480-350-5200

All About Herbs

Explore the benefits of herb use; enhance your well-being and daily wellness with Herbology, the art and science of herbal preparation. Identify basic classifications and common herbs used for medicinal purposes. Learn how to apply a compress, make tinctures and various teas. A \$5 materials fee is due to the instructor on the first day of workshop. Fee: \$35.

42845 18 yrs+ Th 2/26-3/12 6-7:30 p.m. PAC

Aromatherapy

Using aromatic plant oils, learn how to maintain and promote physical, physiological and spiritual well-being. Aromatherapy promotes the use of essential oils in massage, baths and healing compresses. Add oils to your vaporizer for inhalation or diffuse throughout a room. www.marcicagen.com/. A \$5 materials fee is due to the instructor on the first day of workshop. Fee: \$29. 42846 18 yrs+ Th 1/15-1/29 6-7:30 p.m. PAC

Ayurveda - The Sister Science of Yoga

Celebrate your natural radiance and reclaim your health with the application of Ayurveda, the oldest known system of healing and sister science of Yoga. Find emotional and mental balance through diet and daily activities. Learn how to fend against physical and mental burnout, and tap into optimal vitality to become the most powerful version of you! www.healthynutaz.com. Fee: \$10. 43073 18 yrs+ W 1/7 6-8 p.m. PAC

Break Your Own Rules

Learn how to break out of the old patterns that hold you back and stop you from living joyfully. Be inspired to re-examine your personal stories and challenge your belief system as you set realistic and achievable goals for any area of your life! www.healthynutaz.com. Fee: \$10.

43074 18 yrs+ W 1/21 6-8 p.m. PAC

Clean Eating for Families

Decipher complicated food labels and identify good and bad fats. Shop for affordable, quality foods and healthy substitutions. Avoid nutrition- related diseases by making clean eating a fun and easy activity. Includes take-home notes, recipes and Yummy Snack to enjoy during class. www.prenatalnourish.com. A \$3 materials fee is due to the instructor at the start of workshop. Fee: \$10.

42849 All Ages Sa 1/24 1-3 p.m. PAC

Juicing for Health

Live well with juicing, an easy grab-and-go option. With hands-on activities, choose, clean and prep fruits and veggies for optimal nutrition. Take-away knowledge and the confidence to try juicing at home. Includes take-home notes, recipes and Yummy Juice to enjoy during class. www.prenatalnourish.com. A \$3 materials fee is due to the instructor at the start of workshop. Fee: \$10.

42850 All Ages Sa 2/21 1-3 p.m. PAC

Reflexology

Discover Reflexology, an ancient Chinese medicine method that involves the physical act of applying pressure to the feet and hands using specific thumb, finger and hand technique without the use of oil or lotion. Learn how to relieve tension, improve circulation, and promote the natural function of your body. www.marcicagen.com/. Fee: \$19.

42847 18 yrs+ T 2/10-2/17 6-7:30 p.m. PAC

Setting Goals That Stick

Setting goals is an excellent way to provide direction and purpose. Whether you want to get out of debt, lose weight, or start a new business, this transformational course is for you! Identify and eliminate self-imposed barriers that keep you from achieving goals. You will benefit from a group workshop, but the plan will be yours. www.healthynutaz.com. Fee: \$45.

43075 18 yrs+ W 2/18-3/25 6-8 p.m. PAC

Therapeutic Home Massage

Learn basic massage technique designed for at-home use; assist a loved one suffering from pain, long-term illness, stress, fatigue, arthritis, injury or post-surgery. Instructor demonstration is hands-on, and class massage is optional. www.marcicagen.com/. Fee: \$19.

42848 18 yrs+ T 1/13-1/20 6-7:30 p.m. PAC

Introduction to Personal Fitness

Create a personalized fitness plan at the Kiwanis Fitness Center. Enjoy 6 sessions with a certified fitness professional in a small group setting. Receive hands on instruction to help you properly utilize each piece of equipment for maximum mileage toward your goals. Fee: \$34. 480-350-5201

42012 16 yrs+ T/Th 1/20-2/5 9:30-10:30 a.m. KRC 42013 16 yrs+ T/Th 2/10-2/26 9-10 a.m. KRC

Martial Arts; Aikido

Aikido is a defensive martial art based on blending-in with energy and moving from your center. Aikido helps develop discipline and self-control, while teaching valuable self-defense skills. In addition, learn the basics of tumbling, escapes, and various techniques with a focus on awareness and self-defense. Fee: Youth/\$25; Adult/\$35. 480-350-5200

42068 1/10-1/31 VIHEL 7 yrs+ Sa 9-11 a.m. VIHEL 42069 7 yrs+ Sa 2/7-2/28 9-11 a.m. 42070 7 yrs+ Sa 3/7-3/28 VIHEL 9-11 a.m.



Celebrate Valentine's Day paddling with your loved one

All equipment is provided. Adults 18+ are welcome. Fee is \$30 per person.

Friday, Feb. 13 6:30 - 8:30 p.m.

Register at: www.Tempe.gov/Boating 480-350-8069

Martial Arts; Goju Shorei Self Defense with Cane

Learn how to use a wooden cane as a legal and practical self-defense weapon. Students will learn basic strikes, blocks and footwork. Prior martial art experience is recommended but not mandatory. Students required to purchase a cane (\$35) and wear uniform (\$20); both available for purchase from instructor. Fee: \$59. 480-350-5200

42056 16 yrs+ Sa 1/10-3/28 9:20-10:20 a.m. CRC

Martial Arts; Jujutsu

Learn traditional self-defense techniques such as joint locks, throws, chokes, strikes, blocks, ground fighting, pins and pressure point attacks as practiced by the Doshin (Samurai policeman). Ongoing classes taught by licensed instructors of the Otake Han Doshin Ryu system of Jujutsu. All levels welcome; no prior martial arts training required. Fee: \$50. 480-350-5200

42044	16 yrs+	T/Th	1/6-1/29	7:45-9 p.m.	CRC
42045	16 yrs+	T/Th	2/3-2/26	7:45-9 p.m.	CRC
42046	16 yrs+	T/Th	3/3-3/26	7:45-9 p.m.	CRC

Martial Arts; Karate

Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch, followed by basic kick-punch-block drills. Self-defense techniques are taught, as well as forms (katas) and light sparring (optional). Comfortable clothing is recommended. Instructor: Aseem. Fee: \$59. 480-350-5200

42065	12 yrs+	Th	1/8-3/26	7:05-8:30 p.m.	NCC
42064	12 yrs+	Sa	1/10-3/28	10:35 a.mNoon	CRC

Martial Arts; Karate Lim Kenpo

Strengthen the importance of family values in this results-oriented Karate class designed for the whole family. Students will learn self-defense, respect and manners; increased self-confidence and focus. Ongoing, monthly program. Uniform fee \$50 (includes Lim's 3 patches). For more info; contact Patrice Lim at 602-525-8472, or at www.limkenpo.net. 480-350-5200

41959	13 yrs+	T/Th	1/6-1/29	6-7:30 p.m.	KRC	\$50
41960	13 yrs+	T/Th	2/3-2/26	6-7:30 p.m.	KRC	\$50
41961	13 yrs+	T/Th	3/3-3/26	6-7:30 p.m.	KRC	\$50
41962	13 yrs+	W/F	1/2-1/30	6:30-7:30 p.m.	CRC	\$50
41963	13 yrs+	W/F	2/4-2/27	6:30-7:30 p.m.	CRC	\$50
41964	13 yrs+	W/F	3/4-3/27	6:30-7:30 p.m.	CRC	\$50

Martial Arts; Tai Chi – Beginning & Intermediate Levels

Tai Chi has been likened to moving meditation. Experience relaxation and rejuvenation as you exercise in slow, gentle movements. This introductory class in the Guang Ping Yang style of Tai Chi will help you gain balance and flexibility, while improving breathing and posture. Fee: \$53. 480-350-5200 42052 16 yrs+ Sa 1/10-3/21 8:45-9:45 a.m. CRC

Martial Arts; Wing Chun Self-Defense

Learn the ancient Chinese martial art of Wing Chun that emphasizes the principals of physics and natural body mechanics to defend against close-range attacks by larger or stronger opponents. Students will learn Chi-Sau to develop power, positioning, and hand techniques to defeat attackers using their size and strength. Instructor: Norm. Fee: \$53. 480-350-5200

42060 16 yrs+ Su 1/4-3/15 9-10:30 a.m. CRC

Mind & Body; Candlelight Meditation

Allow yourself to go on a relaxing journey and quiet the mind as you experience different forms of meditation in a safe and welcoming environment. Class is done to relaxing and meditative music by candlelight; be prepared to unwind. Participants must bring own mat. Instructor: Tammy. No class 1/19, 2/16. Fee: \$49. 480-350-5200

42105 16 yrs+ M 1/12-3/30 8-8:45 p.m. PAC

Pilates: Intro

Pilates is a system of controlled exercises that engage the mind and condition the total body. Start with the fundamentals of the mat work and learn the basic series of exercises upon which the entire Pilates method is built. Learn proper posture, breathing and technique. No class 1/19, 2/16. Fee: \$35. 480-350-5200. 42148 16 yrs+ M 1/12-3/9 5:30-6:30 p.m. KRC

Pilates; Sampler

Learn how to do a full body workout which conditions from the inside out to produce a toned, lean physique with proper alignment and balance. Strengthen your core, arms, legs with exercises that combine mat work, reformer, tower, chair, Arc Barrel, Magic Circle and Pilates ball. No exp. necessary. Location: Weon Keyong Health Ctr., 6473 S. Rural Rd. Fee: \$64. 480-350-5200

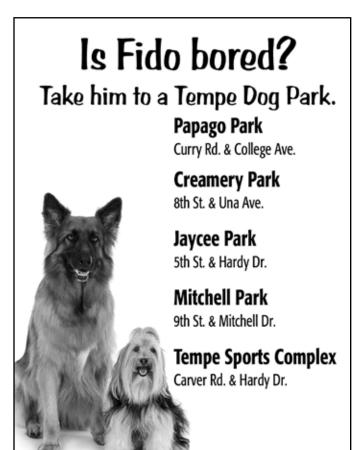
228 16 yrs+ M/W 2/2-2/25 5:30-6:15 p.m. WEK

Pilates & Stretch

Join us for this multi-level class that combines Pilates exercises with effective stretching techniques to increase strength and flexibility for your entire body. Major areas of focus are the core, stability work, coordination, breathing and relaxation. No prior Pilates experience necessary; open to all levels. Instructor: Pippa. No class 1/19, 2/16. Fee: \$39. 480-350-5200

42150 16 yrs+ M 1/12-3/9 6:30-7:30 p.m. KRC

Spring Brochure Available February 12



Yoga; Candlelight

Candlelight Yoga is a perfect way to find relaxation at the end of a long day. Enjoy slow, tranquil and meditative movement to candle light. No experience necessary. Use your breath and slow gentle movements to help you find peace and serenity in the middle of the week. You will leave relaxed and renewed. Instructor: Sara. Fee: \$59. 480-350-5200

42126 16 yrs+ W 1/7-3/25 5-5:50 p.m. PAC

Yoga; Healthy Backs

Healthy Backs Yoga is a therapeutic class designed for participants with chronic neck and back pain. Focus on balancing strength and flexibility in the upper back, shoulder blades, neck and lower back. Practice is slow, gentle and suited for all skill levels. No yoga exp. necessary. Participants must bring yoga mat. 480-350-5200

42127 16 yrs+ Sa 1/17-3/28 9-10:30 a.m. Kate \$55 KRC 42128 16 yrs+ W 1/14-3/25 7:05-8:05 p.m. Tammy \$42 PAC

Yoga; Introduction

Designed specifically for those who are new to yoga or are interested in learning the fundamentals and philosophy of a yoga practice. Focus will be on integrating the breath with body movement and maintaining proper physical alignment. You will leave class feeling stretched, open and rejuvenated. Participants must bring yoga mat. Fee: \$55. 480-350-5200

42115 16 yrs+ T 1/13-3/24 5-6:15 p.m. Tammy PAC 42116 16 yrs+ W 1/14-3/25 6-7 p.m. Diane KRC

Yoga; Introduction to Yoga Meditation

Perfect place to enter into the yoga practice and learn a range of meditations along with Hatha yoga's basic poses, breathing and relaxation techniques. Enjoy this sampling of meditation techniques as you are guided to the blissful silence behind your thoughts and experience deep relaxation. Participants must bring yoga mat. Fee: \$55. 480-350-5200

42139 16 yrs+ W 1/14-3/25 5:30-6:45 p.m. PAC

Yoga; Level 1 & 2

Prerequisite: Intro to Yoga recommended, but not required. Elevate your body and mind connection as you refine and build-upon the basic postures from Hatha Yoga. This class will assist you with learning the skills you need to take your yoga practice to a deeper level. Participants must bring yoga mat. 480-350-5200

42165 16 yrs+ T 1/6-3/24 7:30-8:45 p.m. Caroline \$65 MUS 42164 16 yrs+ W 1/14-3/25 7:15-8:15 p.m. Diane \$55 KRC

Yoga; Level 2

A more challenging and vigorously-led class which will focus equally on strength and functional mobility by incorporating a variety of traditional yoga poses. Less basic instruction will be given, and the teacher will assume students have a certain amount of familiarity with a yoga practice. Participants must bring yoga mat. Instructor: Caroline. Fee: \$70. 480-350-5200

42178 16 yrs+ M 1/5-3/30 6-7:30 p.m. MUS

Yoga Nidra

Yoga Nidra is a powerful systematic method of inducing complete physical, mental and emotional relaxation. Practice consists of breathing exercises and guided meditation while reclining in a restorative position. Release 3 kinds of tension-muscular, emotional and mental. Experience deep meditative state said to be 5 times more restorative than sleep. All levels. Fee: \$55. 480-350-5200 42309 16 yrs+ Th 1/15-3/26 7:45-8:45 p.m. PAC

Yoga; Restorative

Restorative Yoga is a soothing, gentle class where both restorative and yin poses are utilized to remove deep-seated tension. Class culminates in the profound meditative experience of yoga nidra; a method of restful and effortless guided relaxation. Participants will leave class feeling calm and refreshed. Participants must bring Yoga mat. Instructor: Caroline. Fee: \$70. 480-350-5200 42180 16 yrs+ M 1/5-3/30 7:30-8:45 p.m. MUS

Yoga; Slow & Gentle Flow

This is perfect for beginners and those wanting a slow, meditative and gentle yoga class. Increase flexibility, joint mobility and agility. Incorporate breathing exercises along with visualization techniques for stress reduction. Poses are modified and may be done with props. Participants must bring yoga mat. Instructor: Linda. Fee: \$47. *No class 2/16. 480-350-5200

42197 16 yrs+ Sa 1/10-3/21 10:30-11:30 a.m. Shaila \$55 PAC 42146 16 yrs+ M 1/26-3/30* 10:30-Noon Linda \$47 KRC

Yoga; Therapeutic

Learn to move with grace and ease while using basic breathing exercises and simple yoga poses to help relax your head, neck, shoulders and back. This class will flow at a slower pace and students of all experiences and backgrounds are welcome to attend. Participants must bring own yoga mat. *No class 1/19, 2/16. 480-350-5200

42099 16 yrs+ W 1/7-3/25 6:15-7:15 p.m. Kim \$60 NCC 42100 16 yrs+ M 1/5-3/30* 4:45-5:50 p.m. Kim \$55 PAC

Yoga; Tone and Core

A perfect way to refine your body from the inside-out. Emphasis will be on strengthening the body from the deep center by using a variety of yoga postures as a guide. Target and challenge the muscles of the back, abdominals, hips and glutes. Participants must bring own yoga mat. Fee: \$65. 480-350-5200 42185 16 yrs+ T 1/6-3/24 6-7:30 p.m. Caroline MUS

Yoga; Yin and Meditation

Yin Yoga is a soothing and relaxing form of yoga which allows participants to move deeply into various postures and hold the poses for a longer period of time. End with 20 minutes of seated meditation. Students will be coached on how to meditate properly and comfortably. Participants must bring yoga mat. Fee: \$53, 480-350-5200

42138 16 yrs+ F 1/16-3/27 5:45-7 p.m. Tammy KRC

Yoga; Yoga with Weights

The perfect combination of flexibility and strength training! Class combines yoga and stretch exercises utilizing 1-2 lb handheld and light ankle weights to strengthen the core of the body; area between the shoulders and knees. Perfect for those experiencing tightness in hips, shoulders, lower back and legs. Each class ends with a brief relaxation. Fee: \$54. 480-350-5200

42191 16 yrs+ T 1/13-3/24 6:15-7:15 p.m. NCC

Yogilates

Yogilates combines Yoga and Pilates practices; offering the best of both worlds. Exercises will cultivate proper breath use, strength, stamina, stability and flexibility while also emphasizing the deep muscles of the core. No experience necessary. Class taught by certified Yoga/Pilates instructor. Bring own mat. *No class 1/19, 2/16. Fee: \$49. 480-350-5200

42189 16 yrs+ M 1/12-3/30* 6-7 p.m. PAC

Drop-In Fitness Classes

Are you too busy to make a four to 12-week fitness commitment? How about fitness when you want it? Introducing a convenient payment method: Pay-As-You-Go classes! 480-350-5200

Now you have the choice to make a commitment to register for a full session of classes, or commit to participate only when you have the time. If you choose to Pay-As-You-Go, please arrive 10 minutes early to register for your class. You will need to show your receipt to the instructor in order to validate payment of class.

Exercise; Building Better Bones with Pippa Frame

Stop bone loss and restore bone mass. Pilates-based exercises to strengthen muscles, increase flexibility and improve balance. Focus on reversal of bone loss, injury prevention and functional fitness to help avoid falls, alleviate pain and maintain independence. Pay-As-You-Go for \$7 per class. No class 1/14. Fee: \$51. 42154 16 yrs+ W 1/7-3/11 9:30-10:30 a.m. KRC

Exercise; Zumba Fitness Express – burn 300 kcal!

Zumba is a high-energy cardio workout that incorporates unique moves with sizzling Latin dance music. Zumba maximizes caloric output with fat-burning movements and easy-to-follow dance steps. Zumba is appropriate for all, and no experience is necessary. Pay-As-You-Go for \$4 per class. *No class 1/19, 2/16. M 1/5-3/30* 42077 16 yrs+ 6-6:50 p.m. \$41 PAC 42079 1/10-3/21 16 yrs+ 9:15-10:15 a.m. \$41

Exercise; Zumba Gold ${\mathbb R}$ - dance the lbs. away with Akua!

Blast calories and burn fat! Perfect for those looking for modified Zumba format that recreates the original moves you love at a lower intensity. Easy-to-follow, fun choreography that focuses on balance, range of motion and coordination. Come ready to sweat; Akua promises to get your feet moving, your heart pumping and you on your way to dancing yourself thin! Fee: \$45.

43067 16 yrs+ Th 1/8-3/26 6:30-7:30 p.m. PA

Counseling Services



Individual Marital/Couple Child and Family

City of Tempe Counseling Program Tempe Public Library (2nd Floor) 3500 S. Rural Road

480-350-5400

www.Tempe.gov/Counseling

Special Interest



Cooking Classes; Chef JoAnne Groot

Chef JoAnne Groot, a graduate of Scottsdale's LeCordon Bleu, operates her own catering business, JoAnne's Kitchen. For an enjoyable, relaxing evening, register for one or all of the classes below. Sample every dish; all recipes are included as part of the class fee. A \$3 supply fee is due to Chef JoAnne at the beginning of each class. 480-350-5200

Cooking Demonstration; Cooking with Grains

Learn how to cook deliciously-simple recipes while incorporating more grains into your repertoire. Menu includes Lemon Barley Salad with Kale Pesto, a perfect appetizer of Quinoa Salad served on endive leaves, Cheesy Baked Farro - a great new take on classic macaroni and cheese, and for dessert, a creamy and slightly sweet Rice Pudding. Fee: \$25.

42131 15 yrs+ W 1/14 6-8 p.m. CSC

Cooking Demonstration; Super Bowl Party!

Forget the usual, boring Super Bowl Party; spice it up with new takes on your favorite Super Bowl snacks. Menu includes NFL Potato Skins (customized for your favorite team), Pizza Dip served with a baked pizza crust, a simple yet satisfying Snack Mix, a serve yourself pot of Chicken Chili, and for dessert, a make-ahead Cheesecake Shooter sure to please your guests. Fee: \$25.

42141 15 yrs+ W 1/28 6-8 p.m. CSC

Cooking Instruction; Cupcakes

Cupcakes, cupcakes galore. You know you want more! Join Chef JoAnne for a scrumptious night of baking. Learn how to create gooey and moist cupcakes that will please every time. Menu includes Chocolate Ganache Cupcakes and Salted Caramel Cupcakes sure to satisfy your sweet tooth. Participants must wear non-loose-fitting clothes and closed-toe shoes. Register early; space is limited. Fee: \$25.

42142 15 yrs+ W 2/4 6-8 p.m. CSC

Cooking Demonstration; All about Chicken V2.0

Spice-up your week with more savory chicken dishes from Chef JoAnne. Menu includes Chicken Satay served with a peanut sauce, a Southwestern Chicken Salad that's great for dinner or lunch, Chicken Francese - a simple dish with a lemon sauce that will be sure to please, and instead of ordering out, make Sweet and Sour Chicken at home. You will never look at chicken the same way. Fee: \$25.

42143 15 yrs+ W 2/18 6-8 p.m. CSC

Cooking Instruction; Canning (Pickling)

Pickling isn't just for pickles; you can pickle anything. Learn how to make Bread and Butter Pickles, Pickled Beets with Orange and Rosemary, and Pickled Peppers. Take-home your pickled items to share with family and friends. Participants must wear non-loose-fitting clothes and closed-toe shoes. Register early; space is limited. Fee: \$25.

42144 15 yrs+ W 3/4 6-8 p.m. CSC

Visit www.Tempe.gov/FamilyActivities for upcoming Tempe events!



Crochet; Beyond the Basics

Move on from basic stitches. Create a small afghan or scarf using cluster, puff and shell stitches. Learn how to connect strips using a whip or slip stitch, or through the process of chain-joining. Become familiar with patterns, hooks and yarn weight. Prerequisite: Chain, slip, single and double Crochet stitches. Complete projects with instructor guidance. Fee: \$31. 480-350-5266 PAC

14 vrs+ 2/25-3/18

Crochet; Crochet for Beginners

Learn the four basic crochet stitches, gauge/hook size, reading yarn labels, tension and how to read a pattern. Crochet a multi-textured scarf that you may show-off, or give as a gift. Class Supplies: Two skeins, four-ply worsted weight yarn (light in color), two crochet hooks (sizes H, I or J) and one pair of small scissors. Fee: \$31. 480-350-5200

42820

W 1/14-2/4 14 yrs+

PAC



Crochet: Family Crochet

Please see page 16 for complete description.

ESL Table Talk

Want to improve your English? Join our table talk group. We meet once a week to learn and improve common vocabulary, phrasing, and discuss American culture. Basic English reading, writing, and speaking skills are required.

1/5-3/9

Fee: None. 480-350-5521

43061 18 yrs+

2-3 p.m.

LMRB



Gardening with Master Gardener Doreen Pollack

Master Gardener Doreen Pollack is a Permaculture Designer who specializes in educating fellow horticulturists on how to reduce the use and dependency of outside resources in landscape. Her low-water and low-human energy use designs are both creative and natural. Whether you are thinking

about starting your first garden, or you've been gardening for years, these classes are for you! Join Doreen for all or part of the interactive workshops below. 480-350-5200

Composting 101

Composting can be extraordinarily beneficial if you know where to start. Turn your organic waste into gardening gold! Learn simple ways to compost using everyday food scraps. Workshop topics include compost basics such as how to build a bin, compostable material, storage location and how to create rich garden soil. Fee: \$15.

43076 15 yrs+

6-7:30 p.m.

PAC

Edible Landscaping for Desert Gardens

Desert landscapes aren't just beautiful: they can be edible and delicious, too! Discover the secret to creating a stunning desert garden that is vibrant in color and flavor. Workshop topics include the history of edible landscapes and food safety. Fee: \$15.

43077

15 yrs+

2/4

6-7:30 p.m.

PAC

Spring and Summer Herb Gardens

Rosemary, oregano, basil, mint; herbalicious and super nutritious! Step into your own garden to snip tasty sprigs for seasonal and everyday dishes, or add a fragrant touch to bouquets and décor. Learn how to grow herbs in garden beds or containers. Workshop topics include herbs, plant selection, soil, pacing, herb yield and scaling. Fee: \$15.

43078

15 vrs+

2/25

6-7:30 p.m.

PAC

iPad Photo Editing

This course will teach you how to download an image, or take an existing image, and retouch, edit and remove elements from it using your iPad. You will learn how to change your photos to meet humorous or business needs, or simply how to correct something in a picture. Fee: None. 480-350-5802. 43062 18 yrs+ 2/13-3/6 **LMRB** 1-2 p.m.

Hunter Education

Facilitated by AZ Game and Fish; bring your SSN to the first class or contact Andy Megaw, Hunter Education Assistant, at amegaw@azgfd.gov., to obtain a Hunter Identification Number. Instruction includes a mandatory hunting simulation; you do not need to supply a firearm for the simulated hunt but you must wear closed-toe shoes. Fee: Adult/\$9; Youth/\$5. 480-350-5200

42296 9 yrs+ 3/6

5-9 p.m. 8 a.m.-5 p.m.

WCC WCC

IPad O and A

Did you just get an iPhone or iPad as a gift or have an old one that you have questions about? Well this might be the class you have been looking for. Bring in your iPad/iPhone and we will try to answer your questions. Share your tricks and tips with others who can learn from your experience. Fee: None. 480-350-5802.

43049 18 vrs+ 43050 18 yrs+

1/28-2/18 2/5-2/26

10-11 a.m. 2:30-3:30 p.m. **LMRB ESCA**



On-line iPad Scavenger Hunt

Use the TPL outreach iPad lab and go on a digital scavenger hunt through the wild World Wide Web. You will learn how to use the right key-words during your search. Fee: None. 480-350-5802.

43016

18 yrs+

F

1/16-2/6

2:30-3:30 p.m.

ESCA

Pets; Save-A-Pet

Taught by local veterinarians, this class covers areas such as first aid for pet injuries, poisoning and CPR. Pet care tips and health information are also included, as well as hands-on CPR training with the Resuscidog. And informative booklet will be included.

Fee: \$15. 480-350-5266

42867

15 yrs+

6:30-8:30 p.m.

UNIV

Photography; DSLR Basics

Review camera operation and settings, memory cards, care and cleaning. Learn about types of photography, shutter speed, exposure, composition, lighting, focal point and depth of field. Classes will conclude with a student photosharing opportunity; bring DSLR camera and manual to class. Taught by David Miller, professional photographer. Fee: \$45, 480-350-5200

1/8-2/5

42795

15 yrs+

Th

6-8 p.m.

PAC



Sewing; 101 for Beginners

Learn to hand-sew and use your sewing machine. You will be introduced to three basic hand-sewing stitches and machine techniques while creating custom projects. Bring basic sewing supplies and a sewing machine. Taught by a professional seamstress and evening wear designer. Instructor: Kathleen. For a list of class materials, visit www.tempe.gov/classmaterials. *No class 1/19, 2/16. Fee: \$45. 480-350-5200

42853 15 yrs+ M 1/12-3/2* 6-8:30 p.m. PAC 42854 15 yrs+ M 2/2-3/2* 9:30 a.m.-Noon CRC

Sewing; Alterations

Instruction includes tapering and hemming. Bring basic sewing supplies, sewing machine, and a pair of pants that fit in length to use as a baseline to hem your pants. Class is taught by a professional seamstress and evening wear designer. Instructor: Kathleen. For a list of class materials, visit www.tempe.gov/classmaterials. Fee: \$45. 480-350-5200

42862 15 yrs+ W 1/7-2/11 9:30 a.m.-Noon CRC 42861 15 yrs+ Sa 2/14-3/14 9:30 a.m.-Noon PAC

Sewing; Mommy and Me

Please see page 17 for a complete description.



Sewing; Open Studio

A self-paced class for those who are looking to complete an existing project or may need guidance beginning a new project. Studio class is open to all sewing students with a working knowledge of basic skills and techniques. An experienced instructor will be available to help with your projects; bring your patterns and materials to class. Instructor: Kathleen. Fee: \$39. 480-350-5200

42864 15 yrs+ Sa 2/21-2/28 Noon-3 p.m. PAC 43100 15 yrs+ M 3/9-3/16 9:30 a.m.-12:30 p.m. CRC

Sewing; Sewing from a Pattern

Mastered the basics of Sewing? Enhance your skills; sew from a pattern. Sewing from a pattern will provide you with many options for creating garments, costumes, soft furnishings, toys and other items. Learn about sizing, alterations, seams, grain lines, button markings and more. Bring a pattern, tracing wheel and paper to class. Instructor: Kathleen. Fee: \$45. 480-350-5200

42865 15 yrs+ W 2/11-3/11 6-8:30 p.m. PAC

All Spanish students must bring the appropriate required book to the first class. To view a complete list of class materials, as well as a list of supply vendors, visit www.tempe.gov/classmaterials.

Spanish; Level 1

An interactive introduction to the Spanish language. Learn common phrases, vocabulary, present and future tenses. Develop listening and speaking abilities in Spanish while forming questions and improving pronunciation. Required Book: "Basic Spanish (Practice Makes Perfect Series)," by Dorothy Richmond. ISBN-13: 978-0071458054. No class 1/27. Fee: \$45. 480-350-5200

42808 18 yrs+ T 1/20-3/17 5:15-6:45 p.m. PAC

Spanish; Level 2 Conversation

A continuation of Spanish; Level 1. Utilize the skills learned in Level 1 to practice in conversation. Learn how to form sentences and use sentences in a conversation. Required Book: "Spanish Verb Tenses, Second Edition (Practice Makes Perfect Series)," by Dorothy Richmond. ISBN-13: 978-0071639309. No class 1/27. Fee: \$45. 480-350-5200

42809 18 yrs+ T 1/20-3/17 7-8:30 p.m. PAC



809 E. Southern Avenue 480-350-5100

Danish Christmas at the Petersen House

Weekends throughout December

Saturday: 12/6, 12/13 and 12/20; 10 a.m.-3 p.m. Sunday: 12/7, 12/14 and 12/21; 1-4 p.m.

Once again, the Petersen House Museum will be filled with Danish Christmas decorations and traditions for the holiday season. This year will highlight fairy tales by Denmark's famous storyteller Hans Christian Andersen, including: The Princess and the Pea, The Steadfast Tin Soldier, The Little Match Girl and The Ugly Duckling. Storytelling will be featured on Sundays. Petersen House Museum, 1414 W. Southern Ave.

PERFORMANCES at the MUSEUM

Christmas with Pick and Holler

Friday, 12/5; 7 p.m.

Come and go as you please as Pick and Holler plays old time Appalachian music between 7 and 9 p.m. This free show features one of the Valley's most spirited string bands. They draw deeply from the old time string band tradition of Appalachian fiddle and banjo tunes. This is high energy old time music to keep the feet moving and the faces smiling!

Also, visit Santa and his helpers outside and the arts and crafts and karaoke elves next door at the Edna Vihel Activities Center. 3340 S. Rural Rd.

PERFORMANCES at the MUSEUM

Japhy's Descent

Saturday, 12/13; 7 p.m.

Japhy's Descent plays glass rattling, toe tapping, mind altering music wrapped in a fun bow... that you can't have until your birthday. They are a Tempe band that believes they are here to burn as bright as possible, be a beacon to others and not be afraid to pour every ounce of energy into something they love. At this free show, they invite you to take the plunge into the wonderful world around you. Listen to music, laugh, play, love, share, & experience the awe around you by simply being a part of it.

Tempe Historical Society Lunch Talks

Rudy Campbell: My Four Worlds

Wednesday, 1/14; 11:30 a.m.

Rudy Campbell came to Mesa with his family from Oklahoma in a Depression era Westward-bound caravan. He progressed from counting and sorting parking meter coins as a City of Mesa part-time employee to being a successful banker. He was vice-president/manager at Tempe's First State Bank. He became a member of the Tempe City Council in 1956, and mayor in the city's first public mayoral election in 1965.

THIRD THURSDAY at the MUSEUM

The Tempe Sound: Choral Conducting Around the World with David Schildkret

Thursday, 1/15; 7 p.m.

The Tempe History Museum hosts a free evening lecture series every Third Thursday in the fall and spring. This season's theme focuses on the Tempe music scene. Join the museum for a free cup of coffee and learn about the history and the impact of Tempe-based music. On January 15, meet David Schildkret, the Director of Choral Activities at Arizona State University School of Music. Join him for a discussion of choral conducting around the world and the linking of visual arts, culture and music.

Black History Month:

A Celebration of Black History Month

Saturday, 2/7; 6:30 p.m.

Join us and celebrate the contributions of the local African American community. Featuring:

- Art from Artists of the Black Community
- Gospel Music Selections
- Local High School Essay contest winners presentation
- Educational presentation by an Arizona Humanities Council scholar
- Musical entertainment

Tempe Historical Society Lunch Talks

Pat Carr Mahoney: Secrets from The Pink Chair: A struggle for life among the dead...

Wednesday, 2/11; 11:30 a.m.

Pat Carr Mahoney describes her debut novel as fiction, based on facts related to watching, as a young girl, her mother prepare the deceased for funerals at Tempe's historic Carr Mortuary. Pat earned ASU degrees in print journalism. education and counseling.



Archery; Archery 101

Please see page 18 for complete description.

Adult Sports Leagues

Organizational Meetings				
League Location, Date, Time Season Starts				
Baseball	PAC; 2/11; 7 p.m.	April		
Basketball	PAC; 11/12; 7 p.m.	January		
Flag Football	PAC; TBD; 7 p.m.	February		
Soccer	N/A	February		
Softball	PAC; 1/6; 7 p.m. <i>New Teams</i>	February		

	Registration Dates Summer 2014	
League	Location,Date,Time	Season Starts
Baseball	LIB; 3/4; 8 a.m.	April
Basketball	LIB; 12/3; 8 a.m.	January
Flag Football	LIB; 1/14; 8 a.m.	February
Soccer	LIB; 1/14; 8 a.m.	February
Softball	LIB; 1/12; 8 a.m.	February

Women's Basketball League

Begins March 23

Registration for the team league starts on 2/9/2015 and must take place in person at Escalante Community Center. Registration will continue until the league is full. The league begins the week of 3/23/2015. Team Fee: \$300. For more information please contact Alex Jovanovic 480-350-5800.

Organizational Meeting	2/4	7 p.m.	ESCA
Registration Date	2/9	8 a.m.	ESCA

Volleyball; League Information – Winter 2015

www.tempe.gov/kiwanis

League Registration Dates

Resident Teams: 12/8-1/2* Non-Residents Teams: 12/11-1/2* League Dates (T/W): 1/13-2/25 Tournament Dates: 3/3-3/11

Women's A: 43028 Co-Rec B: 43029 Co-Rec A: 43030

Cost: \$305/team; no individual registration will be taken.

*Kiwanis Recreation Center will be closed 12/1-12/14 for facility upgrades. Registration will be available on-line or in-person at the Recreation Administration Office, 3500 S. Rural Road, 2nd Floor. For more information, contact David Bucher: 480-350-5704 or david_bucher@tempe.gov

Basketball; Adult Open Gym Basketball

Come play indoors. Court will be available for open play. A registration form and state issued photo ID are required on the first visit. Fee: \$1. 480-350-5800 NO CODE 18 yrs+ Τ Ongoing 6:30-9 p.m. **ESCA** NO CODE 18 yrs+ Th Ongoing 7:30-9 p.m. **ESCA** NO CODE 18 yrs+ Ongoing 3:30-6 p.m. **ESCA**

Golf; Golf 101 - Beginner

Learn the fundamentals of golf from a PGA professional. Students will learn the rules, proper etiquette of golf, stance, grip and swing technique. Participants are encouraged to bring their own clubs; clubs may also be borrowed from the instructor. Fee: \$50. 480-350-5200

42869	18 yrs+	M	1/5-1/26	4-5 p.m.	KMGC
42870	18 yrs+	M	2/2-2/23	4-5 p.m.	KMGC
42871	18 yrs+	M	3/2-3/23	4-5 p.m.	KMGC
42872	18 yrs+	Su	1/4-1/25	9-10 a.m.	KMGC
42873	18 yrs+	Su	2/1-2/22	9-10 a.m.	KMGC
42874	18 yrs+	Su	3/1-3/22	9-10 a.m.	KMGC

Golf; Golf 102 - Intermediate

This class is designed for those who have already taken Golf 101, or need to dust-off their clubs and get back in the game. Class is taught by a PGA professional who will help you gain a better understanding of equipment, how to perfect your golf swing, as well as on-course management. Students are encouraged to bring their own clubs. Fee: \$50. 480-350-5200

42875	18 yrs+	T	1/6-1/27	4-5 p.m.	KMGC
42877	18 yrs+	T	2/3-2/24	4-5 p.m.	KMGC
42879	18 yrs+	T	3/3-3/24	4-5 p.m.	KMGC
42876	18 yrs+	Th	1/1-1/22	4-5 p.m.	KMGC
42878	18 yrs+	Th	2/5-2/26	4-5 p.m.	KMGC
42880	18 yrs+	Th	3/5-3/26	4-5 p.m.	KMGC

Rock-Climbing; Rock-Climbing and Rappelling

Basic instruction of the fundamentals and techniques of rock-climbing, as well as knot-tying and methods of belaying. Class participants need to arrive 15 minutes prior to the start of class to be fitted for shoes, and to complete a waiver form. Fee: \$48. 480-350-5200

W 42290 16 yrs+ 2/4-2/18 6:30-9:30 p.m. ROC

Vollevball: Drop-in

The Kiwanis Recreation Center offers coed drop-in volleyball for ages 16 yrs+. Teams are formed on-site; learn rules at sign-up. Fee: \$4. 480-350-5201. No play on 2/1.

NO CODE 16 yrs+ 1/4-3/29 KRC Su 11 a.m.-2:30 p.m.

Volleyball; Open Gym

Bring your friends for a fun afterNoon of indoor volleyball. All levels of play are usually represented from beginner to advanced. A registration form and state issued photo ID are required on the first visit. Fee: \$1. 480-350-5800

NO CODE 16 yrs+ T/Th Ongoing 7:30-9 p.m. **ESCA** NO CODE 16 yrs+ Su Ongoing 1-4 p.m. **ESCA**

Registration begins December 8; classes begin January 5 unless noted otherwise within class descriptions. No classes January 19 or February 16. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for Adults (50+ Years). Additional offerings for adults may be viewed in the Adults (18+ Years) section.

Cahill Senior Center

715 West 5th Street 480-858-2420

www.tempe.gov/cahillseniorcenter

The Dennis J. Cahill Senior Center offers a fully-equipped fitness room, computers with Internet access, luncheons, classes, movies and special events for adults ages 50+.

Facility Hours:

Monday – Friday 8:30 a.m.-2:30 p.m. Facility Closures: Dec. 25, Jan. 1, Jan. 19, Feb. 16

Weekly Activities

BINGO*	Mon.	1 p.m.
New Release Movie	Tues.	11 a.m.
\$3 Lunch before Bingo	Fri.	11:30 a.m.
BINGO*	Fri.	1 p.m.

*Card sales begin at 12:30 p.m. No Bingo: Jan. 19, Feb 16

Please refer to the Roadrunner Chronicle newsletter, or call 480-858-2420 for more information. Join the RTA (Retirees of Tempe Advisory Group) for event discounts.

Escalante Senior Center

2150 East Orange Street 480-350-5870 www.tempe.gov/escalante

The Escalante Senior Center is operated by Tempe Community Action Agency (TCAA) with programming every Tuesday through Friday for adults 60+. The AmeriCorps Health & Wellness program is offered every Tuesday to include exercise classes with weights, balls, and bands, and on Thursday Zumba classes. Monthly Health related programs are presented by certificated Health Providers. Healthy Cooking Demonstrations are featured the 1st and 3rd Wednesdays of each month. Other activities include the LUNCH PROGRAM, BINGO, Crafts, Field Trips, Garden Club, Readers Theater, Walking Club, and Seasonal Events. For more information stop by the center or call 480-350-5872.

Facility Hours

Tuesday-Friday 8 a.m.-3 p.m.

Facility Closures: Dec. 25, 26, Jan. 1, Jan. 19, Feb. 16

Weekly Activities:

AmeriCorps Exercise Class	Tues. & Thurs.	10:30 a.m.
Lunch Program	TuesFri.	11:45 a.m.
Bingo	Tues. & Thurs.	12:30 p.m.
Walking Club	Wed.	9 a.m.
Water Exercise (J&J)	Wed.	9:30 a.m.
Garden Club	Wed.	10:30 a.m.

Special Events for the Spring Season:

Thanksgiving Celebration	Fri.	Nov. 21
December Holiday Celebration	Fri.	Dec. 19

North Tempe Senior Center

1555 North Bridalwreath Street 480-858-6510

www.tempe.gov/northtempe

The North Tempe Senior Center is operated by the Tempe Community Action Agency (TCAA). The Center offers billiards, books, magazines, television, playing cards and a collection of board games. Programming includes luncheons, presentations, classes, special events and Bingo. The North Tempe Multi-Generational Center is home to TCAA's Home Delivered Meal (HDM) program that serves meals to home-bound elderly and disabled individuals in Tempe and South Scottsdale. Participants can be referred to us by the SENIOR HELP LINE@602-264-4357. TCAA also offers a private pay option for home delivered meals. The meals are delivered Mon.-Fri. between 9:30am and 12:30pm. If you would like more information for this program please call our front desk at 480-858-6510. Visit TCAA's Website at www.tempeaction.org

Facility Hours:

Monday-Friday, 8 a.m.-3 p.m.

Facility Closures: Dec. 25, 26 Jan. 1, Jan. 19, Feb. 16

Weekly Activities

Silver Sneakers	Mon., Wed., Fri.	9:30 a.m.
TCAA Congregate Lunch	Tues., Wed., Thurs.	11:45 a.m.
Bingo (.50 cents per card)	Mon.	12:30 p.m.
AmeriCorps Fitness Classes	Tues., Thurs.	9:30 a.m.

Healthy Cooking for Seniors Demo Classes: Classes are held on the first and third Thursdays of each month at 10:30 a.m. This is an onsite drop-in class, so preregistration is not required. Participants will have the opportunity to join the demonstration and enjoy a sample of the days' recipe.

Volunteer Opportunities: TCAA is actively recruiting volunteers to assist with their Home Delivered Meals program. Contact Kathy Flores at the North Tempe Senior Center Front Desk at 480-858-6510.

Pyle Adult Recreation Center

655 East Southern Avenue

(SW Corner of Rural and Southern)

480-350-5211

www.tempe.gov/pyle

The Pyle Adult Recreation Center is a recreation facility for adults, ages 18 yrs+. Classes and programs for adults are offered through the brochure at this facility. The facility has a multipurpose room, dance room, billiards room, fitness room and six meeting rooms.

Facility Hours

Monday-Thursday 8 a.m.-9 p.m. Friday 8 a.m.-5 p.m. Saturday 9 a.m.-4 p.m. Sunday Closed

Facility Closures: Dec. 25, Jan. 1, Jan. 19, Feb. 16

Retirees of Tempe Advisory (RTA)

The Retirees of Tempe Advisory (RTA) is a group sponsored by the City of Tempe Community Services Department and the Pyle Adult Recreation Center. The RTA advises Pyle staff regarding programs and events for those 50 years and older. RTA membership is \$5 per year and provides members with discounts on lunches and other special events and activities. To become a member, you must apply in person at the Pyle Adult Recreation Center's front desk.

Monthly Retiree Activities

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Tuesday/Thursday Lunch/Program	11:30 a.m.
Needlewielders Tuesdays/Thursdays	9 a.mNoon
Senior Songbirds meet Wednesdays	9:30 a.m.
Looney Tooner Kitchen Band Mondays (Sept M	ay) 9:30 a.m.
Tuesday New Release Movies	12:30 p.m.
Bingo Every Wednesday	1 p.m.
Bluegrass Jam Session every Wednesday	1-3:30 p.m.
Current Events Discussion Group every Thursd	ay 1 p.m.
Bluegrass Jam Session every Friday	9-11:30 a.m.
Various card groups throughout the week	Times Vary
Classic Movie Fridays	12:30 p.m.

Fees for the above programs are minimal and vary by program to cover costs of the program. If you have questions about any of the programs or classes offered for adults 50+ years, call 480-350-5211, or visit the Pyle Adult Recreation Center's website at www.tempe.gov/pyle.

Classes - Participants & Observation:

- Minimum age requirement for the following activities is 50 years.
- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.

Arts & Crafts

For a list of suggested materials, visit www.tempe.gov/pyle, or the Pyle Center Front Desk.

Acrylic and Oil Painting

Instructed by Donna Levine, this course in Acrylic and Oil Painting includes composition, color theory and basic painting techniques. Class requires additional materials; please bring materials to the first class. Refer to class listing below for proper experience level placement (beginning, intermediate, advanced). *No class 1/19, 2/16. **No class 1/14. ***No class 1/15. 480-350-5211

41768	50 yrs+	Beg.	M	1/5-3/2*	9 a.mNoon	\$42	PAC
41769	50 yrs+	Int.	W	1/7-3/4**	1-4 p.m.	\$48	PAC
41770	50 yrs+	Adv.	Th	1/8-3/5***	9 a.mNoon	\$48	PAC

Crafts and Coffee at Cahill

Join us on the third Wednesday of each month for coffee and crafting. Fee: \$4. 480-858-2420.

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42495	50 yrs+	W	1/21	10 a.m.	CSC
42496	50 yrs+	W	2/18	10 a.m.	CSC
42497	50 yrs+	W	3/18	10 a.m.	CSC

Drawing; Color/B&W

In this class instructed by Donna Levine, students can explore both black and white, and color media of their choice. Emphasis will be on technique, composition and learning to "see" color. Cost of materials will vary depending on the media you choose. Please bring one drawing medium and appropriate paper to the first class. No class 1/19, 2/16. 480-350-5211

41748 50 yrs+ M 1/5-3/2 12:30-3:30 p.m. \$42 PAC

Pastel Painting

Instructor Alice Van Overstraeten covers a unique medium in a fun environment where you will produce beautiful art with intense color. Please bring supplies to the first class; for a list of supplies, visit www.tempe.gov/pyle, or the Pyle Center Front Desk. 480-350-5211

41798 50 vrs+ Th 1/8-3/5 1-3:30 p.m. \$54 PAC

Watercolor Painting

Instructed by Donna Levine, the emphasis of this class is on the use of materials as they apply to still life, landscape and portraiture. Class requires additional materials. Approximate cost of materials is \$40-\$45 depending on projects selected. Please bring materials to the first class. No class 1/13. 480-350-5211 41765 50 yrs+ T 1/6-3/3 1-4 p.m. \$48 PAC

Business & Computers

Digital Library

Explore what the Tempe Public Library webpage has to offer. Learn where to go to download free books, audio books, classes or music. You will also learn how to review various databases. Basic computer skills would be helpful. Fee: None. 480-350-5802 43051 50 vrs+ M 1/26-2/9 3-4:30 p.m. **I MRB** 43052 50 yrs+ Τ 1/6-1/20 1-2:30 p.m. **FSCA**

Kooky iPad

Did you get that iPad as a gift and don't know what to do with it? Is this electronic device called an iPad driving you kooky? In this class you will learn the basics of using an iPad and you will also learn what the Tempe Public Library has to offer to iPad users. Fee: None. 480-350-5802

ESCA 43053 50 yrs+ F 1/16-1/30 10-11 a.m. **LMRB** 43054 50 yrs+ 2/23-3/9 3-4 p.m.

Senior Techs: Blogging made Easy

Do you like to write? Share your thoughts, hobbies, photos, and more with blogging. Topics include: choosing an online blog, making posts, and basic design. Basic computer skills are required. Fee: None. 480-350-5521

43055 50 yrs+ 10-11:30 a.m. LCL M 1/5-1/12

Senior Techs: Computer Basics

Become more comfortable and gain confidence using the computer. These computer classes are geared towards seniors age 50+. Topics covered will include: meet the computer, Microsoft Word, and exploring Google. Basic computer skills are required. Fee: None. 480-350-5521

43059 50 vrs+ NCC 2/27-3/13 9:30-11 a.m.

Senior Techs: Computer Tips & Tricks

Discover simple tips and tricks to make using the computer more enjoyable. Topics covered will include: cut and paste, emailing files or pictures, using a thumb drive, and going wireless. Basic computer skills are required. Fee: None. 480-350-5521 43058 50 yrs+ 2/6-2/20 9:30-11 a.m. NCC

Senior Techs: Facebook for Beginners

Are you ready to open a Facebook account? We can help get you started in this class. Students must be registered for, or have completed, Senior Techs: Social Media Showcase to take this class. A current email account and basic computer skills are required. Fee: None. 480-350-5521

1/16-1/30 NCC 43057 50 yrs+ 9:30-11 a.m.

Senior Techs: Social Media Showcase

Boost your knowledge of online social networking tools. We will provide a basic overview of Facebook, Twitter, and Pinterest. Basic computer skills are required. Fee: None.

480-350-5521.

43056 50 yrs+ 1/9 9:30-11 a.m. NCC

Senior Techs: Text Messaging Lingo

Ever wonder what IMHO, BRB, and B4N mean? Knowing and using simple acronyms like these can save you valuable time texting, instant messaging, and communicating online with others. Learn about these shortcuts and other trending vocabulary. We will also cover how to use emoticons and basic online etiquette. Fee: None. 480-350-5521 **CSC**

43060 50 yrs+ T 1/13 5-6:30 p.m.

Dance, Music & Theater

Ballroom Basics

Has it been a while since you tripped the light fantastic? Or perhaps you've never ventured on to the dance floor. Either way, this fun, relaxed class is for you. All the basics of Ballroom Dance will be covered as you dust-off your dancing shoes for an afternoon of fun. No class 1/19, 2/16. Fee: \$35. 480-350-5287 42558 50 yrs+ M 1/12-3/16 2:30-3:30 p.m. PAC

Line Dance; Beginning

A perfect class for the beginner who would like to learn the fun and easier dances at a slower pace. Focus is on form, technique and terminology in a fun and friendly environment. No partner necessary. 480-350-5211

41796 50 yrs+ T 1/6-3/3 1:30-2:30 p.m. \$36 PAC

Line Dance: Intermediate

A continuing class for those who feel they have mastered the basics and want more of a challenge. Focus is on rhythms, patterns and styles as you move to the music. 480-350-5211 50 yrs+ T 1/6-3/3 2:30-3:30 p.m. 41797 PAC \$36

Tap Dance; Beginning

This beginning level class will teach you the basic Tap steps as vou put them together to create a fun dance routine. Lots of fun, and great exercise. 480-350-5211

41807 50 yrs+ Th 1/8-3/5 11:15 a.m.-12:10 p.m. \$24 PAC

Tap Dance; Intermediate

Get fit while having fun. Learn fundamental Tap technique and steps, and then choreograph them for muscle memory. Start tapping your way to fitness. 480-350-5211

41808 50 yrs+ T/Th 1/6-3/5 9:10-10:05 a.m. \$50 PAC

Tap Dance; Performance

Take the fundamental Tap dance technique and steps that you've learned, and now focus on formations and polishing-up routines for performances. Must come prepared to have fun. 480-350-5211

41809 50 yrs+ T/Th 1/6-3/5 10:10-11:05 a.m. \$50 PAC

Spring Brochure Available February 12

Health & Fitness

Adult Fitness

Meet new people and feel great while working out in our fitness center. The class will occur in a small group setting where participants will receive individual guidance. *No Class 1/19, 2/16. Fee: None. 480-350-5800

42851	50 yrs+	M	1/12-2/2*	Noon-1 p.m.	ESCA
42852	50 yrs+	Τ	1/13-2/3	Noon-1 p.m.	ESCA
42855	50 yrs+	W	1/14-2/4	Noon-1 p.m.	ESCA
42856	50 yrs+	Th	1/15-2/5	Noon-1 p.m.	ESCA
42857	50 yrs+	Μ	2/9-3/2*	Noon-1 p.m.	ESCA
42858	50 yrs+	T	2/10-3/3	Noon-1 p.m.	ESCA
42859	50 yrs+	W	2/11-3/4	Noon-1 p.m.	ESCA
42860	50 yrs+	Th	2/12-3/5	Noon-1 p.m.	ESCA

Aerobic Dance Exercise

Get your heart pumping as you move to choreographed routines that encourage flexibility, muscular strength and cardiovascular endurance. *No class 1/19, 2/16. 480-350-5211

41745	50 yrs+	M/W/F	1/5-3/6*	8:05-9 a.m.	\$64	PAC
	50 yrs+			8:05-9 a.m.		



Brain G.Y.M.

Banner Alzheimer's Institute and Banner Sun Health Research Institute have designed a program to help improve brain health. This four-hour Brain G.Y.M. Boot Camp will review lifestyle factors related to brain health and teach a variety of methods to exercise various cognitive domains of the brain. Call to register 602-230-2273 NOCODE 50 yrs+ M 1/21 9 a.m.-1 p.m. \$25 CAFE

Chair Yoga

Unable to get up and down from the floor? You can still do Yoga. Learn to breathe slower and deeper, increase flexibility and strength, improve your memory, sleep better and boost your immune system. Suitable for all physical abilities. 480-350-5211 41793 50 yrs+ W/F 1/7-3/6 9-10 a.m. PAC

Gentle Yoga

This class will focus on breathing and relaxation techniques that will quiet the mind and relax the body. Students will practice the basic hatha voga poses, focusing on those that stretch the muscles and improve balance and strength. 480-350-5211 41795 50 yrs+ T 12:15-1:15p.m. \$32 1/6-3/3 PAC

Healthy Cooking for Seniors

Join us on the 1st and 3rd Tuesdays of each month for a cooking demonstration that will teach you how to incorporate locally grown produce into healthy meals. Fee: None, 480-858-2420.

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42504	50 yrs+	T	1/8	10 a.m.	CSC
42505	50 yrs+	T	1/20	10 a.m.	CSC
42506	50 yrs+	T	2/3	10 a.m.	CSC
42507	50 yrs+	T	2/17	10 a.m.	CSC
42508	50 yrs+	T	3/3	10 a.m.	CSC
42509	50 yrs+	T	3/17	10 a.m.	CSC

Seated Strength Training

Learn about things you can do with weights and bands while sitting to increase your strength. No class 1/19, 2/16. 480-350-5211 41895 50 yrs+ M 1/5-3/2 9-9:45 a.m.

Stretch & Tone

Haven't exercised in a while? Get back into the exercise routine with this gentle exercising and stretching program. Exercise at your comfort level either sitting in a chair or standing. *No class 1/19, 2/16, 480-350-5211

41801	50 yrs+	M/W	1/5-3/4*	10:30-11:15 a.	m. \$34	PAC
41802	50 vrs+	T/Th	1/6-3/5	9:15-10 a.m.	\$38	PAC

Tai Chi / Body Balance Advanced

This exercise class builds on the five movements of the Tai Chi/Body Balance Basic class by adding six new movements. Qigong breathing exercises coordinated to each movement will also be learned. The eleven major movements form the Tai Chi Long Form. Major emphasis is on balance and stability, adding stretching exercises to improve flexibility and strength. Prerequisite: Tai Chi / Body Balance Basic. No class 1/19, 2/16. 480-350-5211

41806 50 vrs+ M 1/5-3/2 12:30-1:30 p.m. \$30 PAC

Tai Chi / Body Balance Basic

This exercise class uses basic Tai Chi movements and Qigong breathing exercises to gently relax and exercise the body. Major emphasis is on balance and stability, but students will also learn basic stretching exercises to improve flexibility and strength. A basic Tai Chi Short Form that uses five major movements to exercise the body will be learned. No class 1/19, 2/16. 480-350-5211

41805 50 yrs+ M 1/5-3/2 11:15 a.m.-12:15 p.m. \$30 PAC

Toners & Shapers

This class is designed to strengthen and tone muscles, and to increase flexibility. Class consists of a warm-up and stretch. strength-training exercise and a cool-down stretch and relaxation. Each participant is encouraged to work at his/her own level. Participants are asked to provide their own weights upon instructor recommendation. No class 1/19, 2/16. 480-350-5211 41810 50 yrs+ M/W/F 1/5-3/6 9:05-10:20 a.m. \$72 PAC

Yoga; with Weights

The perfect combination of flexibility and strength training. Class combines yoga and stretch exercises utilizing 1-2 lb handheld and light ankle weights to strengthen the core of the body; area between the shoulders and knees. Perfect for those experiencing tightness in hips, shoulders, lower back and legs. Each class ends with a brief relaxation. Fee: \$42. 480-350-5200

42076 50 vrs+ W 1/7-3/25 10:35-11:35 a.m. PAC

Zumba for 50+

A fun workout that incorporates unique, Latin dance moves with up-beat Latin music. Zumba maximizes caloric output with fatburning movements and adapts to your ability level with easy-to-follow dance steps so that you can have fun. 480-350-5211 41812 50 yrs+ T 1/6-3/3 11:10 a.m.-12:05 p.m. \$37 PAC 41813 50 yrs+ F 1/9-3/6 10:35-11:30 a.m. \$37 PAC

Social Activities

For additional information on the following Cahill Senior Center special events and menus, please refer to the monthly Roadrunner Chronicle, or call 480-858-2420.

Fabulous Friday's \$3 Homemade Lunch

Join us for fresh and delicious Friday Lunches at the Cahill Senior Center. Please call for weekly menu. Register by the Wednesday before each event. Fee: \$3, 480-858-2420

42485	50 yrs+	F	1/2	11:30 a.m.	CSC
42486	50 yrs+	F	1/9	11:30 a.m.	CSC
42487	50 yrs+	F	1/16	11:30 a.m.	CSC
42488	50 yrs+	F	1/23	11:30 a.m.	CSC
42489	50 yrs+	F	2/6	11:30 a.m.	CSC
42490	50 yrs+	F	2/13	11:30 a.m.	CSC
42491	50 yrs+	F	2/20	11:30 a.m.	CSC
42492	50 yrs+	F	3/6	11:30 a.m.	CSC
42493	50 yrs+	F	3/13	11:30 a.m.	CSC
42494	50 yrs+	F	3/20	11:30 a.m.	CSC

Brunch & Bunco

Join us for a delicious breakfast and a game of Bunco with prizes. Register by the Monday before each date. Fee: \$4 for RTA members; \$5 for non-members. 480-858-2420

42480	50 yrs+	W	1/14	10 a.m.	CSC
42481	50 yrs+	W	2/11	10 a.m.	CSC
42482	50 yrs+	W	3/11	10 a.m.	CSC

Pancake Breakfast

This is a simple and enjoyable breakfast of all-you-can-eat pancakes and great conversation. Register by the Friday before each date. Fee: \$3. 480-858-2420

42512	50 yrs+	W	1/28	10 a.m.	CSC
42513	50 yrs+	W	2/25	10 a.m.	CSC
42514	50 vrs+	W	3/25	10 a.m.	CSC

Pokeno and Bagels

Pokeno is a game that is a combination of poker and keno, though it is pretty much like playing Bingo with standard playing cards. Join us for a morning of fun games and prizes. Fee: \$2. 480-858-2420

42515	50 yrs+	W	1/7	10 a.m.	CSC
42516	50 yrs+	W	2/4	10 a.m.	CSC
42517	50 yrs+	W	3/4	10 a.m.	CSC

Special Event Luncheons

Join us on the last Friday of every month for a home cooked meal, entertainment and good company. Themes for each month will be announced in the Roadrunner Chronicle Newsletter or visit www.tempe.gov/cahill for more information. Fee: \$5 for RTA members; \$6 for non-members. 480-858-2420

42841	50 yrs+	F	2/27	11 a.m.	CSC
42842	50 yrs+	F	3/27	11 a.m.	CSC

Special Event: Year in Review Luncheon

See yourself on the big screen as we look at the past year through photos of the 2014 events at Cahill Senior Center. Fee: \$4 for RTA members; \$5 for non-members. 480-858-2420

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42521	50 yrs+	F	1/30	11 a.m.	CSC

Special Interest

Cooking with Trena!

Join Chef Trena Jones for an enjoyable afternoon of cooking. Practice basic skills and explore culinary methodology. Learn tips and tricks that are certain to enhance your favorite recipes. All recipes are included as part of the class fee and participants will sample every dish. Wear your apron and/or old clothes to class; class activity may be messy. Fee \$18 per class. An additional \$5 supply fee is due to the instructor at the beginning of each class. 480-350-5200

Soup Du Jour

Welcome to the Soup Shop. Chef Trena Jones will show you easy recipes to create homemade soups that you can enjoy at any time of the year. Menu: Potato/Leek and Rustic, Roasted Tomato Soup. Fee: \$18.

42761	50 yrs+	M	1/12	1-3 p.m.	PAC

Valentine's Chocolate

Want to make a special treat for your valentine? Chef Trena Jones has just the thing...delicious Chocolate Truffles. Discover how to make three flavors of truffles, how to temper chocolate, and how to dip/coat your yummy treats. Fee: \$18.

	, ,	,	•	
42762	50 yrs+ M	2/9	1-3 p.m.	PAC

Fiber-Full Breakfast

Learn easy and delicious ways to incorporate extra fiber into your diet. Menu: Chia Seed Pudding, homemade Granola, and fiber-filled muffins that everyone will enjoy. Fee: \$18.

42763	50 yrs+	M	3/9	1-3 p.m.	PAC

Summer Salads

A delicious summer salad can be a great choice on a hot summer day. Join Chef Trena Jones as she teaches you how to make simple, yet mouthwatering summer salad that are sure to wow your friends. Fee: \$18.

	2777	50 yrs+	Α Λ	3/16	1 7	PAC
/) / / 4	511 Vrc±	1\/1	5/1h	1-3 p.m.	$\nu_{\Delta I}$
-		JU 113T	171	3/10	יווי, חביו.	IAC



Get fit in Tempe!

We have five fitness centers to help you stay active. And we're flexible - you can purchase a monthly pass or pay as you go. Be sure to visit the fitness center nearest you.

Escalante Fitness Center 480-350-5800
Kiwanis Fitness Center 480-350-5201
North Tempe Fitness Center 480-858-6500
Pyle Fitness Center 480-350-5211
Westside Fitness Center 480-858-2400

www.tempe.gov/fitness





Volunteer Office 3500 S. Rural Rd. 480-350-5190 www.tempe.gov/volunteer

Start the New Year Right-Volunteer!

The mission of the City of Tempe volunteer program is to connect citizens to their city government through opportunities to serve within the Tempe municipal government organization and the community. Volunteers serve in Tempe government programs and facilities and expand and enhance the services the city is able to provide to the community. The high quality of life that Tempe enjoys is a reflection of the continued commitment from volunteers. Information is always available on-line at www.tempe.gov/volunteer or by calling 480-350-5190.

Youth opportunities

Start the next semester off right—volunteer. Applications for January through May opportunities will be accepted beginning December 1. A complete list of volunteer opportunities for students is available on-line at www.tempe.gov/volunteer.

Have fun and help kids!

Coaches are needed for youth basketball—boys and girls in 4th and 5th grades. Games are played on Saturdays, January through March. For more information, contact Keyon Cornejo at 480-350-5222.

Be a Bowling Buddy

Help special-needs athletes enjoy the sport of bowling. You'll serve as team captain, help keep score, and cheer on your special teammates. Program runs January through March, on Saturday mornings from 10 a.m. to about 1 p.m., at the Tempe Village Bowling Center, 4407 S. Rural Rd.

Special Olympics Sports

The City of Tempe partners with Special Olympics AZ to present sports opportunities to kids and young adults with special needs. This winter, it's basketball and cheerleading. Cheer practices are held on Tuesday evenings and basketball on Saturday mornings. For more information and to sign up, contact Josh Bell at 480-858-2469.

Summer Volunteer Program for Students

The City of Tempe offers a variety of volunteer opportunities for students in middle school, high school and college during June and July. Program information is available in early April. Get your name on the mailing list now by calling the Volunteer Office. Why now? Many opportunities are filled before school lets out for summer!

Adapted Recreation

Registration begins December 8; classes begin January 5 unless noted otherwise within class descriptions.

No classes January 19 or February 16. To view a list of class location abbreviations, see page 2.

These programs are designed for children and adults with intellectual disabilities. Individuals may register for programs at the Parks and Recreation Office, 3500 S. Rural Road. If you require special accommodations for these or additional City of Tempe programs, contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 480-350-5050.

L.E.A.P. After-School Program

L.E.A.P. is the Life Skills Enrichment After-School Program, an after-school program for middle school and high school students with developmental disabilities in the Tempe Elementary and Union High School Districts. The program follows the school year calendar and takes place Mondays through Fridays until 6 p.m.; transportation is provided to the program site from the student's school. Students will participate in a variety of engaging recreational activities that promote physical exercise, social skills development and other benefits; while supervised in a 1:4 staff-to-student environment.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh_Bell@tempe.gov, for more information regarding the program and how to register.

NO CODE 10-21 yrs M-F 1/5-5/21 2:30-6 p.m.

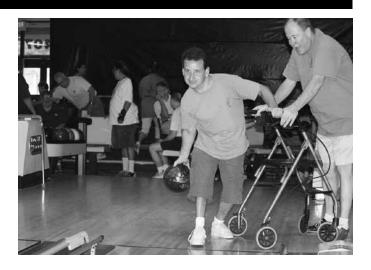
Health & Fitness

Zumba

Zumba is a high-energy, cardio workout that incorporates unique moves with upbeat Latin and international music. This class is designed for all experience levels and helps you reach healthy goals by using easy-to-follow dance steps in a fun environment. Individuals must be independently mobile to participate. Those needing extra supervision must provide their own aide. Fee: \$18. 480-858-2469

43102 13 yrs+ T 1/13-3/3 4-4:45 p.m. PAC





Friday Night Social Activities

Bingo

Bingo prizes include various small items, food/consumable items and grand prizes (typically gift cards or other larger items). Those requiring assistance must come with his/her own aide.

When: February 6 Time: 6:30-8 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$3 at the door

Fabulous Friday Social Dances

Come out to our monthly themed dances and boogie-woogie on the dance floor! Dances are held for individuals with disabilities, ages 13 and older. Visit www.tempe.gov/adaptedrecreation to find out the theme of the dance.

When: January 9, February 13, March 13

Time: 6:30-9 p.m.

Where: Edna Vihel Center, 3340 S. Rural Rd.

Fee: \$4; includes admission, drinks, snacks and door-prizes

Karaoke and Game Night

Come and sing your favorite songs at karaoke, play pool in the billiards room, or play ping pong. We have a wide variety of karaoke music to choose from, or you can bring your own music on a CD or mp3 player. Those requiring assistance must come with his/her own aide.

When: April 3 Time: 6:30-9 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$3 at the door

Movie Night

Join us as we show a recently released DVD movie. Visit www.tempe.gov/adaptedrecreation to see what movie is scheduled to show. Paid admission includes choice of popcorn/candy and soda/ water.

When: March 6 Time: 6:30-8:30 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$2 at the door

Tempe Special Olympics

Team Tempe Special Olympics

Youth (8 yrs+) and adults with intellectual disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals. Athletes of all skill levels are encouraged to participate. For more information and individuals who are completely new to a sport, please contact Josh Bell at 480-858-2469 or josh_bell@tempe.gov.

A Special Olympics Medical Release Form signed by a medical examiner (good for three years) is required for all athletes to participate, as well as a City of Tempe registration form. Visit www.tempe.gov/adaptedrecreation for registration information and to download medical consent forms.

Registering in advance is recommended. Registration on site is also accepted.

- Register on-line at www.tempe.gov/brochure (use the registration code for the program).
- Mail registration to Attn: Josh Bell, Adapted Recreation, 3340 S. Rural Rd., Tempe, AZ 85282. Download form from www.tempe.gov/adaptedrecreation.
- Register in person at the Recreation Office, 3500 S. Rural Rd. (2nd floor of Library), Pyle Adult Recreation Center, 655 E. Southern Ave., or another City facility that processes registrations.

Tempe Special Olympics sports beginning in February/March: Kayaking, Powerlifting, Tennis, Track & Field and Volleyball.

Buddy Bowling League

Buddy Bowling Unified Bowling League

Buddy Bowling is a unified bowling program that teams up bowlers with and without disabilities in a fun and friendly league format! Teams bowl two games weekly on Saturdays. Bowlers will qualify for a weekly prize drawing for a gift card of nominal value or similar items, and at the end of each season awards and prizes are presented! Buddy Bowling is divided into two leagues: Junior Buddy Bowling for ages 5 to 12 and Buddy Bowling for ages 13 and older.

Teams will consist of Bowlers (individuals with a disability) and Buddy Bowlers (individuals without a disability). Buddy Bowlers take on a role similar to that of a team captain, participating as an active bowler and teammate while also providing assistance and guidance to other team members, as necessary. Bowlers are welcome to register their own teams of up to 4 or 5 bowlers. If a Bowler or a Buddy Bowler does not have a specific team they would like to join, they will be assigned to a team. Both leagues feature bumper and non-bumper divisions and ramps are provided for bowlers in need of assistance. If a bowler requires direct assistance or supervision it is requested that a supervising adult is present.

Due to the league nature of the program, it is highly recommended that interested individuals and teams register in advance in order to organize team assignments. Day of registration is accepted, but placement with preferred team at that point is not guaranteed. Download the registration form at www.tempe. gov/adaptedrecreation.

Location: AMF Tempe Village Lanes, 4407 S. Rural Rd.

January 10-March 28 Dates:

Time: 10 a.m. Who:

\$20 registration fee plus \$6 each week for two games, shoes, Fees:

and end-of-season league prizes

Reg. Code: 43104 (Buddy Bowling); 43106 (Junior Buddy Bowling)

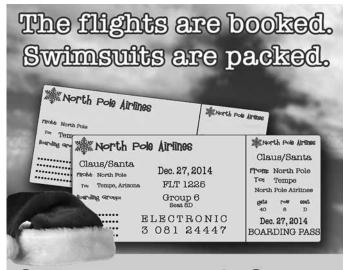


Have your next party with us!

Check out

Kiwanis Recreation Center 480-350-5201 www. Tempe.gov/Kiwanis

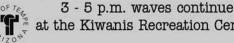
Edna Vihel Activities Center 480-350-5287 www. Tempe.gov/Vihel



Swimming with Santa

Saturday, Dec. 27 & Sunday, Dec. 28 from 1 - 5 p.m.

1 - 3 p.m. visit with Santa and Mrs. Claus,



at the Kiwanis Recreation Center

www.tempe.gov/sws

480.350.5201

Registration begins December 8; classes begin January 5 unless noted otherwise within class descriptions. No classes January 19 or February 16. To view a list of class location abbreviations, see page 2.

Kiwanis Park Wave Pool

Kiwanis Recreation Center 6111 S All America Way • 480-350-5201

Come splash and play in our indoor, heated wave pool. Rent a tube and float the waves, then enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. We have a few safety rules for your visit: Children under age 8 must have an adult with them at all times. No water wings or other floatation devices permitted. The minimum height to use the water slide is 48".

Holiday Wave Pool Hours

December 26-30:

Wave Pool Fees

General Admission (13 yrs+) \$7 Youth Admission (2-12 yrs) \$5 *Fees may be higher on special event days

Discount Wave Pool Hours

3-5 p.m. (During Wave Days, Only) General Admission (13 yrs+) \$5 Youth Admission (2-12 yrs) \$4

*No other discounts/coupons will be honored during discount wave hours

Fitness (Lap) Swim Hours*

Effective January 5 - March 7 Monday - Thursday 7-10 a.m. Friday 7-9 a.m. Monday - Thursday 11:30 a.m.-1:30 p.m. Monday - Thursday 4:30-8 p.m. Saturday 8-11 a.m.

*Except during private rentals

*Morning Lap Swim 7-9 a.m. January 12-16

*No mid-day Lap Swim January 12-16

*Call for December Lap Hours; 480-350-5201

*Lap Swim is for general admission, ages 13 yrs+, unless tested by the Aquatics

*Children must demonstrate an ability to swim continuously for 25 yards in order to participate in Lap Swim.

Lap Swim Admission Fees

General (13 yrs+) \$4 Youth (2-12 vrs) **Open Swim Hours**

(Wave Pool is available for "Playtime" and Calm-Water-Swimming)

Monday - Thursday 11:30 a.m.-1:30 p.m.

Monday/Thursday 4:30-8 p.m.

Saturday 8-11 a.m.

*No mid-day Lap Swim January 12-16

Open Admission Fees General (13 yrs+) Youth (2-12 yrs) \$3

Private/Semi-Private Lessons

Private and semi-private lessons are available through the Kiwanis Recreation Center. For additional information, call 480-350-5732.

Rates Per Class Meeting	1/2-Hr	3/4-Hr	1-Hr
Private (One Individual)	\$20	\$25	\$30
Semi-Private (Two Individuals)	\$25	\$30	\$35

Special Interest Aquatics Classes



American Red Cross Lifeguard Training

This is certification course for individuals who are interested in Lifeguarding. The course will include First Aid, CPR, as well as Lifeguard Training. Must be 15 years of age and be able to perform the swimming skills necessary to complete the course requirements. Fee: \$130, 480-350-5201

Class Dat 42448	r es: 2/20-3/ 15 yrs+ 15 yrs+	'8 F Sa	2/20, 2/27, 3/6 2/21, 2/28, 3/7	5:30-9:30 p.m. 8 a.m5 p.m.	KRC KRC
Class Dat 42449	t es: 3/09-3 / 15 yrs+	′13 M-F	3/9-3/13	8 a.m5 p.m.	KRC
Class Dat 42450	5:30-9:30 p.m. 5:30-9:30 p.m. 8 a.m5 p.m.	KRC KRC KRC			

Starfish Swim Instructor

Swim instructor candidates will receive the training needed to teach courses in the SAI Starfish Swim Instructor Program. Candidates will learn how to help students develop correct stroke technique; develop an understanding of how to teach students at different levels, and water safety techniques. Course Prerequisites: Must be 16 years old and have a basic knowledge of the swimming strokes. Fee: \$130. 480-350-5201

Class Dates: 2/21-3/13

42451	16 yrs+	W	2/25, 3/4, 3/11	5:30-8:30 p.m.	KRC
	16 yrs+	F	2/27, 3/6, 3/13	5:30-10 p.m.	KRC
	16 yrs+	Sa	2/21, 2/28	8 a.m5 p.m.	KRC



Adult Fitness

Registration now available for water exercise classes. Classes are 60 minutes. Monthly fee varies, \$7 Drop-in per class

Shallow Water Exercise

Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down. *No class 1/19, 2/16, 3/31. Note: Morning classes will meet at 8 a.m. week of January 12-16.

42458	15 yrs+	M	1/5-1/26*	8:30-9:30 a.m.	KRC	Fee: None
42459	15 yrs+	T	1/6-1/27	8:30-9:30 a.m.	KRC	Fee: None
42460	15 yrs+	W	1/7-1/28	8:30-9:30 a.m.	KRC	Fee: None
42461	15 yrs+	Th	1/8-1/29	8:30:9:30 a.m.	KRC	Fee: None
42462	15 yrs+	M	1/5-1/26*	5:30-6:30 p.m.	KRC	Fee: None
42463	15 yrs+	W	1/7-1/28	5:30-6:30 p.m.	KRC	Fee: None
42464	15 yrs+	M	2/2-2/23*	8:30-9:30 a.m.	KRC	Fee: \$15
42465	15 yrs+	T	2/3-2/24*	8:30-9:30 a.m.	KRC	Fee: \$20
42466	15 yrs+	W	2/4-2/25	8:30-9:30 a.m.	KRC	Fee: \$20
42467	15 yrs+	Th	2/5-2/26*	8:30-9:30 a.m.	KRC	Fee: \$20
42468	15 yrs+	M	2/2-2/23*	5:30-6:30 p.m.	KRC	Fee: \$15
42469	15 yrs+	W	2/4-2/25	5:30-6:30 p.m.	KRC	Fee: \$20
42470	15 yrs+	M	3/2-3/30	8:30-9:30 a.m.	KRC	Fee: \$25
42471	15 yrs+	T	3/3-3/24*	8:30-9:30 a.m.	KRC	Fee: \$20
42472	15 yrs+	W	3/4-3/25	8:30-9:30 a.m.	KRC	Fee: \$20
42473	15 yrs+	Th	3/5-3/26	8:30-9:30 a.m.	KRC	Fee: \$20
42474	15 yrs+	M	3/2-3/30	5:30-6:30 p.m.	KRC	Fee: \$25
42475	15 yrs+	W	3/4-3/25	5:30-6:30 p.m.	KRC	Fee: \$20

Transitional Water Exercise

Challenge yourself to the next level of physical fitness. This non-impact class is performed in the deeper water and incorporates muscular strengthening aerobic conditioning and abdominal training exercises. A variety of equipment is used for buoyancy and water resistance. Participants have the option of working in deep or shallow water. Drop-in fee \$7 per class. *No Class 3/31.

42540	15 yrs+	T	1/6-1/27	6:40-7:40 p.m.	KRC	Fee: None
42541	15 yrs+	Th	1/8-1/29	6:40-7:40 p.m.	KRC	Fee: None
42542	15 yrs+	T	2/3-2/24	6:40-7:40 p.m.	KRC	Fee: \$20
42543	15 yrs+	Th	2/5-2/26	6:40-7:40 p.m.	KRC	Fee: \$20
42544	15 yrs+	T	3/3-3/24*	6:40-7:40 p.m.	KRC	Fee: \$20
42545	15 yrs+	Th	3/5-3/26	6:40-7:40 p.m.	KRC	Fee: \$20

Aquatics High Intensity Interval Training (H.I.I.T)

All levels High Intensity Interval Training class providing a high cardiovascular workout with low impact on joints. It's the ideal way to cross-train from your high impact/hard-hitting land workouts and still get a great cardio and strength session. Push through the water and not just float your way through it. So get in try some plyometric squats, round house kicks and speed bag punches. If you can't stay afloat, use a noodle for support behind your back. Monthly fee varies; \$7 Drop-in.

43046	15 yrs+	Sa	1/10-1/31	9-10 a.m.	KRC	Fee: None
43047	15 yrs+	Sa	2/7-2/28	9-10 a.m.	KRC	Fee: \$20
43048	15 yrs+	Sa	3/7-3/28	9-10 a.m.	KRC	Fee: \$20

Want to keep a good class going?
Register early!



Visit www.Tempe.gov/FamilyActivities for upcoming Tempe events!



Tennis Activities



Kiwanis Recreation Center 6111 S. All-America Way, Tempe 85283 www.tempe.gov/tennis 480-350-5201

Kiwanis Tennis Center Hours of Operation:

Please check website for seasonal hours of operation.

Mondays-Thursdays: 7 a.m.-10 p.m.
Fridays: 7 a.m.-7 p.m.
Saturdays: 8 a.m.-6 p.m.
Sundays: 9 a.m.-4 p.m.

The Kiwanis Tennis Center (KTC) offers 15 lighted tennis courts with cushioned Rebound Ace playing surface. KTC has been recognized by the United States Tennis Association (USTA) as one of the outstanding public tennis facilities in the country for its programs and services. Twice named Outstanding Tennis Facility of the Year by the USTA, the center is an official USTA Welcome Center. Tempe, AZ, was also named a Top Ten Best Tennis Town by the USTA.

Kiwanis Tennis Center offers a full-range of programs and playing opportunities for all ages and ability levels. Additional class times are offered that are not listed in this brochure. For a full listing of all tennis instructional classes, visit www.tempe.gov/tennis, or contact Director of Tennis, Larry Funk, at 480-350-5721.



Spring Brochure Available February 12

Learn to Play Tennis!

These beginner only classes introduce you to the basic elements of tennis with quality instructors to ensure a positive, successful and fun experience. Acquire and develop new playing skills and meet new tennis playing friends. Sharing the experience can make it more enjoyable, so invite a friend to join you on the courts and learn tennis together. Loaner tennis racquets are available at no additional charge.

Juniors (Ages 4-6 yrs)

Classes meet for 45 minutes on our specially-designed junior tennis courts. Smaller equipment is used to develop tennis skills fast. Classes meet once a week for six (6) weeks. *No class 1/19, 2/16.

42313	4-6 yrs	M	1/5-2/9*	5-5:45 p.m.	\$32	KRC
42314	4-6 yrs	Tu	1/6-2/10	5-5:45 p.m.	\$39	KRC
42315	4-6 yrs	W	1/7-2/11	5-5:45 p.m.	\$39	KRC
42316	4-6 yrs	Th	1/8-2/12	5-5:45 p.m.	\$39	KRC
42317	4-6 yrs	Sa	1/10-2/14	9:05-9:50 a.m.	\$39	KRC
42318	4-6 yrs	M	2/16-3/23*	5-5:45 p.m.	\$32	KRC
42319	4-6 yrs	Tu	2/17-3/24	5-5:45 p.m.	\$39	KRC
42320	4-6 yrs	W	2/18-3/25	5-5:45 p.m.	\$39	KRC
42321	4-6 yrs	Th	2/19-3/26	5-5:45 p.m.	\$39	KRC
42322	4-6 yrs	Sa	2/21-3/28	9:05-9:50 a.m.	\$39	KRC

Juniors (Ages 7-15 yrs)

Classes meet twice a week for three (3) weeks. Players will develop a sound tennis foundation as they will be introduced to the basic strokes, terminology, and game-based play of tennis. Age-appropriate equipment is used to develop tennis skills fast. *No class 1/19, 2/16, 3/15. Fee: \$39.

42324	7-15 yrs	M/W	1/5-1/26*	5-6 p.m.	KRC
42325	7-15 yrs	T/Th	1/6-1/22	5-6 p.m.	KRC
42326	7-15 yrs	Sa/Su	1/10-1/25	9-10 a.m.	KRC
42327	7-15 yrs	M/W	2/2-2/23*	5-6 p.m.	KRC
42328	7-15 yrs	T/Th	2/3-2/19	5-6 p.m.	KRC
42329	7-15 yrs	Sa/Su	2/7-2/22	9-10 a.m.	KRC
42330	7-15 yrs	M/W	3/2-3/18	5-6 p.m.	KRC
42331	7-15 yrs	T/Th	3/3-3/19	5-6 p.m.	KRC
42332	7-15 yrs	Sa/Su	3/7-3/28*	9-10 a.m.	KRC

Adults (Ages 16 vrs+)

Classes meet twice a week for three (3) weeks. Experience the fun, fitness and excitement of tennis while meeting new tennis-playing friends. *No class 1/19, 2/16, 3/15. Fee: \$39.

42333	16 yrs+	M/W	1/5-1/26*	7-8 p.m.	KRC
42336	16 yrs+	T/Th	1/6-1/22	8-9 p.m.	KRC
42339	16 yrs+	Sa/Su	1/10-1/25	10-11 a.m.	KRC
42334	16 yrs+	M/W	2/2-2/23*	7-8 p.m.	KRC
42337	16 yrs+	T/Th	2/3-2/19	8-9 p.m.	KRC
42340	16 yrs+	Sa/Su	2/7-2/22	10-11 a.m.	KRC
42335	16 yrs+	M/W	3/2-3/18	7-8 p.m.	KRC
42338	16 yrs+	T/Th	3/3-3/19	8-9 p.m.	KRC
42341	16 yrs+	Sa/Su	3/7-3/28*	10-11 a.m.	KRC



Junior Tennis Academy

The Junior Tennis Academy is for youth and teens, ages 7-15, who have attended a Learn to Play class or similar Beginner Tennis Program. The Academy program occurs Mondays thru Thursdays from 5 to 6 p.m. and Saturdays and Sundays from 9-10am. Classes start every month and are ongoing throughout the year. Players will be grouped based on age and playing experience.

The Academy will utilize all of the latest Tennis teaching methods endorsed by the USTA. The emphasis of the program is for juniors to play points and games using modified courts, equipment and scoring. Advanced players will develop quicker in the Academy with a focus on game play and mental toughness.

All junior players are encouraged to supplement the Academy program with private lessons from our certified professional staff to help improve technical skills and to receive individual attention. *No class 1/19, 2/1, 2/16, 3/15, 3/31.

Options include Unlimited Monthly, Weekdays or Weekends; 2 or 1 day classes per week:

42342	7-15 yrs	ALL	1/5-1/31*	5-6 p.m.	\$86 for 22 classes	KRC
42343	7-15 yrs	M-Th	1/5-1/29*	5-6 p.m.	\$67 for 15 classes	KRC
42344	7-15 yrs	Sa/Su	1/10-1/31	9-10 a.m.	\$54 for 8 classes	KRC
42345	7-15 yrs	M/W	1/5-1/28*	5-6 p.m.	\$47 for 7 classes	KRC
42346	7-15 yrs	T/Th	1/6-1/29	5-6 p.m.	\$54 for 8 classes	KRC
42355	7-15 yrs	M	1/5-1/26*	5-6 p.m.	\$30 for 3 classes	KRC
42356	7-15 yrs	T	1/6-1/27	5-6 p.m.	\$40 for 4 classes	KRC
42357	7-15 yrs	W	1/7-1/28	5-6 p.m.	\$40 for 4 classes	KRC
42358	7-15 yrs	Th	1/8-1/29	5-6 p.m.	\$40 for 4 classes	KRC
42359	7-15 yrs	Sa	1/10-1/31	9-10 a.m.	\$40 for 4 classes	KRC
42360	7-15 yrs	Su	1/11-1/25	9-10 a.m.	\$30 for 3 classes	KRC
42347	7-15 yrs	ALL	2/1-2/28*	5-6 p.m.	\$98 for 24 classes	KRC
42348	7-15 yrs	M-Th	2/2-2/26*	5-6 p.m.	\$67 for 15 classes	KRC
42349	7-15 yrs	Sa/Su	2/1-2/28*	9-10 a.m.	\$47 for 7 classes	KRC
42350	7-15 yrs	M/W	2/2-2/25*	5-6 p.m.	\$47 for 7 classes	KRC
42351	7-15 yrs	T/Th	2/3-2/26	5-6 p.m.	\$54 for 8 classes	KRC
42361	7-15 yrs	M	2/2-2/23*	5-6 p.m.	\$30 for 3 classes	KRC
42362	7-15 yrs	T	2/3-2/24	5-6 p.m.	\$40 for 4 classes	KRC
42363	7-15 yrs	W	2/4-2/25	5-6 p.m.	\$40 for 4 classes	KRC
42364	7-15 yrs	Th	2/5-2/26	5-6 p.m.	\$40 for 4 classes	KRC
42365	7-15 yrs	Sa	2/7-2/28	9-10 a.m.	\$40 for 4 classes	KRC
42374	7-15 yrs	Su	2/1-2/22*	9-10 a.m.	\$30 for 3 classes	KRC
42352	7-15 yrs	ALL	3/1-3/30*	5-6 p.m.	\$99 for 26 classes	KRC
42369	7-15 yrs	M-Th	3/2-3/30*	5-6 p.m.	\$80 for 17 classes	KRC
42370	7-15 yrs	Sa/Su	3/1-3/29	5-6 p.m.	\$60 for 9 classes	KRC
42353	7-15 yrs	M/W	3/2-3/30*	5-6 p.m.	\$60 for 9 classes	KRC
42354	7-15 yrs	T/Th	3/3-3/26	5-6 p.m.	\$54 for 8 classes	KRC
42371	7-15 yrs	M	3/2-3/30	5-6 p.m.	\$50 for 5 classes	KRC
42372	7-15 yrs	T	3/3-3/24	5-6 p.m.	\$40 for 4 classes	KRC
42366	7-15 yrs	W	3/4-3/25	5-6 p.m.	\$40 for 4 classes	KRC
42373	7-15 yrs	Th	3/5-3/26	5-6 p.m.	\$40 for 4 classes	KRC
42367	7-15 yrs	Sa	3/7-3/28	9-10 a.m.	\$40 for 4 classes	KRC
42368	7-15 vrs	Su	3/1-3/29*	9-10 a.m.	\$40 for 4 classes	KRC

Adult Tennis Academy

The Adult Tennis Academy is for ages 16 & older, who have graduated from a Learn to Play class or similar Beginner Tennis Program. Players will be grouped into smaller groups based on skill levels and playing experience. Advanced Beginner players will work on developing consistency in the forehand, backhand, serve and volley; plus a basic understanding of singles and doubles play. Intermediate and Advanced players will focus on developing shot placement, power and spins for all strokes plus acquire a winning strategy for match play.

Improve your skills faster by enrolling in a class that meets twice a week! All classes are held monthly throughout the year. Players are encouraged to supplement the Academy program with private lessons from our certified professional staff to help improve technical skills and to receive more individual attention. *No class 1/19, 2/16, 3/31.

Options include 2 or 1 day classes per week:

42375 42376 42377 42378 42379 42380	16 yrs+ 16 yrs+ 16 yrs+ 16 yrs+ 16 yrs+	M/W T/Th M T W Th	1/5-1/28* 1/6-1/29 1/5-1/26* 1/6-1/27 1/7-1/28 1/8-1/29	7-8 p.m. 8-9 p.m. 7-8 p.m. 8-9 p.m. 7-8 p.m. 8-9 p.m.	\$56 for 7 classes \$64 for 8 classes \$30 for 3 classes \$40 for 4 classes \$40 for 4 classes \$40 for 4 classes	KRC KRC KRC KRC KRC KRC
42381 42382 42383 42384 42385 42386	16 yrs+ 16 yrs+ 16 yrs+ 16 yrs+ 16 yrs+	M/W T/Th M T W Th	2/2-2/25* 2/3-2/26 2/2-2/23* 2/3-2/24 2/4-2/25 2/5-2/26	7-8 p.m. 8-9 p.m. 7-8 p.m. 8-9 p.m. 7-8 p.m. 8-9 p.m.	\$56 for 7 classes \$64 for 8 classes \$30 for 3 classes \$40 for 4 classes \$40 for 4 classes \$40 for 4 classes	KRC KRC KRC KRC KRC KRC
42387 42388 42389 42390 42391 42392	16 yrs+ 16 yrs+ 16 yrs+ 16 yrs+ 16 yrs+	M/W T/Th M T W	3/2-3/30 3/3-3/26* 3/2-3/30 3/3-3/24 3/4-3/25 3/5-3/26	7-8 p.m. 8-9 p.m. 7-8 p.m. 8-9 p.m. 7-8 p.m.	\$72 for 9 classes \$64 for 8 classes \$50 for 5 classes \$40 for 4 classes \$40 for 4 classes \$40 for 4 classes	KRC KRC KRC KRC KRC



Adult Specialty Clinics

Cardio Tennis

This fast-paced tennis aerobics class is full of tennis drills and games set to music. It's a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions. *No class 1/19, 2/16.

42399	16 yrs+	M	1/5-2/9*	8-9 p.m.	\$45	KRC
42400	16 yrs+	W	1/7-2/11	8-9 p.m.	\$54	KRC
42404	16 yrs+	Sa	1/10-2/14	10-11 a.m.	\$54	KRC
42401	16 yrs+	M	2/23-3/23*	8-9 p.m.	\$45	KRC
42402	16 yrs+	W	2/18-3/25	8-9 p.m.	\$54	KRC
42403	16 yrs+	Sa	2/21-3/28	10-11 a.m.	\$54	KRC

Ball Machine Drills

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these one-hour drills clinic. Six-week sessions.

42409	16 yrs+	T	1/6-2/10	9-10:30 a.m.	\$72	KRC
42405	16 yrs+	T	1/6-2/10	7-8 p.m.	\$54	KRC
42406	16 yrs+	Th	1/8-2/12	7-8 p.m.	\$54	KRC
42410	16 yrs+	T	2/17-3/24	9-10:30 a.m.	\$72	KRC
42407	16 yrs+	T	2/17-3/24	7-8 p.m.	\$54	KRC
42408	16 yrs+	Th	2/19-3/26	7-8 p.m.	\$54	KRC

Starter League for Adults

This program will assist beginner level players in establishing comfort while playing recreational tennis. Instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Six-week leagues. *No league play 1/19, 2/16.

42411	16 yrs+	M	1/5-2/9*	8-9:30 p.m.	\$60	KRC
43044	16 yrs+	W	1/7-2/11	8-9 p.m.	\$54	KRC
42412	16 yrs+	Sa	1/10-2/14	11 a.m12:30 p.m.	\$72	KRC
42413	16 yrs+	M	2/23-3/23*	8-9:30 p.m.	\$60	KRC
43045	16 yrs+	W	2/18-3/25	8-9 p.m.	\$54	KRC
42414	16 yrs+	Sa	2/21-3/28	11 a.m12:30 p.m.	\$72	KRC

Adult Tennis Camp

These one-day, 2½-hour camps develop stroke improvement and strategy for singles and doubles play. Fee: \$30.

42415	16 yrs+	Sa	1/17	3:30-6 p.m.	KRC
42416	16 yrs+	Sa	2/14	3:30-6 p.m.	KRC
42417	16 yrs+	Sa	2/28	3:30-6 p.m.	KRC
42418	16 yrs+	Sa	3/14	3:30-6 p.m.	KRC

Visit

www.Tempe.gov/FamilyActivities
for upcoming Tempe events!

Private Tennis Lessons

Kiwanis Recreation Center has USPTA and PTR certified tennis professionals available for both adult and youth private lessons. From the beginner who wants to learn the basics fast or an advanced player who needs work on stroke technique, our instructors can assist players of all ages improve their game.

Private Tennis Lesson Rates:

One Hour Lesson:

Private - \$60.00

Semi-Private – \$35 each with 2 players in a class; or, \$25.00 each with 3 in a class.

Half Hour Lessons:

Private \$35.00

Semi-Private \$20 each with 2 players in a class; or,

\$15.00 each with 3 in a class.

To arrange a private tennis lesson with any of our staff professionals contact Larry Funk, Director of Tennis at 480-350-5721. Visit the Kiwanis Tennis Center website at www.tempe.gov/tennis for instructor background and professional certifications.

Kiwanis Tennis Professionals

Bill Brown, Seth Haynie, Larry Holmes, Dan Hoyme, Debra Lloyd, Michael McDowell, Suk Ong, Erin Reen, Carol Sandvig and Kwong Young.

Organized Playing Opportunities

Adult Singles Leagues

Play singles against players of your skill level. Singles Leagues are two-month programs. Leagues may have two start times varying from week-to-week. All players will be scheduled for matches; no refunds for leagues once league play begins. *No play 1/1, 1/19, 2/1, 2/16, 3/15, 3/31 or 4/5. Registration for January/ February league ends 12/26. Registration for March/April league ends 2/26. League schedules will be available for pick-up and may be viewed online at www.tempe.gov/tennis beginning the evenings of 12/27 and 2/28. Have questions? Contact Larry Funk at 480-350-5721.

Women's Singles Leagues

VVOIIICII	3 Julgica	LCugi	163				
42522 42523	16 yrs+ 16 yrs+	M T	1/5-2/23* 1/6-2/24	6 & 7:30 p.m. 5:30 & 7 p.m.	2.5-3.0 3.0-3.5	\$42 \$56	KRC KRC
42524	16 yrs+	W	1/7-2/25	5:30 & 7 p.m.	3.5-4.0	\$56	KRC
42525	16 yrs+	M	3/2-4/27	6 & 7:30 p.m.	2.5-3.0	\$63	KRC
42526	16 yrs+	Τ	3/3-4/28*	5:30 & 7 p.m.	3.0-3.5	\$56	KRC
42527	16 yrs+	W	3/4-4/29	5:30 & 7 p.m.	3.5-4.0	\$63	KRC
	ingles Lea	•					
42528	16 yrs+	M	1/5-2/23*	6 & 7:30 p.m.	4.0-4.5	\$42	KRC
42529	16 yrs+	T	1/6-2/24	7 & 8:30 p.m.	4.0-4.5	\$56	KRC
42538	16 yrs+	W	1/7-2/25	5:30 p.m.	3.5-4.0	\$56	KRC
42530	16 yrs+	W	1/7-2/25	7 & 8:30 p.m.	3.0-3.5	\$56	KRC
42531	16 yrs+	W	1/7-2/25	7 & 8:30 p.m.	4.5-5.0	\$56	KRC
42532	16 yrs+	Th	1/8-2/26	7 & 8:30 p.m.	3.5-4.0	\$56	KRC
42533	16 yrs+	М	3/2-4/27	6 & 7:30.p.m.	4.0-4.5	\$63	KRC
42534	16 yrs+	T	3/3-4/28*	7 & 8:30 p.m.	4.0-4.5	\$56	KRC
42539	16 yrs+	W	3/4-4/29	5:30 p.m.	3.5-4.0	\$63	KRC
42535	16 yrs+	W	3/4-4/29	7 & 8:30 p.m.	3.0-3.5	\$63	KRC
42536	16 yrs+	W	3/4-4/29	7 & 8:30 p.m.	4.5-5.0	\$63	KRC
42537	16 yrs+	Th	3/5-4/30	7 & 8:30 p.m.	3.5-4.0	\$63	KRC

FLEX Singles Adult Leagues

You set the match date and time! Each week, players receive the opponent's name and phone number and arranges a match at their mutual convenience. Courts may have limited availability for FLEX Leagues from 5 to 8 p.m., Monday through Thursday, and from 8 to 11 a.m. on Saturday. All Flex Leagues meet for 8 weeks in January/February and 9 weeks in March/April.

Women's FLEX Singles Leagues

		ringics Ecu	EUCJ		
42552	16 yrs+	1/5-3/1	4.0-4.5	\$56	KRC
42553	16 yrs+	1/5-3/1	3.5-4.0	\$56	KRC
42554	16 yrs+	1/5-3/1	3.0-3.5	\$56	KRC
42555	16 yrs+	3/2-5/3	4.0-4.5	\$63	KRC
42556	16 yrs+	3/2-5/3	3.5-4.0	\$63	KRC
42557	16 yrs+	3/2-5/3	3.0-3.5	\$63	KRC
Men's	FLEX Sing	les League	es		
42546	16 yrs+	1/5-3/1	4.5-5.0	\$56	KRC
42547	16 yrs+	1/5-3/1	4.0-4.5	\$56	KRC
42548	16 yrs+	1/5-3/1	3.5-4.0	\$56	KRC
42549	16 yrs+	3/2-5/3	4.5-5.0	\$63	KRC
42550	16 yrs+	3/2-5/3	4.0-4.5	\$63	KRC
42551	16 yrs+	3/2-5/3	3.5-4.0	\$63	KRC

Drop-In Programs

Adults (Ages 16 Yrs+)

Impromptu Programs

Sign-in early to assure your spot; participation is limited to the number of courts available each day and may change based on other court programming needs. Come out and play!

Challenge Court Doubles

Tuesday & Thursday 5:30-8:30 p.m. Saturday 8-11 a.m. Sunday 9 a.m.-Noon

Advanced players of 4.0-4.5 ability levels are encouraged to drop into this unsupervised round-robin doubles program anytime during the posted hours. The number of courts reserved for Challenge Court is based on previous participation and courts available. Fee per person: \$3 (daytime) and \$4 (evening).

Drop-in Doubles

Weekdays; Monday through Friday, 9-10:30 a.m. Supervised program featuring doubles match-ups for intermediate ability levels. Players may register from 8:30-8:55 a.m. Limited courts are available and players are accepted on a first-come, first-served basis. Fee: \$3.50 per player.

Mix & Match Doubles

Fridays from 6:30-8:30 p.m.

Supervised program featuring social round-robin doubles play for intermediate ability skill levels.

Fee: \$4 per player. Players must register by 6:25 p.m.

Make Your Own Game

The Kiwanis Tennis Center is open to the public. Tennis court reservations may be made one day in advance by calling 480-350-5203. Court reservations are for guaranteed play, and are for a maximum of $1\frac{1}{2}$ hours. Courts are available during all hours of operation.

Total Fees per Tennis Court for 11/2-Hr Reservations*

Non-Prime Time: \$11.00 (\$2.75 each for Doubles Play)
Prime Time: \$14.00 (\$3.50 each for Doubles Play)

*Prime Time is from 7 to 11 a.m. and 5 to 10 p.m., Monday through Friday, and from 8 a.m. to Noon on Saturday, and 9 a.m. to Noon on Sunday. All other operating hours are Non-Prime Time.

Rentals

Are you interested in renting tennis courts for group or team play? For more information, contact Director of Tennis, Larry Funk, at 480-350-5721.

Hitting Wall

A \$4 per one-hour fee is required for hitting wall practice.

Ball Basket or Racquet Rentals

The Kiwanis Tennis Center offers the convenience of ball basket rentals and/or racquet rentals for \$2 each.



About Us

Kiwanis Tennis Center offers a full-range of programs and playing opportunities for all ages and ability levels. Additional class times are offered that are not listed within this brochure. For a full listing of all tennis instructional classes, visit www.tempe.gov/tennis.

Director of Tennis Larry Funk, 480-350-5721

Want to keep a good class going? Register early!

Actividades y Servicios

Programas para Preescolares (Tots; 0-5 Years)

Estos programas ofrecen oportunidades para el desarrollo de destrezas sociales y en el salón de clases. La Biblioteca Pública de Tempe ofrece programas de cuentos que incluyen artesanías y otras actividades para los niños preescolares y sus padres. El Programa de Bellas Artes para los niños provee el descubrimiento a través de la música, las artes visuales, el teatro y movimiento creativo. Clases adicionales para los preescolares incluyen danza, arte, música, natación y deportes. Los programas de Educación y Recreación Infantil son ofrecidos en el Centro Comunitario Escalante.

Actividades para Niños (Youth; 5-12 Years)

Hay una variedad de actividades para los niños de escuela primaria; danza, música, arte, cerámica y deportes (ligas de baloncesto y béisbol de lanzamiento lento, instrucción de golf, clases de lucha libre, campamientos de fútbol, voleibol, tenis y natación. Se les provee cuidado antes y después del horario regular de la escuela (Zona de Niñoso).

Actividades para Adolescentes (Teens; 12-18 Years)

Ofrecemos una variedad de programas para los adolescentes; danza, música, arte, cerámica y deportes (vea los deportes mencionados arriba), salud, ejercicio y clases de computación. Además, ofrecemos clases de idiomas extranjeros, recreación al aire libre, eventos especiales en la Zona para Adolescentes y también hay oportunidades disponibles para voluntarios.

La Agencia de Empleo para la Juventud de Tempe es un programa gratis de servicios de referencias que ayuda a los adolescentes a conseguir empleo de medio tiempo o tiempo completo, o trabajos temporeros y ocasionales. Los adolescentes deben tener de 13 a 21 años de edad, vivir en la ciudad de Tempe o asistir una de las escuelas del Distrito Escolar de Tempe para ser elegible para el programa. Para más información, llame al 480-350-5400.

Actividades para Adultos (Adults; 18+ Years)

Se ofrecen una variedad de programas; baile (baile de salón, danza del vientre, danza "country western," danza latina, danza de línea, danza fusión moderna, danza del club nocturno, "swing," "tap" y bailes de espectáculo), música (piano, teclado y guitarra), arte (cerámica, dibujo, acuarela, diseño floral, construcción de joyas, costura de acolchar, álbum de recortes, tallado en madera), deportes (para hombres: béisbol, baloncesto y fútbol americano; para ambos sexos: béisbol de lanzamiento lento y fútbol, instrucción de golf, voleibol, tenis y natación), ejercicios (aeróbicas, esculpido del cuerpo, Chi Gong, Tai Chi, Judo, Kárate, Kick Boxing, Defensa Propia y Yoga), clases de salud, negocios y computación. Además, hay grupos de lectura de libros y recreo al aire libre (caminatas, manejo de canoas y kayaks).

Actividades para Adultos Retirados (Adults; 50+ Years)

El Centro del Recreo para Adultos Cahill, Pyle y los Centros Comunitarios del Escalante, North Tempe ofrecen muchas actividades que pueden ser de interés para los adultos mayores. Entre las actividades que se ofrecen están las artes, artesanías, juegos de cartas, ejercicios, clases de danza, instrucción de golf, natación y oportunidades para voluntarios.

Servicios Bibliotecarios

iObtenga una tarjeta de la Biblioteca y enriquezca su vida!

La Biblioteca Pública de Tempe tiene una colección de 450,000 volúmenes de libros y recursos audios visuales que pueden ser prestados a todas las personas que posean una tarjeta vigente de la Biblioteca. La Biblioteca también tiene una colección de material en español tanto para niños como para adultos. Las tarjetas están disponibles sin costo a los residentes de Tempe, el Condado de Maricopa (incluye todos los pueblos y las ciudades en el Condado de Maricopa) y Apache Junción. Para obtener una tarjeta tendrá que traer identificación fotográfica y prueba de su dirección residencial al Escritorio de Préstamo en la Biblioteca Pública de Tempe.

Lectura de Cuentos para los Preescolares

Introduzca a sus niños a la experiencia maravillosa del mundo de los libros matriculándolo en el Programa de Cuentos de la Biblioteca Pública de Tempe. Estos programas están disponibles para los infantes (12 a 24 meses de edad), niños de 2 a 3 años y niños de 4 a 5 años de edad. Algunos programas de cuentos requieren matricularse, sin embargo hay otros que se ofrecen sin matricula

Recursos en Español por Computadora

Informe, una base de datos de consulta, que incluye 60 revistas con texto completo en español, es accesible por la red cibernética en los computadores de la Biblioteca y también es accesible en su hogar u oficina através de la red cibernética por la página Web de la Biblioteca localizada en www.tempe. gov/library. Para lograr acceso a esta base de datos fuera de la Biblioteca, es necesario tener una tarjeta vigente de la Biblioteca Pública de Tempe.

iMejore sus destrezas en lectura y lenguaje!

Los voluntarios de Alfabetismo del Condado de Maricopa proveen adiestramiento gratis de lectura y escritura básica para adultos funcionalmente analfabetos y para personas que están comenzando a hablar inglés. Para más información, favor de llamar al 602-274-3430.

Biblioteca

Nick Escalante 480-350-5802 Amanda Robles 480-350-5559 Blanca Villapudua 480-350-5515

Centro Escalante

Melissa Gomez 480-350-5800 Dolores Johnson 480-350-5814 Frieda Roben 480-350-5831

Centro North Tempe

Dora Chavez 480-858-6500 Alice Leyvas 480-858-6500

Recreación

Claudia Gomez 480-350-5200

Servicios Culturales

Walter Torres 480-350-2822

Servicios Sociales

Mercy Carreras 480-350-5400 Gina Hutchens 480-350-5400 Jennifer Leon 480-350-5400

Tempe Residents

Online, Mail, Drop-Off and Fax: December 8, 2014

Non-Tempe Residents

Online, Mail, Drop-Off and Fax: December 15, 2014



Registro de clases, 3500 S.Rural Rd, Tempe, AZ 85282 www.tempe.gov/brochure Información 480-350-5277 Fax 480-350-5058 TTY 480-350-5050

Forma de Registro

Información de Jefe de Familia (I	Por favor Im	orima)
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Informaci	ón del Adulto Ap	ellido		Nombre		Inicial	Numero teléfono	de Casa	
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Dirección				Apartamento	0				
							Numero teléfono Cel. Cónyuge	adicional	
Cuidad			Estado		Código F	Postal	Numero teléfono Cel. Cónyuge		
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December 31, 2014 | 6 PM - 1 AM | Downtown Tempe on Mill Avenue

Video Dance Clubs
Local Entertainment Stages Family Fun Zone Fireworks Confetti Blast Midnight Countdown • Gourmet Food Trucks • Beer Gardens • Champagne Lounges • Resolution Wall

Tickets on sale in all participating Arizona Circle K stores or online at www.blockpartyonmill.com Tickets: \$25 | Discounts available at participating Circle K stores and online until Dec. 29



@blockpartyonmill



@NYEblockparty



@blockpartyonmill

#TempeNYE

www.blockpartyonmill.com





New Year's Eve Block Party on Mill Avenue

Dec. 31, 2014 – 6 p.m. to 1 a.m.

Tempe residents are eligible to purchase up to four tickets per household at \$10 each for the Circle K Block Party. Please bring this voucher to the following locations to purchase your tickets starting Dec. 1, 2014. Locations: Tempe Transportation Center; Escalante Community Center; Cahill Senior Center; Kiwanis Recreation Center (Dec. 15-24 only); North Tempe Multi-Generational Center; Pyle Adult Recreation Center; and Tempe Recreation Office, 2nd floor of Library Offer expires Dec. 24, 2014 at 4 p.m. (Kids 12 & under free with adult.)

NAME		
ADDRESS		
TEMPE, AZ ZIPCODE _	Phone:	
# of Tickets (limit 4) _	x \$10 = TOTAL	
PAYMENT: Cash	□Check □Credit Card	www.blockpartyonmill.com





UPCOMING DIVERSITY EVENTS & PROGRAMS

17th Annual **MLK Diversity Awards**

Saturday, Jan. 17, 2015

Tempe Mission Palms 600 E. Fifth Street, Tempe, 85281



All are invited to attend the 17th Annual Diversity Awards. Each year the Tempe Human Relations Commission honors local individuals, businesses, and community groups that have demonstrated a commitment to diversity in Tempe. The 17th Annual Diversity Awards presentation will include a dinner, entertainment, and a keynote speech. The cost of the event is \$10, and RSVP's are required. Call 480-350-8979 to secure your space.

We are now accepting nominations for the 17th Annual Diversity Awards. For on online nomination form and for a further description of the awards, please visit our website at www.tempe.gov/mlk.



"Walking for Unity in our Community to Promote Mutual Respect and Understanding"

2015 Regional Unity Walk

Saturday, January 31, 2015

Walk begins at 10:30 a.m. Report to starting locations by 10 a.m.

All are invited to join the cities of Tempe, Chandler, Mesa, Scottsdale, Phoenix and the Towns of Gilbert and Guadalupe in the Regional Unity Walk. Participants will join together in a short walk that begins at two different locations. After the groups merge together they will walk together towards the culmination point at the Tempe Beach Park for a morning of celebrating the unity of our communities. We encourage families, community organizations,

scout groups and church groups to participate. Walkers are encouraged to carry signs celebrating our community's diversity and unity. Free t-shirts will be distributed at the assembly locations.

Assembly Locations:

Residents of Chandler, Gilbert, Phoenix and Scottsdale: Tempe Lake Marina

Residents of Tempe, Guadalupe and Mesa: Tempe Beach Park

For updated details visit www.tempe.gov/unitywalk

Tempe Talks because "Together, We're Better": a Program of Diversity Dialogues



February 23 March 2, 9, 23 & 30 April 6, 13 & 20

6-7:30 p.m.

Tempe Public Library 3500 S. Rural Rd.

Lower level meeting rooms A & B

All are invited to discuss diversity topics, cultural appreciation, and share personal experiences and perceptions. This program will foster community dialogue. Groups of 12-15 diverse individuals will meet every Monday for 8 weeks to discuss issues of diversity in Tempe.

For more information call Ginny Belousek at 480-350-8979.

There is a copy of the application on this page, or you can visit www.tempe.gov/dialogue to electronically submit your application.

> Mail application to: Attn: Diversity Office 31 E. 5th St., Tempe, AZ 85281

Application deadline is February 23, 2015 at noon

DIVERSITY DIALOGUE SPRING 2015 APPLICATION

Į	☐ Adult Progr	am [Teen Pro	gram	
Name					
Address					
City		Sta	ate	Zip	
Phone					
Email Address					
Have you particip ☐ No ☐ Yes The following options	pated in the Div	•			
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I agree to attend all document as a comm				eek) I am signin	ng this
Candidates will be s dialogue group avail not necessarily refle	ability.* The opinion	າs of the ເ	roup participa	nts and/or facilit	
Signature			Dat	te	



Tempe Community Services 3500 S. Rural Road Tempe, AZ 85282

Reservation Information call 480-350-5200 / = Existing Facilities L = Lighted Facilities R = Resemble Facilities Dog Parks Pront Ramadas Pront	1940 E Don Carlos Ave @ Hazelton Ln 3.0	1302 E Carson Dr @ Dorsey Ln	1295 S Mill Ave @ Apache Bwd	II 9895 S Beck Ave @ Yvonne Ln	601 W Vaughn St @ Roosevelt 5.5 1-1 /		2000 E Carson Dr @ Country Club Way 3.7 1-1.	7300 STakeshore Dr @ Chilton Dr 11.0	1520 E 8th St @ Una Ave 2.8	1625 S College Ave @ Encanto Dr 17.0 21.8	or 1923 Chiermann Dr. @ Balboa Dr. 4.0	550 W Manhatton Dr. @ Roosewell St. 4.0	4002 C Evergen Dr @ Diviors Dr 65	215.0 Canada St @ River Bd 10.0 11.0	2407 E McArthur @ S George Dr 3.0	1801 E Palomino Dr. @ McClintock Dr	Hallman Park 1900 N College Ave @ Marigold Ln 40.0	5615 S McClintock Dr @ Cornell Dr 2.0		80 E Rio Salado Pkwy 0.0	501 E Knox Rd @ Rural Rd 15.0	on 9525 S Warner Ranch Dr @ Myrna Ln 11.2 1-L 🗸 🗸	Aslib. Or	1420 Sedar St @ Spore Ave 3.0	1250 E Marigold Ln @ Miller Rd	817 W 5th St @ Hardy Dr 7.0 1-L	711 E Hermosa Dr @ Laguna Dr 4.6	Kiwanis Community 5500 S Mill Ave @ All-America Way 125.0 4LR 7 3	2727 S Dorsey Ln @ Alameda Dr		715 N Mill Ave @ Curry Rd 10.0	St 2000 E SPESAME SU @ COMPBIL DI 9.00 E 1-1	1000 N College Ave @ Clirry 296.0 1-18	1440 W Southern Ave @ Priest Dr 5.0	e Descanso 521 S Mill Ave 0.3	1305 E Redfield Dr @ Lakeshore Dr	duo boo in Milli Ave @ Kilo Salado PKWy 400.0	SVID ETTERITIOSE DI © COURINI CIUD Way 3.0	2425 S Los Feliz Dr @ Aspen Dr	treet/City Hall 24 E 6th St @ Mill Ave 1.5	6818 S Los Feliz @ Taylor Dr 5.6	2600 W Vineyard Rd @ Park Dr 7.8	SO W KIO Salado PKWY @ IMIII AVE	Vomen's Club	Special Facilities A Benedit Spots Complex B Spots Complex A Benedit Spots Complex B Spots C
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